

Prevalence of risk factors (high blood pressure, high blood cholesterol, overweight and diabetes) by age, 1999–2000

Risk factor	Sex	Age group (years)				25+ (ASR) ^(a)
		25–34	35–54	55–74	75+	
High blood pressure ^(b)	Males	7.1	21.6	58.5	78.8	32.3
	Females	3.4	14.9	55.8	74.6	27.2
	Persons	5.2	18.3	57.1	76.3	29.7
High blood cholesterol ^(c)	Males	32.2	58.0	58.3	49.3	51.5
	Females	31.2	46.5	72.5	65.4	51.0
	Persons	31.7	52.2	65.7	58.8	51.5
Overweight ^(d)	Males	61.1	68.1	74.1	63.6	67.4
	Females	35.0	51.5	67.8	52.0	51.9
	Persons	48.5	59.9	70.8	56.8	59.6
Diabetes	Males	0.1	4.5	18.4	23.6	8.7
	Females	0.4	3.8	12.5	22.7	6.7
	Persons	0.3	4.1	15.4	23.0	7.6

(a) Age-standardised rate (ASR) standardised to the 2001 Australian population.

(b) High blood pressure is defined as systolic blood pressure of 140 mmHg or more; or diastolic blood pressure of 90 mmHg or more; or taking anti-hypertensive medication.

(c) High blood cholesterol is defined as total cholesterol of 5.5 mmol/L or more.

(d) Overweight is defined as a body mass index of 25 or more.

Note: Based on measured data.

Source: AIHW analysis of the 1999–2000 Australian Diabetes, Obesity and Lifestyle Study.