

Clinical use of the Personal Care-Participation Assessment & Resource Tool (PC-PART)

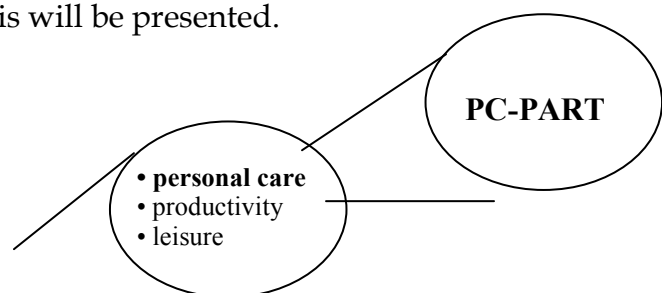
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The PC-PART operationalises one component of the WHO ICF (See Figure). It measures whether people can do *or get done with the usually available help in the usual environment* their personal care tasks. The PC-PART assesses 43 aspects of personal care crucial for survival. Assessment is done from a social perspective – from a participation perspective. Assessment is not done from the point of view of whether the person alone can do the tasks, as this would constitute an activity level assessment.

The PC-PART was developed through a rigorous item generation, item reduction and testing process, through pilot testing and extensive redrafting. It is reliable and appears valid.

The PC-PART helps clinicians to identify personal care participation restrictions. These can then be eliminated by restoration of function to eliminate activity limitations that are causing the participation restrictions. If this is not possible participation restrictions are eliminated by environmental modification through the provision of help or by physical modification of the environment.

The Rehabilitation and Aged Services Program of Southern Health is being redesigned in the “Subacute 2020” process. The PC-PART is one of the central assessment tools that is being used to structure rehabilitation. This will be presented.



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