This report brings together the most up-to-date national data on the health status of young Australians aged 12-24 years and the factors influencing their health, including family and community environments, environmental factors, socioeconomic factors including education, employment and income and health behaviours such as weight, physical activity, nutrition and substance use.

1. How many young people aged 12-24 years were there in Australia in June 2009? (p. 5–7)
   a. 2.8 million  
   b. 3.4 million  
   c. 3.7 million  
   d. 3.9 million

2. In 2007, what was the average age of initiation for alcohol consumption? (p. 75–77)
   a. 14.9 years  
   b. 15.4 years  
   c. 15.7 years  
   d. 16.1 years

3. What was the most common cause for external injury in young people? (p. 30–38)
   a. Falls  
   b. Transport accidents  
   c. International self-harm  
   d. Assault

4. What is the most frequently reported long-term condition by young people? (p. 39–46)
   a. Asthma  
   b. Hay fever  
   c. Short sightedness  
   d. Migraine

5. How many young people aged 12–24 years died in 2007? (p. 20–23)
   a. 876  
   b. 1,418  
   c. 1,923  
   d. 2,487

6. In 2007–08 what % of young people aged 12–24 years were overweight or obese? (p. 62–64)
   a. 11.3%  
   b. 23.5%  
   c. 34.6%  
   d. 41.2%

7. In 2007 what % of Indigenous young people aged 15-24 years were daily smokers? (p. 73–75)
   a. 29%  
   b. 34%  
   c. 39%  
   d. 44%

8. What % of young people met the physical activity guidelines in 2007–08? (p. 65–67)
   a. 22%  
   b. 33%  
   c. 44%  
   d. 55%

9. In 2007, females aged 16–24 years were more likely to experience mental disorders than males (p. 24–29)
   a. True  
   b. False

10. What % of young people aged 15–19 years receive some form of income support? (e.g. Youth Allowance) (p. 136–140)
    a. 5%  
    b. 12%  
    c. 17%  
    d. 19%