



Australian Government

Australian Institute of  
Health and Welfare

Australia's welfare

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DISADVANTAGE AND DIVERSITY

# Ageing and aged care

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# Ageing and aged care chapter

“The year 2007 marked the tenth anniversary of the passing of the *Aged Care Act 1997* and the announcement of the development of the National Strategy for an Ageing Australia.” (AW 2007)

## Chapter content

- Population characteristics
- Work & retirement
- Social participation
- Retirement income
- Informal care
- Aged care services
- Patterns of use
- Outcomes
- Expenditure

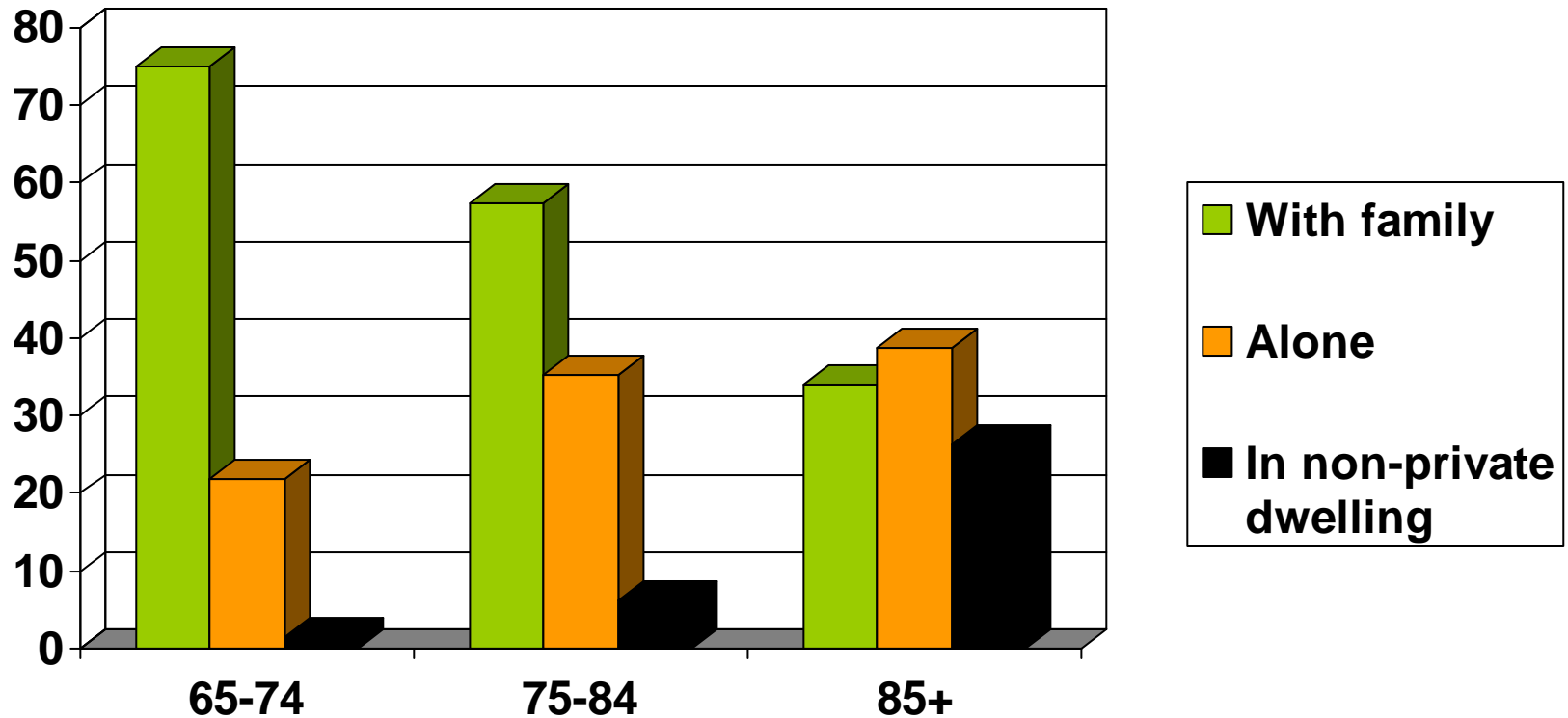
# Outline

- Population characteristics
- Social participation and inclusion
- Aged care services
  - major developments
  - meeting psychosocial needs
- Patterns of aged care service use

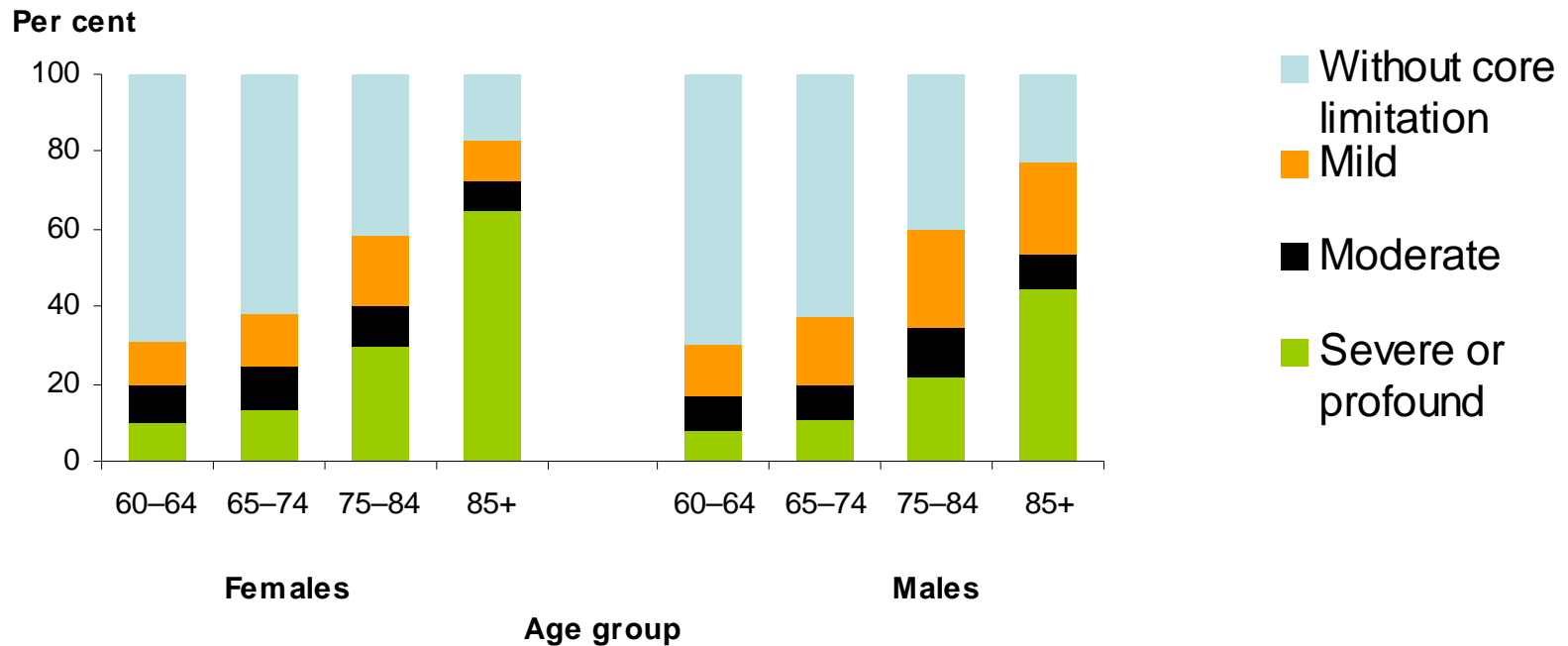
# Australia's diverse older population

- 2.7 million aged 65+
  - 322,000 aged 85+ (fastest growing group)
- 953,700 born overseas
  - 61% born in non-English speaking countries
- 14,900 Indigenous people aged 65+
  - 55,493 Indigenous people aged 50+

# Living arrangements, 2006



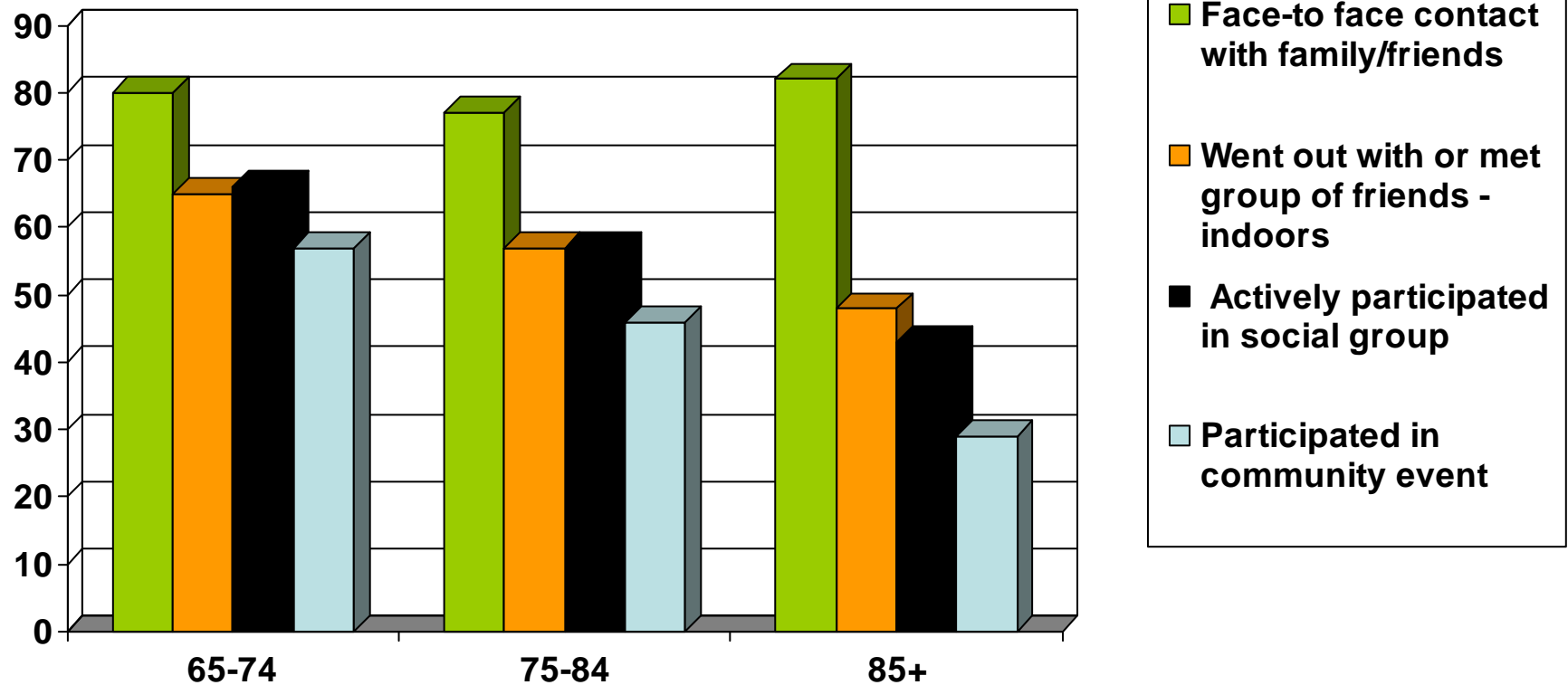
# With core activity limitation



# How many core activity limitations?

<b>Profound or severe limitation</b>	<b>Living in households</b>	<b>Living in cared accommodation</b>
Self-care, mobility & communication	1.0	61.5
Self-care & mobility	5.8	24.3
Mobility only	7.8	*1.7
Self-care only	2.1	*3.2
Communication (with or without self-care or mobility limitation)	0.8	*3.8
<b>Total with profound/severe limitation %</b>	<b>17.4</b>	<b>94.2</b>
<b>Total numbers 65+</b>	<b>406,900</b>	<b>130,500</b>

# Social participation



# Satisfaction with participation

<b>Can go out as often as would like</b>	<b>Without profound or severe limitation</b>	<b>With profound or severe limitation</b>
<b>Lives alone</b>	86.2	47.0
<b>Lives with others</b>	86.4	46.4
<b>Total</b>	86.4	46.6

# 10 years of change in formal services

- Continued expansion of home-based care options
  - Veterans' Home Care
  - Extended Aged Care at Home (EACH)
  - Extended Aged Care at Home Dementia
- Development of carer support services
  - National Respite for Carers Program
- Piloting and developing services at sectoral interfaces
  - Transition Care Program
- Single system of residential aged care with user pays regime

## Size and shape of aged care sector

	Number	% of 65+
HACC (2004-05)	561,789	20.9
Permanent residential care (2006)	145,175	5.4
Veterans Home Care (2005-06)	70,997	2.6
Residential respite (2005-06)	33,801	1.3
DVA Community nursing (2005-06)	32,057	1.2
CACP (at June 2006)	29,972	1.1
EACH (at June 2006)	1,984	—
Transition care (2006)	296	—
<b>Informal care</b>	<b>690,000</b>	<b>25.6</b>

## ACAT recommendations for formal community care assistance

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Domestic assistance	69.7
Transport	47.5
Meals	44.8
Activities involved in social and community participation	44.2
Health care	40.9
Self-care	36.2
Home maintenance	34.3
Moving around places at or away from home	20.6

# Psychosocial needs and care provision

HACC Service type	% of clients aged 65+
Domestic assistance	30.2
Food services	21.7
Nursing	20.8
Transport	17.3
Allied health/therapy	16.8
Home, garden maintenance	16.2
Delivered meals	15.3
Activity programs	10.9
Social support	10.5
Personal care	8.8
Centre-based meals	7.3
Counselling	7.1
Goods and equipment	4.9

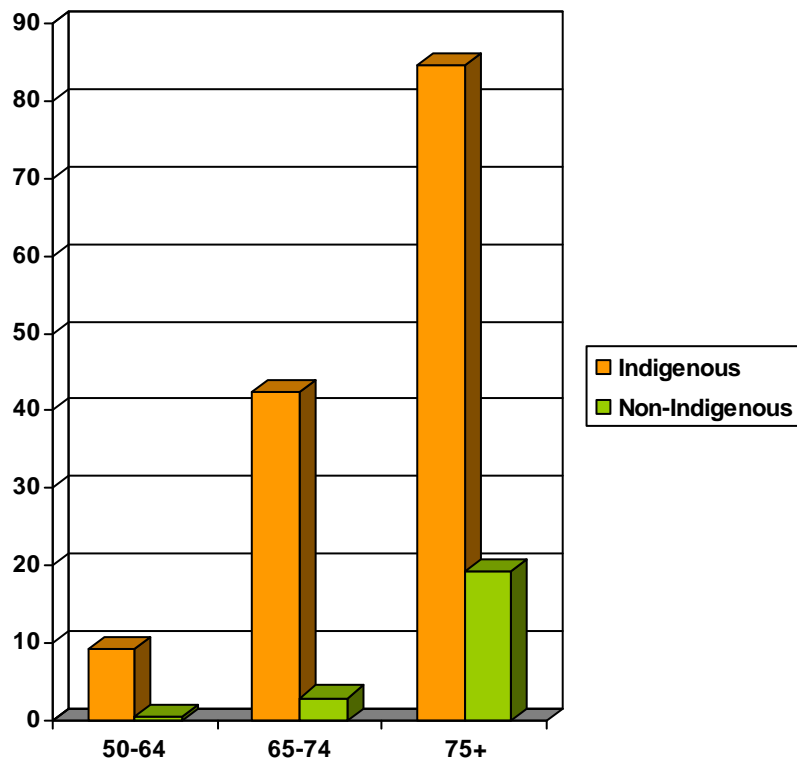
# Use by people born overseas

- People born in non-English-speaking countries
  - 17.6% of ACAP clients
  - 18.1% of HACC clients
  - 22.6% of CACP clients
  - 27.2% of EACH clients
  - 14.5% of permanent residents

	Australian-born	Overseas-born (English spkg countries)	Overseas-born (non-English spkg countries)
<b>Age 75-84</b>			
HACC (2004-05)	291.2	235.5	270.1
CACP (2006)	12.7	12.0	17.9
RACS (2006)	56.7	49.0	46.4

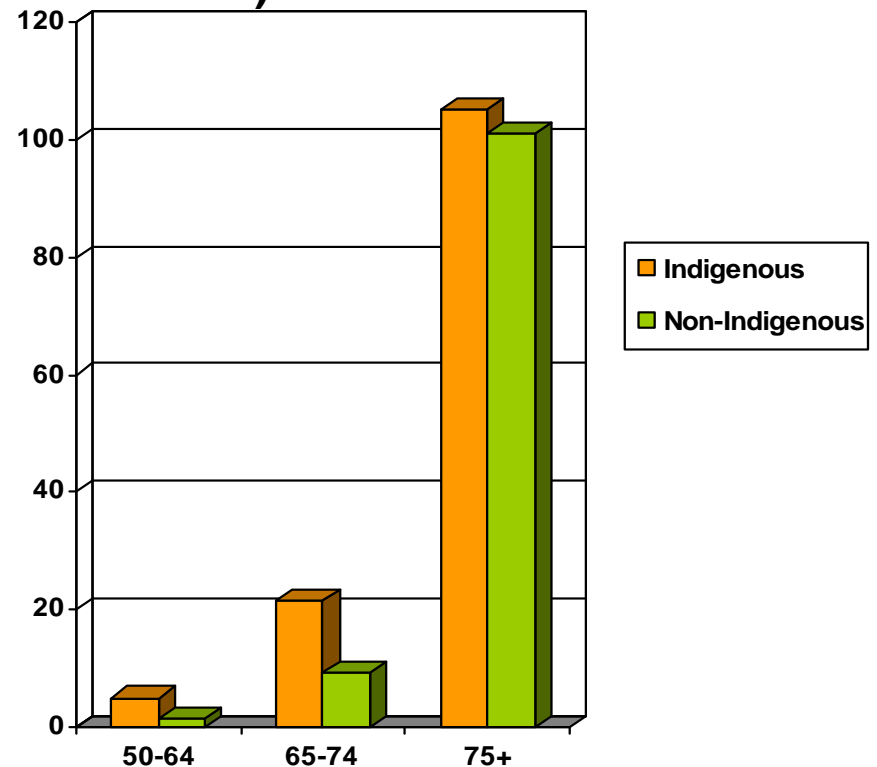
# Use by Indigenous older people

CACP (4% of clients)



Per 1,000 population

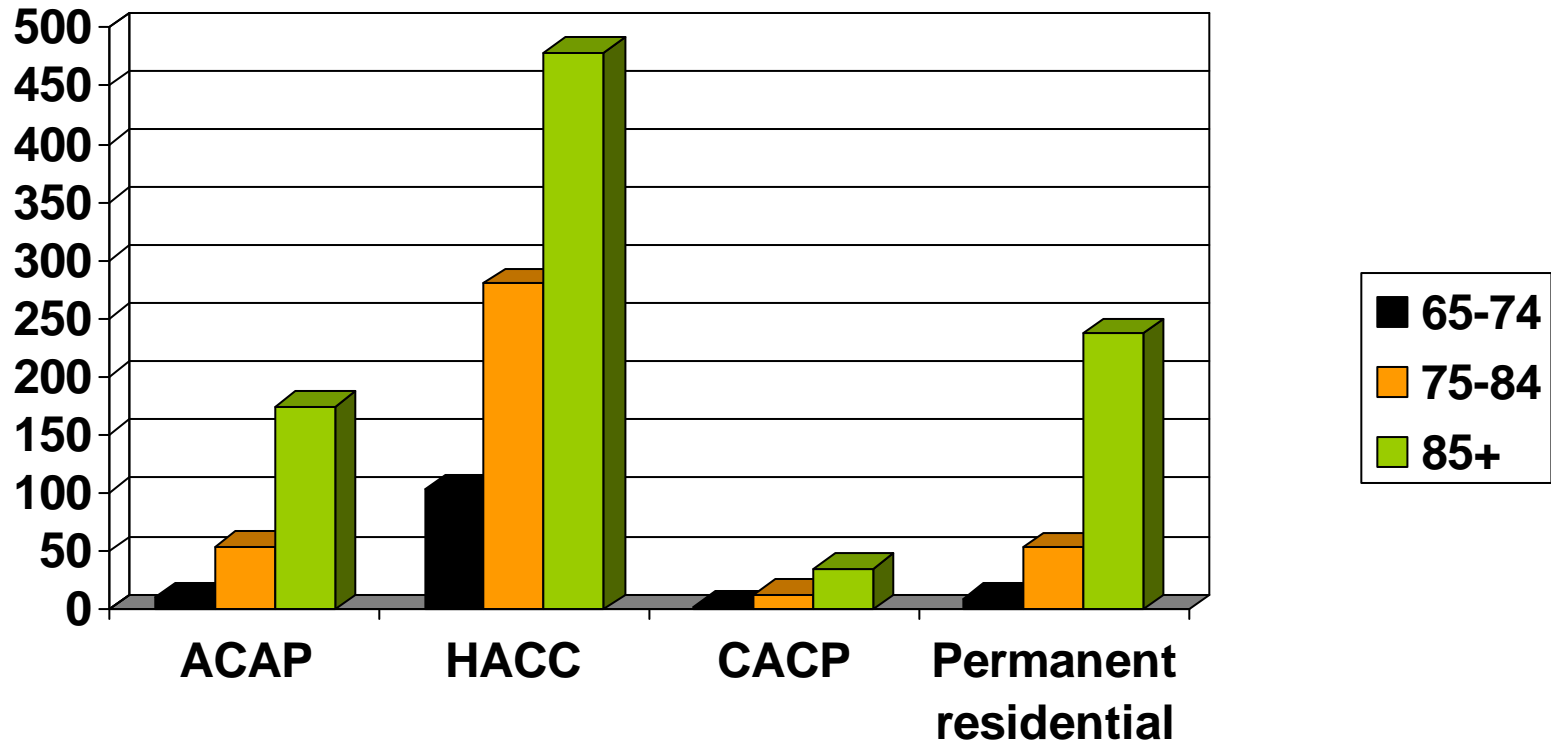
Permanent residential care (<1% of residents)



Per 1,000 population

# Use by people aged 85 and over

Per 1,000 population

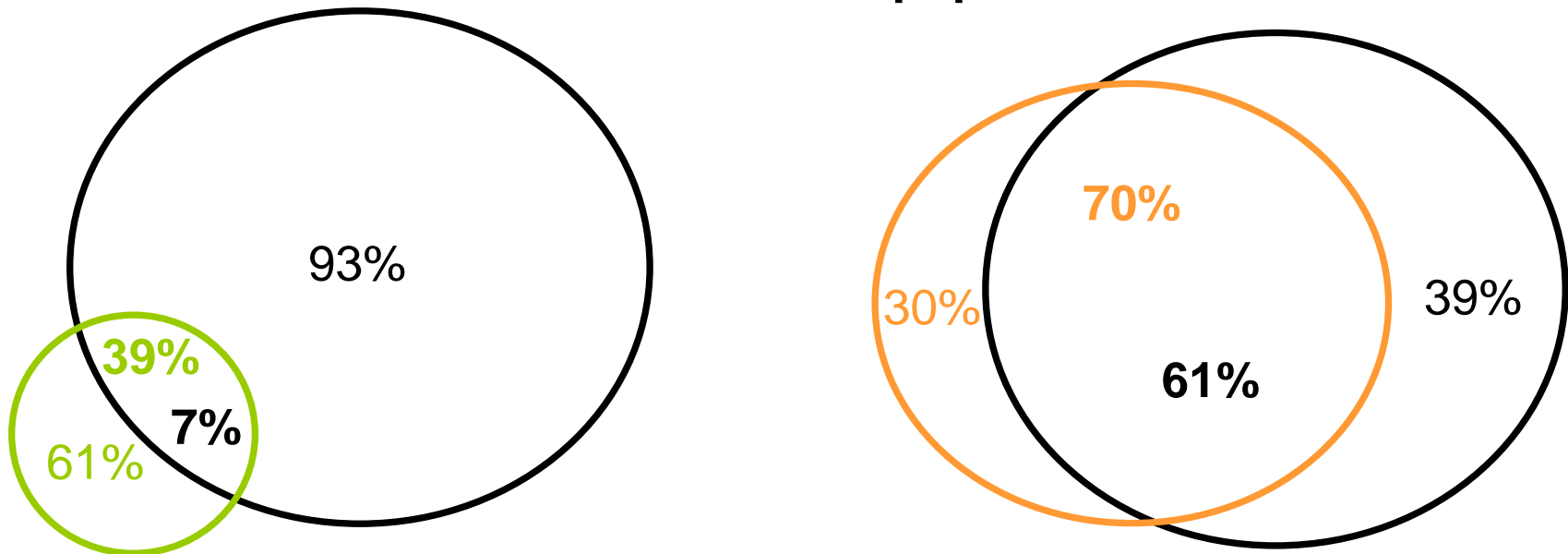


# Age and disability as predictors of residential aged care use

Aged 95+

3 core activity limitations

## Residential care population



# Diversity & Disadvantage

- Population diversity
  - Diversity in community care options at program level
  - Services cater for range of physical and psychosocial needs
  - Different patterns of service use by people born overseas and by Indigenous people
- Social and community participation declines with age
  - Older people with profound or severe disability least satisfied with ability to go out
  - Adequacy of support for people with severe/profound limitations in households & their carers?
  - Different patterns of service use by people born overseas and by Indigenous people?

# Some questions

- Social participation by people in residential aged care?
- Balance & distribution of services ?
  - community care and residential care?
  - informal care and formal care?
- Support for carers
  - The right mix?
  - Adequate?