

A note for all, but particularly, for our younger respondents.

The answers you give in this survey will be used by researchers to help in understanding what people think about tobacco, alcohol and other drugs and how widely drugs are used. You might feel embarrassed about giving honest answers. You might even be afraid that the researchers will be able to identify you, or that the answers will be shown to your parents. This will not, and cannot, happen.

All survey forms have codes entered onto them and the researchers will not know who you are. Your answers will be added to everyone else's (over 20,000 people) before the researchers get to see them. When all the answers are collected, researchers will then be able to report, for example, that "most young people do not smoke" or that "less than half of all young women drink alcohol". Your answers will simply become part of a much bigger pool of answers.

The only researchers who will get to see the pool of answers are those who are looking at health or social issues relating to drug use. They must meet strict guidelines before the Australian Institute of Health and Welfare or the Department of Health and Ageing will let them look at the answers you provide. Your answers will help in planning health and other services for the community.

Remember, your name and address will never be linked with any of the information you provide.

Section A - Perceptions

A1. When people talk about "a drug **problem**", which are the **first two drugs** you think of? (Mark only one drug category in each column)



	1st drug	2nd drug
Alcohol	<input type="checkbox"/>	<input type="checkbox"/>
Tobacco	<input type="checkbox"/>	<input type="checkbox"/>
Tea/coffee/caffeine	<input type="checkbox"/>	<input type="checkbox"/>
Barbiturates (e.g. Barbies, Barbs, Downers, Reds, Purple hearts)	<input type="checkbox"/>	<input type="checkbox"/>
Tranquillisers, Sleeping pills (e.g. Benzos, Temazzies, Tranks, Sleepers, Valium, Serapax, Serries, Mandrax, Mandies, Rohypnol, Rowies)	<input type="checkbox"/>	<input type="checkbox"/>
Pain killers, Analgesics (e.g. Aspirin, Paracetamol, Mersyndol)	<input type="checkbox"/>	<input type="checkbox"/>
Steroids (e.g. Roids, Juice, Gear)	<input type="checkbox"/>	<input type="checkbox"/>
Inhalants/Solvents/Aerosols/Glue/Petrol (e.g. Laughing gas, Whippits, Nitrous, Snappers, Poppers, Pearlers, Rushamines, Locker room, Bolt, Bullet, Rush, Climax, Red gold)	<input type="checkbox"/>	<input type="checkbox"/>
Marijuana/Cannabis (e.g. Pot, Grass, Weed, Reefer, Joint, MaryJane, Acapulco gold, Rope, Mull, Cone, Spliff, Dope, Skunk, Bhang, Ganja, Hash, Chronic)	<input type="checkbox"/>	<input type="checkbox"/>
Naturally Occurring Hallucinogens (e.g. Blue meanies, Gold tops, Mushies, Magic mushrooms, Datura, Angel's trumpet)	<input type="checkbox"/>	<input type="checkbox"/>
LSD/Synthetic Hallucinogens/Psilocybin/PCP (e.g. Acid, Trips, Wedges, Windowpane, Blotter, Microdot, Angel dust, Hog, Loveboat)	<input type="checkbox"/>	<input type="checkbox"/>
Methamphetamines/Amphetamines (Speed) (e.g. Crystal, Whizz, Goey, Gogo, Zip, Uppers, Ice, Amphet, Meth, Ox blood, Leopards blood, MDEA, Methylamphetamine, Eve, Shabu)	<input type="checkbox"/>	<input type="checkbox"/>
Heroin (e.g. Hammer, Smack, Horse, H, Boy, Junk)	<input type="checkbox"/>	<input type="checkbox"/>
Cocaine (e.g. Coke, Crack, Flake, Snow, White lady/girl, Happy dust, Gold dust, Toot, Scotty, Charlie, Cecil, C, Freebase)	<input type="checkbox"/>	<input type="checkbox"/>
Ecstasy (e.g. XTC, E, Ex, Ecce, E and C, Adam, MDMA, PMA)	<input type="checkbox"/>	<input type="checkbox"/>
GHB (e.g. Fantasy, Grievous bodily harm, GBH, Liquid E, Liquid X)	<input type="checkbox"/>	<input type="checkbox"/>
Ketamine (e.g. K, Special K, Vitamin K, KitKat, Ket)	<input type="checkbox"/>	<input type="checkbox"/>
Kava	<input type="checkbox"/>	<input type="checkbox"/>
Drugs other than listed	<input type="checkbox"/>	<input type="checkbox"/>
None/Can't think of any/any more	<input type="checkbox"/>	<input type="checkbox"/>

A2. Which ONE of these drugs do you think directly or indirectly causes the most deaths in Australia?

(Mark one response only)



- Opiates/Opioids (e.g. Heroin)
- Alcohol
- Prescribed Drugs (e.g. Pain killers, Valium, Serapax, Sleeping pills)
- Methamphetamines/Amphetamines (Speed)
- Ecstasy/Designer Drugs
- Tobacco
- Cocaine/Crack
- Marijuana/Cannabis
- Hallucinogens (e.g. LSD, Magic mushrooms)

A3. Which ONE of these forms of drug use do you think is the most serious concern for the general community?

(Mark one response only)



- Marijuana/Hash use
- Tobacco smoking
- Heroin use
- Non-medical use of Barbiturates
- Excessive drinking of Alcohol
- Non-medical use of Tranquillisers
- Sniffing Glue/Petrol/Solvents/Rush
- Ecstasy/Designer Drug use
- Methamphetamine/Amphetamine (Speed) use
- Cocaine/Crack use
- Hallucinogen use
- Non-medical use of Pain killers/Analgesics
- Non-medical use of Steroids
- None of these

A4. In the last 12 months, have you read, seen or heard any information about the health effects of alcohol, tobacco or other drugs?



Yes (Continue) No (Skip to A6)

A5. What were the sources of information?

(Mark all that apply)



- Drug and/or alcohol information service or advisory centre
- Drug and/or alcohol counselling service or rehabilitation centre (e.g. Alcoholics Anonymous/Narcotics Anonymous/Lifeline/ Helpline/etc.)
- Cancer Council/National Heart Foundation
- Drop-in centre/community centre/ youth access centre
- Health centre/community health centre/ health clinics
- Hospital
- Doctor/medical centre
- Chemist
- Other health worker
- A government health department
- Other government department or service/ local council services/Police
- Welfare worker/Red Cross/Salvation Army
- Priest/church
- Teacher/school/university
- The government's 'Tough on Drugs' booklet
- The government's television advertisements
- Australian Alcohol Guidelines
- Library
- Books/journals/magazines
- Internet
- Quit/Quit Line
- Parent
- Friend/relative about the same age (e.g. brother/sister)
- Other relative
- Other (Please write in)

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OFFICE USE ONLY:



The picture below shows, in bold, the number of 'standard drinks' in some typical alcohol containers.

Standard Drinks Guide									
									
1.5	1	0.8	1.5	1	0.8	1	0.7	0.5	1.5
375ml Full Strength Beer 4.9% Alc./Vol	375ml Mid Strength Beer 3.5% Alc./Vol	375ml Light Beer 2.7% Alc./Vol	375ml Full Strength Beer 4.9% Alc./Vol	375ml Mid Strength Beer 3.5% Alc./Vol	375ml Light Beer 2.7% Alc./Vol	285ml Middy/Pot* Full Strength Beer 4.9% Alc./Vol	285ml Middy/Pot* Mid Strength Beer 3.5% Alc./Vol	285ml Middy/Pot* Light Beer 2.7% Alc./Vol	170ml Standard Serve of Sparkling Wine/ Champagne 11.5% Alc./Vol
									
1.5	1.5	1	22	0.9	1	1.8	7	38	
375ml Pre-mix Spirits 5% Alc/Vol	340ml Alcoholic Soda 5.5% Alc/Vol	30ml Spirit Nip 40% Alc/Vol	700ml Bottle of Spirits 40% Alc/Vol	60ml Port/Sherry Glass 18% Alc./Vol.	100ml Standard Serve of Wine 12% Alc/Vol	180ml Average Restaurant Serve of Wine 12% Alc/Vol	750ml Bottle of Wine 12% Alc/Vol	4 Litres Cask Wine 12% Alc/Vol	

* NSW, WA, ACT = Middy; VIC, QLD, TAS = Pot; NT = Handle; SA = Schooner

ALL PLEASE ANSWER

A6. Before today, had you ever heard of a 'standard drink' of alcohol?

Yes (Continue) No (Skip to A8)



A7. As far as you know, is the number of 'standard drinks' shown on cans and bottles of alcoholic beverages?



Yes
No
Don't know

ALL PLEASE ANSWER

A8. Before today, had you ever heard of the Australian Alcohol Guidelines?



Yes
No
Don't know

A9. How many 'standard drinks' do you believe an adult male could drink every day for many years without adversely affecting his health?
(Write in whole number e.g. 0, 3, 10, etc.)



Number of drinks

A10. How many 'standard drinks' do you believe an adult female could drink every day for many years without adversely affecting her health?
(Write in whole number e.g. 0, 3, 10, etc.)



Number of drinks

A11. Again thinking in terms of 'standard drinks', how many drinks do you believe an adult male could drink in a six hour period before he puts his health at risk?
(Mark one response only)



- 13 or more
- 11 - 12
- 7 - 10
- 5 - 6
- 3 - 4
- 1 - 2
- None
- Don't know



A12. And how many 'standard drinks' do you believe an adult male could drink in a six hour period before he puts others' health at risk?
(Mark one response only)



- 13 or more
- 11 - 12
- 7 - 10
- 5 - 6
- 3 - 4
- 1 - 2
- None
- Don't know

A13. Again thinking in terms of 'standard drinks', how many drinks do you believe an adult female could drink in a six hour period before she puts her health at risk?
(Mark one response only)



- 13 or more
- 11 - 12
- 7 - 10
- 5 - 6
- 3 - 4
- 1 - 2
- None
- Don't know

A14. And how many 'standard drinks' do you believe an adult female could drink in a six hour period before she puts others' health at risk?
(Mark one response only)



- 13 or more
- 11 - 12
- 7 - 10
- 5 - 6
- 3 - 4
- 1 - 2
- None
- Don't know

A15. How harmful or beneficial do you think your current alcohol consumption, including not drinking any alcohol, is to your health?
(Mark one response only)



- Very harmful
- Somewhat harmful
- Neither harmful nor beneficial
- Somewhat beneficial
- Very beneficial
- Don't know

A16. When you think about the health effects of alcohol consumption, which are the first two effects you think of?
(Mark one response in each column)



	First Effect	Second Effect
Liver disease	<input type="checkbox"/>	<input type="checkbox"/>
Heart disease	<input type="checkbox"/>	<input type="checkbox"/>
Drunkenness	<input type="checkbox"/>	<input type="checkbox"/>
Headaches/hangovers	<input type="checkbox"/>	<input type="checkbox"/>
Loss of self-control	<input type="checkbox"/>	<input type="checkbox"/>
Depression	<input type="checkbox"/>	<input type="checkbox"/>
Accidents	<input type="checkbox"/>	<input type="checkbox"/>
Violence	<input type="checkbox"/>	<input type="checkbox"/>
Cancer	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>
Brain disease	<input type="checkbox"/>	<input type="checkbox"/>
Foetal alcohol effects	<input type="checkbox"/>	<input type="checkbox"/>
Sleep disturbances	<input type="checkbox"/>	<input type="checkbox"/>
Interactions with medications	<input type="checkbox"/>	<input type="checkbox"/>
Increased health risks in older people	<input type="checkbox"/>	<input type="checkbox"/>
Other negative effect	<input type="checkbox"/>	<input type="checkbox"/>
Lowers cholesterol/ good for the heart or blood	<input type="checkbox"/>	<input type="checkbox"/>
Relieves tension or stress	<input type="checkbox"/>	<input type="checkbox"/>
Other positive effect	<input type="checkbox"/>	<input type="checkbox"/>
No other effect	<input type="checkbox"/>	<input type="checkbox"/>
Don't know	<input type="checkbox"/>	<input type="checkbox"/>

A17. Thinking now about tobacco, do you think that non-smokers who live with smokers might one day develop health problems because of other people's cigarette smoke?



- Yes
- No
- Don't know

A18. Do you think non-smokers who work or socialise with smokers might one day develop health problems because of other people's cigarette smoke?



- Yes
- No
- Don't know

A19. Do you avoid places where you may be exposed to other people's cigarette smoke?



- Yes, always
- Yes, sometimes
- No, never

A20. What no-smoking policies or restrictions, if any, does your workplace, school or college have in place?



(Mark one response only)

- No restrictions
- Allowed to smoke in own room only/office only
- Allowed to smoke in inside smoking area
- Allowed to smoke in outside smoking area
- Allowed to smoke outside building (no special area provided)
- Total ban (even outside)
- Not applicable (not working or studying)

Section B - Regulations relating to drug use

B1. Do you think the possession of small quantities of marijuana/cannabis for personal use should be a criminal offence, that is, should offenders acquire a criminal record?



- Yes
- No
- Unsure/Don't know

B2. What SINGLE action best describes what you think should happen to anyone found in possession of small quantities of the following drugs for personal use?

(Mark one response only for each drug type i.e. each column)



	Marijuana/ Cannabis	Ecstasy/ Designer Drugs	Heroin	Methamphetamines/ Amphetamines (Speed)
No action	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
A caution or warning only	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Referral to drug education program	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Referral to treatment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Something similar to a parking fine, up to \$200	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
A substantial fine, around \$1,000	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
A community service order	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Weekend detention	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
A prison sentence	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Some other arrangement	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Don't know	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

B3. If marijuana/cannabis were legal to use, would you . . . ?

(Mark one response only)



- Not use it, even if it were legal and available
- Try it
- Use it about as often as you do now
- Use it more often than you do now
- Use it less often than you do now
- Don't know