



Young Australians: their health and wellbeing 2007

Published 30 May 2008
Report 236 pages

This report brings together the most up-to-date national data on the health status of young Australians aged 12-24 years and the factors influencing their health. Factors influencing health addressed in this report include family and community environments, environmental factors, socioeconomic factors including education, employment and income and health behaviours such as weight, physical activity, nutrition and substance use.

1. How many young people (aged 12-24 years) were there in Australia in June 2006? (Pages 5-7)
 - a. 2.3 million
 - b. 2.8 million
 - c. 3.4 million
 - d. 3.7 million
2. In 2003, approx. how many young people were living with a disability? (p. 15-16)
 - a. 152,000
 - b. 205,532
 - c. 231,780
 - d. 249,300
3. What was the most common cause for external injury in young people? (p. 30-36)
 - a. Falls
 - b. Transport accidents
 - c. International self harm
 - d. Assault
4. What is the most frequently reported long-term condition by young people? (p. 36-37)
 - a. Asthma
 - b. Hay fever
 - c. Short sightedness
 - d. Migraine
5. 18-24 yr olds were more likely to be overweight than 15-17 yr olds? (p. 71-73)
 - a. True
 - b. False
6. In 2004, what was the average age young people started smoking? (p. 86)
 - a. 13.5 years
 - b. 14.5 years
 - c. 15.5 years
 - d. 16.2 years
7. Results from the 2004-05 National Health Survey found that the level of physical activity for boys and girls in year 10 had decreased between 1985 and 2004? (p. 73-75)
 - a. True
 - b. False
8. Name some common types of money debt a 15-17 year old has? (p. 129-131)
9. What % of young people aged 15-19 years receive some form of income support? (e.g. Youth Allowance) (p. 128-129)
 - a. 5%
 - b. 12%
 - c. 17%
 - d. 19%
10. What cancer has the highest incidence rate among young people? (p. 42-44)
 - a. Hodgkin's Disease
 - b. Melanoma
 - c. Leukaemia
 - d. Stomach