The Health and Welfare of Australia's Aboriginal and Torres Strait Islander Peoples

2005

Dennis Trewin
Australian Statistician

Richard Madden
Director
Australian Institute of Health and Welfare
For further information about ABS statistics, contact the National Information and Referral Service on 1300 135 070 or the National Centre for Aboriginal and Torres Strait Islander Statistics on 1800 633 216.

For further information about this publication, please contact the Head of Aboriginal and Torres Strait Islander Health and Welfare Unit, AIHW, GPO Box 570, Canberra ACT 2601, telephone Canberra 02 6244 1032 or visit the Institute's web site at <http:www.aihw.gov.au>.
## CONTENTS

<table>
<thead>
<tr>
<th>Chapter</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>List of tables and graphics</td>
<td>vii</td>
</tr>
<tr>
<td>Preface</td>
<td>xvii</td>
</tr>
<tr>
<td>Acknowledgements</td>
<td>xviii</td>
</tr>
<tr>
<td>Overview</td>
<td>xix</td>
</tr>
<tr>
<td><strong>CHAPTER 1: INTRODUCTION</strong></td>
<td></td>
</tr>
<tr>
<td>Aim</td>
<td>1</td>
</tr>
<tr>
<td>Data sources</td>
<td>2</td>
</tr>
<tr>
<td>Data issues</td>
<td>2</td>
</tr>
<tr>
<td><strong>CHAPTER 2: THE DEMOGRAPHIC, SOCIAL AND ECONOMIC CONTEXT</strong></td>
<td></td>
</tr>
<tr>
<td>Introduction</td>
<td>3</td>
</tr>
<tr>
<td>Demographic characteristics</td>
<td>3</td>
</tr>
<tr>
<td>Population characteristics</td>
<td>5</td>
</tr>
<tr>
<td>Summary</td>
<td>15</td>
</tr>
<tr>
<td><strong>CHAPTER 3: EDUCATION AND HEALTH</strong></td>
<td></td>
</tr>
<tr>
<td>Introduction</td>
<td>17</td>
</tr>
<tr>
<td>School</td>
<td>17</td>
</tr>
<tr>
<td>Participation in non-school study</td>
<td>20</td>
</tr>
<tr>
<td>Non-school qualifications</td>
<td>21</td>
</tr>
<tr>
<td>The links between education and health</td>
<td>22</td>
</tr>
<tr>
<td>Summary</td>
<td>26</td>
</tr>
<tr>
<td><strong>CHAPTER 4: HOUSING CIRCUMSTANCES</strong></td>
<td></td>
</tr>
<tr>
<td>Introduction</td>
<td>27</td>
</tr>
<tr>
<td>Indigenous households</td>
<td>27</td>
</tr>
<tr>
<td>Housing tenure and housing assistance</td>
<td>28</td>
</tr>
<tr>
<td>Housing assistance</td>
<td>31</td>
</tr>
<tr>
<td>Household types and sizes</td>
<td>34</td>
</tr>
<tr>
<td>Housing costs</td>
<td>35</td>
</tr>
<tr>
<td>Housing and health</td>
<td>37</td>
</tr>
<tr>
<td>Homelessness</td>
<td>44</td>
</tr>
<tr>
<td>Summary</td>
<td>53</td>
</tr>
<tr>
<td><strong>CHAPTER 5: DISABILITY AND AGEING</strong></td>
<td></td>
</tr>
<tr>
<td>Introduction</td>
<td>55</td>
</tr>
<tr>
<td>Establishing disability</td>
<td>55</td>
</tr>
<tr>
<td>Prevalence of disability</td>
<td>56</td>
</tr>
<tr>
<td>Disability in non-remote areas</td>
<td>60</td>
</tr>
</tbody>
</table>
## Contents

<table>
<thead>
<tr>
<th>Chapter</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>CHAPTER 6: MOTHERS AND CHILDREN</strong></td>
<td></td>
</tr>
<tr>
<td>Introduction</td>
<td>73</td>
</tr>
<tr>
<td>Maternal factors</td>
<td>73</td>
</tr>
<tr>
<td>Babies and children</td>
<td>78</td>
</tr>
<tr>
<td>Healthy child development</td>
<td>81</td>
</tr>
<tr>
<td>Health status of children</td>
<td>84</td>
</tr>
<tr>
<td>Summary</td>
<td>89</td>
</tr>
<tr>
<td><strong>CHAPTER 7: HEALTH STATUS</strong></td>
<td></td>
</tr>
<tr>
<td>Introduction</td>
<td>91</td>
</tr>
<tr>
<td>Self-assessed health</td>
<td>91</td>
</tr>
<tr>
<td>Causes of ill-health</td>
<td>95</td>
</tr>
<tr>
<td>Specific causes of ill-health</td>
<td>99</td>
</tr>
<tr>
<td>Summary</td>
<td>132</td>
</tr>
<tr>
<td><strong>CHAPTER 8: HEALTH RISK FACTORS</strong></td>
<td></td>
</tr>
<tr>
<td>Introduction</td>
<td>133</td>
</tr>
<tr>
<td>Risk factors and socioeconomic status</td>
<td>134</td>
</tr>
<tr>
<td>Smoking</td>
<td>134</td>
</tr>
<tr>
<td>Alcohol</td>
<td>135</td>
</tr>
<tr>
<td>Illicit substance use</td>
<td>137</td>
</tr>
<tr>
<td>Physical inactivity</td>
<td>139</td>
</tr>
<tr>
<td>Stress</td>
<td>140</td>
</tr>
<tr>
<td>Exposure to violence</td>
<td>141</td>
</tr>
<tr>
<td>Removal from natural family</td>
<td>142</td>
</tr>
<tr>
<td>Nutrition</td>
<td>144</td>
</tr>
<tr>
<td>Body weight</td>
<td>144</td>
</tr>
<tr>
<td>Multiple risk factors</td>
<td>144</td>
</tr>
<tr>
<td>Summary</td>
<td>145</td>
</tr>
<tr>
<td><strong>CHAPTER 9: MORTALITY</strong></td>
<td></td>
</tr>
<tr>
<td>Introduction</td>
<td>147</td>
</tr>
<tr>
<td>Data quality and availability</td>
<td>147</td>
</tr>
<tr>
<td>Life expectancy</td>
<td>148</td>
</tr>
<tr>
<td>Deaths 1999–2003</td>
<td>149</td>
</tr>
<tr>
<td>Causes of death</td>
<td>152</td>
</tr>
<tr>
<td>Trends in mortality</td>
<td>167</td>
</tr>
<tr>
<td>Summary</td>
<td>177</td>
</tr>
<tr>
<td><strong>CHAPTER 10: HEALTH SERVICES–PROVISION, ACCESS AND USE</strong></td>
<td></td>
</tr>
<tr>
<td>Comparison with the non-Indigenous population</td>
<td>61</td>
</tr>
<tr>
<td>Disability, education and economic participation</td>
<td>66</td>
</tr>
<tr>
<td>Disability and families</td>
<td>69</td>
</tr>
<tr>
<td>Disability and social participation</td>
<td>70</td>
</tr>
<tr>
<td>Summary</td>
<td>71</td>
</tr>
</tbody>
</table>
CHAPTER 11: COMMUNITY SERVICES

Introduction .................................................. 207
Child care ..................................................... 207
Child protection ............................................ 209
Adoption ....................................................... 214
Juvenile justice ................................................ 215
Disability services ........................................... 217
Aged care ...................................................... 222
Summary ....................................................... 229

CHAPTER 12: TORRES STRAIT ISLANDER PEOPLES

Introduction .................................................. 231
Demographic characteristics ............................... 231
Economic and social characteristics ....................... 235
Health indicators ............................................. 243
Summary ....................................................... 247

DATA SOURCES

Introduction .................................................. 249
Bettering the Evaluation and Care of Health (BEACH) Survey ............ 249
Census of Population and Housing .......................... 249
Community Housing and Infrastructure Needs Survey (CHINS) .......... 249
General Social Survey (GSS) ................................ 250
National Aboriginal and Torres Strait Islander Health Survey (NATSIHS) .... 250
National Aboriginal and Torres Strait Islander Social Survey (NATSISS) .... 250
National Drug Strategy Household Survey (NDSHS) ......................... 251
National Health Survey (NHS) ................................ 251
National Hospital Morbidity Database (NHMD) .......................... 252
Western Australian Aboriginal Child Health Survey (WAACHS) ............ 252
Abbreviations .................................................. 253

APPENDICES

Experimental Indigenous estimated resident population, 30 June 2001 ........ 256
Disability or long-term health condition ...................................... 258
Limitations and restrictions ......................................... 259
Disability type .................................................. 260
Language and educational characteristics, Torres Strait Islander peoples, 2001 .... 261
Labour force characteristics and household tenure type, Torres Strait Islander peoples, 2001 ........................................... 262

Glossary ................................................................. 265
List of references ......................................................... 279
LIST OF TABLES AND GRAPHICS

DEMOGRAPHIC, SOCIAL, AND ECONOMIC CONTEXT

2.1 Australian population profile, 2001 (figure) ................................. 4
2.2 Estimated resident Indigenous population, 2001 (table) ................. 5
2.3 Cultural attachment, 2002 (graph) ............................................. 6
2.4 Participation in community activities, 2002 (table) ......................... 6
2.5 Neighbourhood or community problems, 2002 (table) ................... 7
2.6 Selected sources of support in time of crisis, 2002 (graph) .............. 8
2.7 Educational attainment, 1994 and 2002 (table) ............................ 9
2.8 Computer and Internet use, 2002 (graph) .................................. 9
2.9 Labour force status, 1994 and 2002 (graph) ................................ 10
2.10 Labour force status, by remoteness, 1994 and 2002 (table) .......... 11
2.11 Community Development Employment Projects (CDEP) (box) ...... 11
2.12 Equivalised gross household income (box) ................................ 12
2.13 Financial stress, 2002 (table) .................................................... 13
2.14 Tenure and landlord type, 1994 and 2002 (table) ......................... 13
2.15 Access to transport, 2002 (table) .............................................. 14
2.16 Rate of victimisation, Indigenous persons who had been incarcerated, 2002 (graph) .......................................................... 15
2.17 Imprisonment rates, 2004 (table) .............................................. 15

EDUCATION AND HEALTH

3.1 Primary and secondary school full-time school enrolments, 1996–2004 (graph) .......................................................... 18
3.2 Apparent school retention rates, Indigenous full-time students, 1996–2004 (table) .......................................................... 18
3.3 Apparent school retention rates, Indigenous and non-Indigenous full-time students, 1996 and 2004 (table) ............................ 19
3.4 Year 3 and Year 5 students, proportion achieving literacy and numeracy benchmarks, 2002 (table) ................................ 19
3.5 Vocational education and training enrolments, 1997–2003 (table) .... 20
3.6 Indigenous higher education students, 1998–2003 (graph) ............ 21
3.7 The National Child Nutrition Program (box) ................................ 24
3.8 Health characteristics of Indigenous persons by highest year of school completed, 2002 (table) ............................................ 25
3.9 The links between education and health in Galiwinku (box) ........... 25

HOUSING CIRCUMSTANCES

4.1 Tenure type, Indigenous households, 2002 (figure) ....................... 28
HOUSING CIRCUMSTANCES continued

4.2 Indigenous households and persons by tenure type, 1994 and 2002 (table) ........................................ 29
4.3 Indigenous households and persons by tenure type and state or territory, 2002 (table) ............................... 30
4.4 Indigenous households by tenure type and remoteness, 2002 (graph) .................................................... 31
4.5 Major housing assistance programs and administrative data collections (box) ........................................ 32
4.6 Indigenous households in major housing assistance programs, 2004 (table) .............................................. 33
4.7 Indigenous households renting from state or territory housing authority, 2004 (table) ................................. 34
4.8 Indigenous households, tenure type by number of persons in household, 2002 (table) ................................. 35
4.9 Indigenous households paying rent or mortgages, 2002 (graph) .............................................................. 36
4.10 Indigenous households and Indigenous persons experiencing financial stress, 2002 (table) ................. 37
4.11 Indigenous households and Indigenous persons in overcrowded conditions, 2001 (table) ............... 39
4.12 Overcrowded Indigenous households, by state or territory, 2001 (table) ................................................... 39
4.13 Functionality of basic facilities by tenure type, 2002 (table) ................................................................. 40
4.14 Dwelling condition by tenure type, 2002 (table) ...................................................................................... 41
4.15 Condition of permanent dwellings in discrete Indigenous communities, 2001 (table) ......................... 42
4.16 Connections to water, sewerage and electricity in discrete Indigenous communities, 2001 (table) .... 44
4.17 Itinerants Project, Darwin and Palmerston area (box) ................................................................. 46
4.18 Number of Indigenous persons who are homeless, 2001 (table) ............................................................ 47
4.19 Indigenous and non-Indigenous homelessness rate on Census night, 2001 (table) ............................. 47
4.20 Indigenous SAAP clients by state and territory, 2003–04 (table) ......................................................... 49
4.21 SAAP clients by Indigenous status, 2003–04 (table) .............................................................................. 50
4.22 Main reason for seeking SAAP assistance, 2003–04 (table) ............................................................... 51
4.23 Type of housing before and after SAAP support, 2003–04 (table) ..................................................... 52
4.24 Source of income before and after SAAP support, 2003–04 (table) ..................................................... 52
4.25 Average number of Indigenous persons with unmet requests for immediate SAAP accommodation, 2003–04 (table) ....................... 53

DISABILITY AND AGEING

5.1 Disability status by sex by age, 2002 (table) ........................................................................ 57
5.2 Disability status by remoteness, 2002 (table) ........................................................................ 58
5.3 Disability type, 2002 (table) ......................................................................................... 59
5.4 Common and broader disability criteria, Indigenous people in non-remote areas, 2002 (table) ................................. 60
LIST OF TABLES AND GRAPHICS

DISABILITY AND AGEING continued

5.5 Disability type by disability status, non-remote areas, 2002 (table) .... 61
5.6 Age-specific rates of profound or severe core activity limitation, 2002 (graph) .................................................. 62
5.7 Indigenous to non-Indigenous rate ratios for disability status, non-remote areas, 2002 (table) ............................... 63
5.8 Indigenous to non-Indigenous rate ratios for each disability type, non-remote areas, 2002 (table) ............................... 64
5.9 Indigenous to non-Indigenous rate ratios by disability type and disability status, non-remote areas, 2002 (table) ............ 65
5.10 Disability type, Indigenous persons with fair/poor health, 2002 (table) .............................................................. 66
5.11 Highest year of school completed by disability status, 2002 (table) .... 66
5.12 Labour force status by disability status, 2002 (table) ............... 67
5.13 Principal source of personal income by disability status, 2002 (table) .............................................................. 68
5.14 Household income quintiles by disability status, 2002 (graph) ...... 68
5.15 Indicators of financial stress by disability status, 2002 (table) ........ 69
5.16 Indigenous persons with a main caring responsibility by disability status, 2002 (table) .............................................. 69
5.17 Persons who were removed from their natural family by disability status, 2002 (table) .............................................. 70
5.18 Cultural attachment by disability status, 2002 (table) ............... 71

MOTHERS AND CHILDREN

6.1 Indigenous mothers, 2000–02 (table) ........................................ 74
6.2 Age-specific birth rates, 2003 (graph) ...................................... 75
6.3 Maternal age by Indigenous status of the mother, 2000–02 (graph) .... 75
6.4 Births, by maternal age and Indigenous status of the mother, 2000–02 (table) .............................................................. 76
6.5 Low birthweight Aboriginal babies, by maternal substance use during pregnancy, 2001–02 (table) .................................. 78
6.6 Birthweight of live-born babies, 2000–02 (table) ...................... 79
6.7 Perinatal mortality, 1998–2002 (table) ....................................... 81
6.8 Duration of breastfeeding among Indigenous children, Western Australia, 2001–02 (table) ............................................. 82
6.9 Dietary indicators among Indigenous children, Western Australia, 2001–02 (table) ....................................................... 83
6.10 Children fully vaccinated, coverage estimates at one and two years of age, 2003 (table) ................................................... 84
6.11 Recurring infections among Indigenous children, Western Australia, 2001–02 (table) ....................................................... 86
6.12 Reasons for hospitalisation of infants, 2003–04 (table) ............... 87
6.13 Reasons for hospitalisation of children aged 1–14 years, 2003–04 (table) .............................................................. 87
6.14 Causes of infant deaths, 1999–2003 (table) .............................. 88
HEALTH STATUS

7.1 Self-assessed health status, 2002 (graph) ........................................ 92
7.2 Persons with fair or poor self-assessed health, 2002 (graph) ............ 92
7.3 Self-assessed health status, Indigenous persons, 1994 and 2002 (table) ........................................ 93
7.4 Socio-economic characteristics, by fair/poor health, 2002 (table) ...... 94
7.5 Labour force status, by fair/poor health, 2002 (table) ..................... 94
7.6 Family and cultural characteristics, by fair/poor health, 2002 (table) .. 95
7.7 Age-standardised prevalence of selected conditions, 2001 (table) .... 96
7.8 General practitioner consultations, 1998–99 to 2002–03 (table) ....... 97
7.9 Identification of Indigenous people in hospital records (box) .......... 98
7.10 Hospitalisations of Indigenous persons, 2003–04 (table) ............... 99
7.11 Male rates of hospitalisation for diseases of the circulatory system, 2003–04 (graph) ........................................ 101
7.12 Female rates of hospitalisation for diseases of the circulatory system, 2003–04 (graph) ........................................ 101
7.13 Hospitalisations for diseases of the circulatory system, 2003–04 (table) ........................................ 102
7.14 Male rates of hospitalisation for diabetes, 2003–04 (graph) .......... 103
7.15 Female rates of hospitalisation rates for diabetes, 2003–04 (graph) .. 103
7.16 Hospitalisations with diabetes as an additional diagnosis, 2003–04 (table) ........................................ 104
7.17 End-stage renal disease patients, 2003 (graph) ............................ 106
7.18 New dialysis patients, 1992–2003 (table) .................................. 106
7.19 End-stage renal disease patients, by treatment type, 1999–2003 (table) ........................................ 108
7.20 Hospitalisations for chronic kidney disease and its sequelae, 2003–04 (table) ........................................ 109
7.21 Male rates of hospitalisation for care involving dialysis, 2003–04 (graph) ........................................ 109
7.22 Female rates of hospitalisation for care involving dialysis, 2003–04 (graph) ........................................ 109
7.23 Incidence of cancer, 1997–2001 (table) .................................. 110
7.24 New cases of most common cancers reported for Indigenous persons, 1997–2001 (table) ................................. 111
7.25 Male rates of hospitalisation for cancer, 2003–04 (graph) .......... 114
7.26 Female rates of hospitalisation for cancer, 2003–04 (graph) .......... 114
7.27 Hospitalisations for injury and poisoning, 2003–04 (table) .......... 115
7.28 Male rates of hospitalisation for injury and poisoning, 2003–04 (graph) ........................................ 116
7.29 Female rates of hospitalisation for injury and poisoning, 2003–04 (graph) ........................................ 116
HEALTH STATUS continued

7.30 Hospitalisations for external causes of injury and poisoning, 2002–03 (table) ........................................ 117
7.31 Male rates of hospitalisation for diseases of the respiratory system, 2003–04 (graph) ........................................ 118
7.32 Female rates of hospitalisation for diseases of the respiratory system, 2003–04 (graph) ........................................ 118
7.33 Hospitalisations for diseases of the respiratory system, 2003–04 (table) ........................................ 119
7.34 Notification of selected diseases, 2003 (table) .................. 121
7.35 Male rates of hospitalisation for infectious and parasitic diseases, 2003–04 (graph) ........................................ 123
7.36 Female rates of hospitalisation for infectious and parasitic diseases, 2003–04 (graph) ........................................ 123
7.37 Hospitalisations for infectious and parasitic diseases, 2003–04 (table) ........................................ 124
7.38 Mean number of decayed, missing and filled teeth, 2001 (table) .... 129
7.39 Hospitalisations for mental and behavioural disorders, 2003–04 (table) ........................................ 131

HEALTH RISK FACTORS

8.1 Health risk factors by selected socioeconomic variables, 2002 (table) ........................................ 134
8.2 Current daily smokers, 2002 (graph) ........................................ 135
8.3 Summary of Australian alcohol guidelines for short-term and long-term patterns of drinking (box) ........................................ 136
8.4 Chronic alcohol consumption, 2002 (table) .................. 136
8.5 Illicit substance use, 2002 (graph) ........................................ 138
8.6 Non-participation in sport or physical recreation activities, 2002 (graph) ........................................ 139
8.7 Prevalence of health risk factors among young Aboriginal people in Western Australia (box) ........................................ 140
8.8 Selected personal stressors, 2002 (graph) .................. 141
8.9 Victims of physical or threatened violence, 2002 (graph) ........................................ 142
8.10 Effects of forced separation on the social and emotional wellbeing of Aboriginal carers and their children (box) ........................................ 143
8.11 Number of risk factors reported, 2002 (graph) ........................................ 145

MORTALITY

9.1 Age distribution of male deaths, 1999–2003 (graph) .................. 149
9.2 Age distribution of female deaths, 1999–2003 (graph) ........................................ 150
9.3 Deaths of Indigenous persons, 1999–2003 (table) .................. 150
9.4 Infant deaths, selected causes, 1999–2003 (graph) ........................................ 151
9.5 Age-specific death rates, 1999–2003 (table) ........................................ 151
9.6 Age specific death rates, persons aged 35–54 years by selected causes, 1999–2003 (table) ........................................ 152
Mortality trends in New South Wales and Queensland (box)  177

...
HEALTH SERVICES, PROVISION, ACCESS AND USE

10.1  Expenditure on health goods and services, 2001–02 (table)  .......... 180
10.2  Health professionals per 100,000 persons, 2001 and 2002 (table)  ........ 181
10.3  Distance to nearest hospital and community health centre, 2001 (table)  .......... 182
10.4  Transport access, 2002 (table)  ........................................ 183
10.5  Main language spoken at home, 2002 (graph)  ........................ 185
10.6  Communication with service providers, 2002 (table)  ................... 186
10.7  Employment in selected health-related occupations, 2001 (table)  ........ 187
10.8  Employment in selected welfare and community service-related occupations, 2001 (table)  .................. 188
10.9  Health and welfare-related courses, 2003 (table)  ..................... 189
10.10  Australian Government-funded Aboriginal and Torres Strait Islander primary health care services, by Remoteness Areas, 2003–04 (graph)  ............. 191
10.11  Australian Government-funded Aboriginal and Torres Strait Islander primary health care services, selected health-related activities undertaken/facilitated, 2003–04 (graph)  ............. 191
10.12  Closed treatment episodes, 2003–04 (table)  .................. 193
10.13  Closed treatment episodes, selected principal drug of concern, 2003–04 (graph)  ............. 193
10.14  Use of Government-funded Aboriginal and Torres Strait Islander substance-use services, 2003–04 (table)  .................. 195
10.15  Community mental health service contacts, 2002–03 (table)  .......... 197
10.16  Service contacts for which a specific principal diagnosis was reported, 2002–03 (graph)  .................. 197
10.18  Age-specific hospitalisation rates, 2003–04 (graph)  ................... 200
10.19  Hospitalisations for potentially preventable chronic diseases, 2003–04 (table)  .................. 201
10.20  Hospitalisation rates for all conditions excluding dialysis and other potentially preventable chronic diseases, 2003–04 (graph)  .................. 202
10.21  Hospitalisations with a procedure recorded, Australian public hospitals, 2003–04 (table)  .................. 203
10.22  Hospitalisations with a procedure recorded, by principal diagnosis, 2003–04 (table)  .................. 204
10.23  Hospital procedures, Indigenous persons, 2003–04 (table)  .................. 205

COMMUNITY SERVICES

11.1  Children in Australian Government-supported child care, 2004 (table)  .................. 209
11.2  Children who were the subject of a child protection substantiation, 2003–04 (table)  .................. 211
11.3  Children under care and protection orders, 2004 (table)  .................. 212
11.4  Children in out-of-home care, by Indigenous status, 2004 (table)  .................. 213
COMMUNITY SERVICES continued

11.5 The Aboriginal Child Placement Principle (box) ................. 213
11.6 Indigenous children in out-of-home care, 2004 (table) ............ 214
11.7 Estimated average number of young people in juvenile corrective institutions, 1998–99 to 2002–03 (table) ..................... 216
11.8 Estimated average number of young people in juvenile corrective institutions, rate per 100,000 population, 1998–99 to 2002–03 (table) ........................................ 217
11.9 Users of CSTDA-funded services, by services used, 2003–04 (table) . 218
11.10 Users of CSTDA-funded services, by support needed, 2003–04 (table) .......................................................... 219
11.11 Users of CSTDA-funded services, primary disability group, 2003–04 (graph) ........................................ 220
11.12 Users of CSTDA-funded services, by Indigenous status and age, 2003–04 (graph) ........................................ 221
11.13 Users of CSTDA-funded services, presence of an informal carer, 2003–04 (graph) ........................................ 221
11.14 Age profile of residential aged care admissions, 2003–04 (graph) . 223
11.15 Residential aged care use, 2004 (table) .............................. 224
11.16 Age profile of Community Aged Care Package recipients, 2004 (graph) ...................................................... 225
11.17 Community Aged Care Package recipients, rate per 1,000 population, 2004 (table) ............................................... 225
11.18 Age profile of Home and Community Care Program clients, 2003–04 (graph) ...................................................... 226
11.19 Home and Community Care Program clients, rate per 1,000 population, 2003–04 (table) ............................................... 227
11.20 Indigenous identification in community services collections (box) ... 228

TORRES STRAIT ISLANDER PEOPLES

12.1 Experimental Indigenous estimated resident population, by state and territory, 2001 (table) ........................................ 232
12.2 Experimental Indigenous estimated resident population, by age, 2001 (table) ......................................................... 232
12.3 Characteristics of parents, 2001–03 (table) ............................ 233
12.4 Indigenous status of parents, 2001–03 (graph) ..................... 233
12.5 Torres Strait Islander registered births, 2001–03 (table) .......... 234
12.6 Indigenous deaths by sex, 1999–2003 (table) ....................... 235
12.7 Underlying causes of death—1999–2003 (table) .................. 235
12.8 Main language spoken at home and difficulty communicating with service providers, 2002 (table) ................................. 236
12.9 Highest year of school completed, 2002 (table) .................... 237
12.10 Highest non-school qualification, 2002 (table) .................... 237
12.11 Labour force characteristics, 2002 (table) .......................... 238
12.12 Selected household characteristics, 2002 (table) .................. 239
LIST OF TABLES AND GRAPHICS

TORRES STRAIT ISLANDER PEOPLES continued

12.13 Access to communication and information technology, 2002 (table) . . . 240
12.14 The Island Watch (Lagaw Asmer) Project (box) .......................... 240
12.15 Cultural attachment, 2002 (table) ........................... 241
12.16 Selected social characteristics, 2002 (table) .......................... 242
12.17 Selected personal stressors, 2002 (graph) .......................... 242
12.18 Selected neighbourhood problems, 2002 (table) ........................ 243
12.19 Selected health and wellbeing indicators, 2002 (table) ............. 244
12.20 Selected risk factors, 2002 (table) .......................... 245
12.21 Hospitalisations, by age and sex, 2003–04 (graph) .................. 246
12.22 Hospitalisations, by principal diagnosis, 2003–04 (table) ......... 247

APPENDICES

1 Experimental Indigenous estimated resident population, 30 June 2001 ..................................................... 256
3 Disability or long-term health condition .................................. 258
4 Limitations and restrictions ................................................. 259
5 Disability type ......................................................... 260
6 Language and educational characteristics, Torres Strait Islander peoples, 2001 ......................................... 261
7 Labour force characteristics and household tenure type, Torres Strait Islander peoples, 2001 .................... 262
PREFACE

The fifth edition of The Health and Welfare of Australia’s Aboriginal and Torres Strait Islander Peoples draws on the extensive surveys and censuses conducted by the Australian Bureau of Statistics and the range of administrative data held by the Australian Institute of Health and Welfare. The report provides a comprehensive overview of the health and welfare of Australia’s Indigenous population, presenting the latest information on population, housing circumstances, health risk factors, disability prevalence, health status and the availability, resourcing and use of services including health and community services.

The physical and social environments in which people live determine to a large degree whether they live productive lives relatively free of serious illness. This is particularly the case for Indigenous people who still suffer disproportionately from some of the consequences of European settlement, in particular the impact of new infectious and chronic diseases and social dislocation. Many Indigenous people live today in conditions of clear social and economic disadvantage. All of these things interact to contribute to poor health in many groups of Indigenous people. The 2002 NATSISS, for the first time, allows for the analysis of the relationship between these social and economic conditions and the health and welfare of Aboriginal and Torres Strait Islander people.

Aboriginal and Torres Strait Islander peoples are diverse in languages and cultures. They live in large cities, small country towns, and the remote areas of Australia, from the tropics to the deserts. The health and welfare of people living in the big cities are, to some extent, influenced by different things to those of people living in the small rural towns, or on the outskirts of Alice Springs. Commonly, however, the information available does not reflect this diversity. This report focuses on national issues, but the diversity of the Indigenous population must always be kept in mind.

The information contained in this report demonstrates that the health status of Australia’s Aboriginal and Torres Strait Islander peoples is poor in comparison to the rest of the Australian population. These disparities, however, frequently obscure progress. This report shows that there has been progress and it presents evidence of a number of trends where significant improvements have occurred in educational attainment, employment participation, home ownership and health status.

We believe that this report will be of interest to all those concerned about the health and welfare of Australia’s Aboriginal and Torres Strait Islander peoples.

Dennis Trewin
Australian Statistician

Richard Madden
Australian Institute of Health & Welfare
ACKNOWLEDGEMENTS

The Australian Institute of Health and Welfare and the Australian Bureau of Statistics have prepared this report jointly. We gratefully acknowledge the assistance and cooperation received from individuals and organisations that have provided us with the statistics and information which form the basis of this publication. We also thank Aboriginal and Torres Strait Islander people for their cooperation and assistance in the collection of data, without which, this report would not have been possible.

Special thanks go to the principal reviewers of the publication: Ian Anderson, Noel Hayman and Kerry Kirke for their valuable comments on the draft report. The AIHW and the ABS would like to acknowledge the contribution of the following reviewers: Cameron Baddeley, Ross Bailie, Bob Boughton, Carol Bower, John Condon, Joan Cunningham, Robert Griew, Robyn McDermott, Ian Ring, Ian Spicer, Elizabeth Sullivan and Adam Tomison. We would also like to thank the Office for Aboriginal and Torres Strait Islander Health within the Australian Government Department of Health and Ageing for providing valuable comments on the report, and financial assistance.

Artwork

The painting Janganpa Mungapunju Jukurrpa (Native Possum Dreaming at Mungapunju) and Janganpa Mawurrji Jukurrpa (Native Possum Dreaming at Mawurrji) was commissioned by the Australian Bureau of Statistics. It is a collaborative work of 35 artists from the Warlukurlangu Artists Aboriginal Association of Yuendumu in the Tanami Desert, north west of Alice Springs, Northern Territory. The principal artist was Andrea Nungarrayi Martin. The eleven metre by one metre acrylic painting on canvas was completed in 2003 and hangs in the atrium of ABS House, Canberra.
Chapter 1 (Introduction) provides a very brief overview of the new and important data sources used in the preparation of this report. Over the last decade there have been significant improvements in the quantity and quality of information about the health and welfare of Aboriginal and Torres Strait Islander peoples. The AIHW and ABS have initiated, and continue to drive, programs in partnership with state and territory authorities to improve the completeness with which Aboriginal and Torres Strait Islander peoples are recorded in a wide range of administrative data sets, and to develop and expand regular Indigenous surveys, including the 2002 NATSISS and the National Aboriginal and Torres Strait Islander Health Survey (NATSIHS).

Indigenous information development is guided and progressed through a number of national committees, in particular the National Advisory Group on Aboriginal and Torres Strait Islander Health Information and Data (NAGATSIHID), providing advice on national priorities, developing work programs and monitoring progress. One example of recent data development was the inclusion in the 2004–05 NATSIHS of a module, auspiced by NAGATSIHID, to assess social and emotional wellbeing among Indigenous Australians.

A report on Indigenous data developments and information governance arrangements will be available later this year from the ABS web site (www.abs.gov.au) and the AIHW web site (www.aihw.gov.au).

Data sources

This report brings together, from a wide variety of sources, information about the health and welfare of Australia’s Aboriginal and Torres Strait Islander peoples. Much of the data comes from sources that cover all Australians but which separately identify Indigenous Australians. Other sources include special purpose ABS surveys, such as the 1994 National Aboriginal and Torres Strait Islander Survey (NATSIS), the 2002 National Aboriginal and Torres Strait Islander Social Survey (NATSISS), the Indigenous supplement to the 2001 National Health Survey (NHS (I)), administrative data from government systems and data from service delivery programs that are Indigenous specific.

The report primarily presents a broad picture at the national level and, wherever possible, uses existing and new data sources to reflect the diversity of the Indigenous population, including a separate chapter about Torres Strait Islander people. Also where possible, changes over time in the health and welfare outcomes for Indigenous people are described. The disparities in health and welfare between Indigenous and non-Indigenous Australians are also explored.
Where possible, changes over time in the health and welfare of Indigenous Australians have been identified in this report. Some of these changes, highlighted below, are reported in more detail in the individual topic chapters.

**EDUCATION**

Education is generally considered to be a key factor in improving the health and wellbeing of Indigenous Australians, and there have been significant improvements in educational participation and attainment in recent years. Between 1996 and 2004, there were steady increases in Indigenous primary and secondary school enrolments and in apparent retention rates. The proportion of Indigenous people aged 25–64 years who had a non-school qualification rose from 20% in 1994 to 32% in 2002.

**EMPLOYMENT**

Employment, and income gained through employment, is important for the wellbeing of people. Between 1994 and 2002, the proportion of Indigenous people aged 18–64 years in mainstream employment rose from 31% to 38% and the unemployment rate fell from 24% to 13%.

**HOUSING**

Housing has been identified as a major factor affecting the health and wellbeing of Indigenous Australians. From 1994 to 2002, the proportion of Indigenous households that were owner/purchaser households had increased from 26% to 30%.

**HEALTH**

There were significant declines in recorded Indigenous mortality in Western Australia for both males and females between 1991 and 2002. There was also a significant decline in recorded infant mortality in Western Australia, South Australia and the Northern Territory over the same period. Of the main causes of death examined, only mortality from diseases of the circulatory system showed a consistently significant decline. While the analyses in this report support a conclusion that Indigenous mortality has declined, it is important to note that estimates of the magnitude of the trend could also reflect changes in reporting Indigenous status in deaths registrations.
The Aboriginal and Torres Strait Islander population of Australia is projected to have grown to about 492,700 by mid-2005. Indigenous people represent 2.4% of the total Australian population. The Indigenous population is relatively young, with a median age of 21 years compared to 36 years for the non-Indigenous population.

In 2001, 30% of the Indigenous population lived in major cities, 43% in regional areas and 26% in remote areas. The majority of Indigenous people live in New South Wales (29% of the Indigenous population) and Queensland (27%), Western Australia (14%) and the Northern Territory (12%). Indigenous people comprise about 30% of the Northern Territory population but less than 4% in all other state/territory populations.

Indigenous people remain disadvantaged, compared to other Australians, across a range of areas of social concern. Indigenous people continue to experience lower levels of employment (and higher levels of unemployment than non-Indigenous people, with Indigenous adults in 2002 being more than twice as likely to be unemployed (13%) as non-Indigenous adults (4.6%). The real mean equalised gross household income of Indigenous people was $394 per week in 2002, equal to 59% of that of non-Indigenous adults in 2002.

While international research has clearly established that higher levels of educational attainment are associated with better health outcomes, there has been little investigation into whether this relationship applies to Indigenous Australians. The ways in which health impacts on educational attainment, however, are better understood. Hearing loss as the result of chronic ear infection, and poor nutrition are the two health issues that are commonly identified as being the most detrimental to Indigenous educational outcomes. Research has shown that both of these conditions are associated with poor school attendance and achievement.

Despite the significant improvements in the educational participation and attainment of Indigenous Australians in recent years, Indigenous people were about half as likely as non-Indigenous people to have a non-school qualification in 2002 (32% compared with 57%). While Indigenous students comprised 3% of the total vocational education and training student population in 2003, they continue to be under-represented in the higher education sector, accounting for only 1% of the total higher education population in 2003.

Indigenous households are much less likely than other Australian households to be owner/purchaser households and much more likely to live in some form of social housing such as state or territory owned housing or Indigenous or mainstream community housing.

Among Indigenous households in non-remote areas, 34% were home owners, 32% were private or other renters and 24% were renting from state or territory housing authorities. Reflecting, in part, the availability of different tenure options, about half of Indigenous households in remote areas were renting from Indigenous or mainstream community housing providers and only 14% were home owners.
Indigenous mothers are more likely to have their babies at younger ages than other mothers. The average age of Indigenous mothers who gave birth in 2003 was 25 years, compared with an average age of 31 years for other mothers. For the period 2000–02, 78% of Indigenous mothers who gave birth were aged under 30 years, compared with 49% of other mothers. In 2003, the total fertility rate (TFR) for Indigenous women was estimated to be 2.15 babies, compared with 1.76 babies for the total Australian population.

Babies with an Indigenous mother were twice as likely (13% of births) to be low birthweight babies (those weighing less than 2,500 grams at birth) as babies with a non-Indigenous mother (6%). The perinatal mortality rate for babies with an Indigenous mother in Queensland, South Australia, Western Australia and the Northern Territory was about twice that for babies with a non-Indigenous mother.

Breastfeeding and effective vaccination have many positive effects on the survival chances, growth, development and health of infants. In 2001, a high proportion of Indigenous mothers living in remote areas (95%) and non-remote areas (83%) had breastfed their children. In 2003, Aboriginal and Torres Strait Islander children had lower vaccination coverage than other children at 12 months of age (82% compared with 91%), but by two years of age, they had comparable vaccination coverage (91%).

**Housing circumstances**

Some Indigenous households, especially those in remote areas, live in conditions that do not support good health. In 2002, some 9% of Indigenous households in Australia were living in overcrowded conditions, which can contribute to the spread of infectious diseases and put stress on basic household facilities. The highest rate of overcrowding occurred in households that were renting from Indigenous or mainstream community housing providers (34%).

Dwelling condition and connection to essential services are also important issues in relation to Indigenous community housing. There were 1,882 temporary or improvised dwellings in discrete Indigenous communities in 2001, while for permanent dwellings in these communities, 31% required major repair or replacement and 153 had no organised sewerage supply.

**Disability and ageing**

In 2002, 36% of Indigenous people aged 15 years or over had a disability or long-term health condition and 8% had a profound or severe core activity limitation, meaning that they always or sometimes needed assistance with core activities of daily living (self-care, mobility and communication). Although these estimates are not strictly comparable with those for the non-Indigenous population, it is estimated that Indigenous people were at least twice as likely to have a profound or severe core activity limitation as non-Indigenous people.

The prevalence of disability among Indigenous people is higher at all ages. In 2002, over two-thirds of people aged 55–64 years, and one-half of people aged 45–54 years had a disability or long-term health condition. The earlier onset of disability or long-term health conditions with a profound or severe core activity limitation indicates the comparatively higher need for service provision for Indigenous people with a disability at younger ages.

**Mothers and children**

Indigenous mothers are more likely to have their babies at younger ages than other mothers. The average age of Indigenous mothers who gave birth in 2003 was 25 years, compared with an average age of 31 years for other mothers. For the period 2000–02, 78% of Indigenous mothers who gave birth were aged under 30 years, compared with 49% of other mothers. In 2003, the total fertility rate (TFR) for Indigenous women was estimated to be 2.15 babies, compared with 1.76 babies for the total Australian population.

Babies with an Indigenous mother were twice as likely (13% of births) to be low birthweight babies (those weighing less than 2,500 grams at birth) as babies with a non-Indigenous mother (6%). The perinatal mortality rate for babies with an Indigenous mother in Queensland, South Australia, Western Australia and the Northern Territory was about twice that for babies with a non-Indigenous mother.

Breastfeeding and effective vaccination have many positive effects on the survival chances, growth, development and health of infants. In 2001, a high proportion of Indigenous mothers living in remote areas (95%) and non-remote areas (83%) had breastfed their children. In 2003, Aboriginal and Torres Strait Islander children had lower vaccination coverage than other children at 12 months of age (82% compared with 91%), but by two years of age, they had comparable vaccination coverage (91%).

**Mothers and children continued**

Some Indigenous households, especially those in remote areas, live in conditions that do not support good health. In 2002, some 9% of Indigenous households in Australia were living in overcrowded conditions, which can contribute to the spread of infectious diseases and put stress on basic household facilities. The highest rate of overcrowding occurred in households that were renting from Indigenous or mainstream community housing providers (34%).

Dwelling condition and connection to essential services are also important issues in relation to Indigenous community housing. There were 1,882 temporary or improvised dwellings in discrete Indigenous communities in 2001, while for permanent dwellings in these communities, 31% required major repair or replacement and 153 had no organised sewerage supply.

In 2002, 36% of Indigenous people aged 15 years or over had a disability or long-term health condition and 8% had a profound or severe core activity limitation, meaning that they always or sometimes needed assistance with core activities of daily living (self-care, mobility and communication). Although these estimates are not strictly comparable with those for the non-Indigenous population, it is estimated that Indigenous people were at least twice as likely to have a profound or severe core activity limitation as non-Indigenous people.

The prevalence of disability among Indigenous people is higher at all ages. In 2002, over two-thirds of people aged 55–64 years, and one-half of people aged 45–54 years had a disability or long-term health condition. The earlier onset of disability or long-term health conditions with a profound or severe core activity limitation indicates the comparatively higher need for service provision for Indigenous people with a disability at younger ages.

Indigenous mothers are more likely to have their babies at younger ages than other mothers. The average age of Indigenous mothers who gave birth in 2003 was 25 years, compared with an average age of 31 years for other mothers. For the period 2000–02, 78% of Indigenous mothers who gave birth were aged under 30 years, compared with 49% of other mothers. In 2003, the total fertility rate (TFR) for Indigenous women was estimated to be 2.15 babies, compared with 1.76 babies for the total Australian population.

Babies with an Indigenous mother were twice as likely (13% of births) to be low birthweight babies (those weighing less than 2,500 grams at birth) as babies with a non-Indigenous mother (6%). The perinatal mortality rate for babies with an Indigenous mother in Queensland, South Australia, Western Australia and the Northern Territory was about twice that for babies with a non-Indigenous mother.

Breastfeeding and effective vaccination have many positive effects on the survival chances, growth, development and health of infants. In 2001, a high proportion of Indigenous mothers living in remote areas (95%) and non-remote areas (83%) had breastfed their children. In 2003, Aboriginal and Torres Strait Islander children had lower vaccination coverage than other children at 12 months of age (82% compared with 91%), but by two years of age, they had comparable vaccination coverage (91%).
The relative socioeconomic disadvantage experienced by Aboriginal and Torres Strait Islander people compared with non-Indigenous people places them at greater risk of exposure to behavioural and environmental health risk factors. In 2002, about half (49%) of the Indigenous population aged 15 years or over smoked on a daily basis. One in six (15%) reported consuming alcohol at risky or high risk levels in the last 12 months and just over one-half (51%) had not participated in sport or physical recreation activities during this period. One-quarter (24%) of Indigenous people living in non-remote areas reported having used illicit substances in the 12 months prior to interview and 40% reported having tried at least one illicit drug in their lifetime. With the exception of substance use, these behavioural risk factors were associated with poorer self-assessed health among Indigenous people in 2002.

In 2002, about eight in ten (82%) Indigenous people reported experiencing at least one life stressor in the last 12 months and nearly one-quarter (24%) reported being a victim of physical or threatened violence during this period. Higher rates of fair or poor health and health risk behaviour were reported among Indigenous people who had been exposed to these environmental risk factors. Indigenous people who had been removed...
Overall, estimated expenditure on health services provided to Aboriginal and Torres Strait Islander peoples during 2001–02 was $3,901 per person. This was 18% higher (ratio 1.18:1) than the estimated expenditure on services delivered to non-Indigenous Australians. The ratio of per capita expenditure on Indigenous Australians to non-Indigenous Australians varies considerably by type of service. Aboriginal and Torres Strait Islander peoples were more intense users of community health centres (where the per capita expenditure rate ratio was 6.5, public health (2.9) and admitted and non-admitted patient services within the public hospital system (1.6 and 1.9 respectively) compared with medical services (0.4) and pharmaceuticals (0.3).

In the period 1996–2001, the life expectancy at birth for Indigenous Australians was estimated to be 59.4 years for males and 64.8 years for females, compared with 76.6 years for all males and 82.0 years for all females for the period 1998–2000, a difference of approximately 17 years for both males and females.

For the period 1999–2003, in Queensland, South Australia, Western Australia and the Northern Territory, 75% of recorded Indigenous male deaths and 65% of Indigenous female deaths occurred before the age of 65 years. This compared with 26% and 16%, respectively, of deaths of non-Indigenous males and females. For all age groups below 65 years, the age-specific death rates for persons identified as Indigenous in the selected jurisdictions were at least twice those for other Australians. The largest differences occurred at ages 35–44 and 45–54 years where the death rates for Indigenous Australians were five times those recorded for non-Indigenous Australians.

Based on 1999–2002 year of occurrence of death and 2003 year of registration of death, the three leading causes of death for Aboriginal and Torres Strait Islander peoples in the four jurisdictions were diseases of the circulatory system, injury (predominantly accidents, intentional self-harm and assault) and cancer.

Over the period 1999–2003, Indigenous males and females died at almost three times the rate of non-Indigenous males and females. Indigenous Australians also had higher rates of mortality from all major causes of death. For example, mortality rates for Indigenous males and females for endocrine, nutritional and metabolic diseases (including diabetes) were around seven and 11 times those for non-Indigenous males and females.

Deaths where multiple causes were reported were more common among Indigenous males and females. For example, 19% of deaths among Indigenous males and 21% of deaths among Indigenous females recorded five or more causes of death, compared with 14% and 13% of non-Indigenous male and female deaths respectively.

Overall, estimated expenditure on health services provided to Aboriginal and Torres Strait Islander peoples during 2001–02 was $3,901 per person. This was 18% higher (ratio 1.18:1) than the estimated expenditure on services delivered to non-Indigenous Australians. The ratio of per capita expenditure on Indigenous Australians to non-Indigenous Australians varies considerably by type of service. Aboriginal and Torres Strait Islander peoples were more intense users of community health centres (where the per capita expenditure rate ratio was 6.5, public health (2.9) and admitted and non-admitted patient services within the public hospital system (1.6 and 1.9 respectively) compared with medical services (0.4) and pharmaceuticals (0.3).

Access to services is affected by a number of factors including the proximity of the service, availability of transport, affordability, availability of culturally appropriate services and the involvement of Indigenous people in the delivery of health services.

Approximately one in five Indigenous people living in remote areas in 2002 had difficulty understanding and/or being understood by service providers and around one-half did not have a working telephone in the home. In 2001, Indigenous people were under-represented in selected health-related occupations, comprising around 1% of
In 2004, the proportion of Aboriginal and Torres Strait Islander children using Australian Government supported child care services was 2%, less than half the rate for non-Indigenous children. Of all Indigenous children in Australian Government supported child care services, 51% were in long day care centres, 16% were in before/after school care and 9% were in family day care. This compared to 59%, 25% and 14% of other children respectively.

Aboriginal and Torres Strait Islander children were over-represented in the child protection systems across most of Australia, with ratios of 10:1 in Victoria and 8:1 in Western Australia and South Australia. The rate of Indigenous children being placed under care and protection orders and in out-of-home care was higher than the rate for other children in all jurisdictions. Just over two-thirds of children in out-of-home care were placed with Indigenous relatives/kin (38%) or with other Indigenous caregivers (30%). These are the preferred placements under the Aboriginal Child Placement Principle that has been adopted by all jurisdictions.

Rates of incarceration in juvenile detention centres for Indigenous Australians aged 10–17 years are much higher than those for other young Australians in all jurisdictions. In 2002–03, 40% of 10–17 year olds in detention centres in Australia were Indigenous.

In 2003–04, 6,524 people, 3.5% of those receiving Commonwealth-State Disability Agreement funded services were identified as Indigenous. The proportion of people who received CSTDA-funded services who were of Indigenous origin varied by service type. Respite (5%), community support (5%) and accommodation (4%) services had an above-average proportion of Indigenous service users. On the other hand, service users of employment (3%) and community access (3%) services had a smaller Indigenous representation than in the overall population.

Aboriginal and Torres Strait Islander people utilise aged care services at a younger age, consistent with poorer health status and lower life expectancy. Of those admitted to permanent or respite residential care during 2003–04, almost 29% were under 65 years of age, compared with fewer than 5% of other Australians. Of all Indigenous Australians...
Community services continued

Torres Strait Islander people comprise 11% of Australia’s Indigenous population. Around one in seven Torres Strait Islander people (14%) live in the Torres Strait Area, with a further 45% in other parts of Queensland and 18% in New South Wales.

While Torres Strait Islander people have their own distinctive cultural identity, they share many of the characteristics of Indigenous Australians generally. They are a relatively young population, with a higher birth rate and lower life expectancy than the non-Indigenous population. Like other Indigenous Australians, Torres Strait Islander people are actively involved in community life. The 2002 NATSISS show that a majority of Torres Strait Islander people (89%) had been involved in social activities in the last 3 months, while in the preceding year, 70% had attended cultural event(s), 51% had participated in sport or physical recreation activities, and 29% in voluntary work.

The various measures of educational attainment, labour force participation and associated economic status indicate that Torres Strait Islander people experience similar levels of disadvantage as other Indigenous Australians. In 2002, Torres Strait Islander people were less likely than non-Indigenous people to have completed Year 12 (26% compared with 44%); less likely to have a non-school qualification (33% compared with 57%); almost four times as likely to be unemployed (22% compared with 6%); and more than twice as likely to be living in a low income household (46% compared with 20%).
CHAPTER 1

INTRODUCTION

This publication is the fifth in the biennial series of reports on the health and welfare of Australia’s Aboriginal and Torres Strait Islander peoples. By drawing on recent data available from a variety of sources, it aims to provide a comprehensive picture of the health and welfare of Australia’s Indigenous population. It covers a range of topics regarded as important for improving the health of Aboriginal and Torres Strait Islander peoples.

The definition of health that underpins the publication is a holistic one put forward in the National Aboriginal Health Strategy Working Party report:

‘Not just the physical well-being of the individual but the social, emotional and cultural well-being of the whole community. This is a whole of life view and it includes the cyclical concept of life-death-life’ (National Aboriginal Health Strategy Working Party 1989).

The report updates information presented in the 2003 report and also provides new information in a number of areas. Some of the enhancements for this report include:

- a new chapter which explores the links between health and education (Chapter 3);
- a new chapter, called Housing circumstances, that presents information on both housing and homelessness issues (Chapter 4); and
- a new chapter on disability and ageing, using information from the 2002 National Aboriginal and Torres Strait Islander Social Survey (NATSISS) (Chapter 5).

The breadth and depth of data assembled for this report provide useful information against each of the three main tiers in the National Health Performance Framework auspiced by the Australian Health Minister’s Conference i.e. health status and outcomes; determinants of health; and health system performance.

Information about the broader social context and specific issues (determinants) that impact on the health and welfare wellbeing of Indigenous Australians is presented in Chapters 2, 3, 4, and 8. Chapter 2 provides background information on the demographic, social and economic context in which Indigenous Australians live. Chapter 3 provides information on education status. Chapter 4 examines the housing circumstances of Indigenous Australians, while Chapter 8 looks at behavioural and environmental health risk factors.

Health status of and outcomes for Indigenous Australians are described in Chapters 5, 6, 7, and 9. Chapter 5 focuses on disability and ageing, primarily using data from the 2002 NATSISS. Chapter 6 provides information on the health status of Indigenous mothers and children; Chapter 7 provides an overview of the health status of Aboriginal and Torres Strait Islander peoples; while Chapter 9 describes the mortality experienced by Indigenous Australians, including a discussion of trends where these can be observed.
Chapters 10 (Health service— provision, access and use) and 11 (Community services) look at system performance issues, including access to and utilisation of these services by Indigenous Australians.

Chapter 12 provides a summary of the relevant, available information about the health and welfare of Torres Strait Islander peoples.

A report on Indigenous data developments and information governance arrangements will also be available from the ABS web site (www.abs.gov.au) and the AIHW web site (www.aihw.gov.au) later this year.

The data presented in this report were drawn from key national statistical collections including the latest information from both the Australian Bureau of Statistics (ABS) and the Australian Institute of Health and Welfare (AIHW). Important new information about Aboriginal and Torres Strait Islander health and welfare was collected through the ABS 2002 National Aboriginal and Torres Strait Islander Social Survey (NATSISS). The report also includes data from other ABS collections such as the 2001 Census of Population and Housing, the 2001 Community Housing and Infrastructure Needs Survey (CHINS) and the 2001 National Health Survey (NHS). AIHW surveys such as Bettering the Evaluation and Care of Health (BEACH), and the national administrative data collections such as the National Hospital Morbidity data collection, the National Mortality data collection, the National Perinatal data collection and the Service Activity Reporting by Aboriginal Community Controlled Health Organisations are all important data sources used in the production of this report. In addition, the report includes updated analytic results, such as the updated estimates of expenditure on health services for Indigenous people.

Population estimates are based on population counts from the five yearly Census of Population and Housing, adjusted for births, deaths and migration. However, estimating the size and composition of the Indigenous population is difficult for a range of reasons including the incomplete and differential Indigenous identification in births and deaths records across jurisdictions, which do not support the standard approach to population estimation.

Estimates and projections of the Aboriginal and Torres Strait Islander population are therefore termed experimental. Unless otherwise indicated, rates in this publication are calculated from the low series of experimental estimates and projections based on the 2001 Census (ABS 2004).

Indigenous identification is also incomplete in many other administrative data collections used in this report. The ABS and the AIHW, in partnership with state and territory authorities and the Indigenous community, are making efforts to improve the quality and completeness of Indigenous identification in key administrative data collections.