National

MHSPF

Mental Health Service Planning Framework

Taxonomy

November 2021 - V4 . 0

Population Based Planning for Mental Health

Mental Health Services

Population-based Universal Services

- **Mental Health Promotion**
  - **Promoting Help Seeking Behaviours**
    - Mass Promotion – Behaviours
  - **Promoting Help Seeking Attitudes**
    - Mass Promotion – Attitudes
    - Structured Psycho Education
      - *Structured Psycho Education – In person*
      - *Structured Psycho Education – Online*
  - **Enhancing Community Attitudes and Stigma Reduction**
    - Contact with People with Mental Illness
    - Intensive Educational Interventions
    - Mass Promotion/Advertising Campaigns
    - Enhancing First Aid Behaviours
  - **Promoting Mental Wellbeing**
    - Social and Emotional Learning
    - Positive Psychology
  - **Reduction of Bullying and Cyber Bullying**
    - Whole of School Approach
- **Mental Illness Prevention**
  - **Prevention of Suicide, Suicide Ideation and Behaviour**
    - Restriction to Means
    - Gate Keeper Training (Professional)
      - *Gatekeeper Training (Non-medical professionals*
    - Responsible Reporting in Media
      - *Responsible Reporting in the Media about Suicide – Effect on Media Reporting*
      - *Responsible Reporting in the Media about Suicide – Effect on Imitative Suicide Rates*
    - Web Based Programs for Preventing Suicide Ideation
      - *Cognitive Behavioural Therapy – All ages*
    - Crisis Intervention (Telephone and Internet Helplines)
      - *Community Crisis Intervention Telephone Helplines*
  - **Prevention of Depression and Anxiety**
    - Indicated Prevention (Screening and Intervention)
      - *School-based-Anxiety (7-17 years)*
      - *School-based Depression (5-18 years)*
      - *Parent Training and Family Strengthening (pre-school)*
      - *General Adults – Cognitive Behavioural Therapy (Group, individual) - Depression*
      - *General Adults – Cognitive Behavioural Therapy (web-based) - Depression*
    - Universal Prevention
      - *School-based Cognitive Behavioural Therapy Anxiety (7-13 years)*
      - *School-based Cognitive Behavioural Therapy Depression (5-19 years)*
      - *School-based Cognitive Behavioural Therapy Anxiety (12-17 years)*
      - *School-based Cognitive Behavioural Therapy Depression (5-19 years)*
      - *School-based Cognitive Behavioural Therapy Anxiety (12-17 years)*
  - **Prevention of Externalising Problems**
    - Multi-level Behavioural Parent Training
      - *Parent Management Training*
      - *Multidimensional Treatment Foster Care*
    - School-based Intervention Programs (Universal)
    - School-based Intervention Programs (Indicated)
  - **Prevention of Eating Disorders and Body Image Problems**
    - School-based Programs
    - University-based Programs
    - Community-based Programs
  - **Prevention of PTSD**
    - Prevention of post-event pathology from post-event intervention for those who demonstrate vulnerability

Services Tailored to Individual Needs

- **Primary and Specialised Clinical Ambulatory Mental Health Care Services**
  - **Assessment**
    - Brief Mental Health Assessment
    - Comprehensive Mental Health Assessment
    - Brief Physical Health Assessment
    - Comprehensive Physical Health Assessment
  - **Acute Care Services**
    - Acute Care Team
  - **Consultation Liaison**
    - Consultation Liaison - General (Hospital)
    - Consultation Liaison - Emergency Department (Hospital)
    - Consultation Liaison – Rural Hospital and Emergency Department
    - Consultation Liaison – Specialist Rural Outreach
      - *Consultation Liaison – Specialist Rural Outreach – Child and Youth (0-24 years)*
      - *Consultation Liaison – Specialist Rural Outreach – Adult (25-64 years)*
      - *Consultation Liaison – Specialist Rural Outreach – Older Adult (65+ years)*
    - Indigenous Cultural Consultation
  - **Clinical Community Treatment Team**
    - Clinical Community Treatment Team – Child (0-11 years)
    - Clinical Community Treatment Team – Youth (12-24 years)
    - Clinical Community Treatment Team – Adult (25-64 years)
    - Clinical Community Treatment Team – Older Adult (65+ years)
    - Clinical Community Treatment Team - Rural
    - Clinical Community Treatment Team - Indigenous
  - **Primary Care Team**
    - Primary Care Team - Indigenous
  - **Day Program**
    - Day Program Team – Child and Youth (0-24 years)
    - Day Program Team – Adult (25-64 years)
  - **Review +/- Ongoing Management**
    - Centre Based Review +/- Ongoing Management
    - Home Based Review +/- Ongoing Management
    - General Physical Health Review +/- Ongoing Management
  - **Care Coordination and Liaison Services**
    - Care Coordination and Liaison
      - *Rural Therapy Liaison*
    - Medico Legal Coordination and Liaison
  - **Structured Psychological Therapies (SPT)**
    - SPT – Brief Intervention
    - SPT Low Intensity Intervention
    - SPT – Individual
    - SPT – Family
    - SPT – Group
    - Clinician Moderated Web-based Psychological Interventions
  - **Other Structured Interventions**
    - Lifestyle Interventions – Individual
    - Lifestyle Interventions - Group
    - Other Evidence-based Physical Therapies
  - **Pharmacotherapy**
    - Pharmacotherapy Prescription
    - Pharmacotherapy Review
- **Specialised Mental Health Community Support Services**
  - **Group Support and Rehabilitation Services**
    - Group Support and Rehabilitation
      - *Group Support and Rehab linked to accessing and maintaining safe and secure housing*
      - *Group Support and Rehab linked to early childhood, education and/or employment*
      - *Group Support and Rehab linked to enhanced relationships and social participation*
      - *Group Support and Rehab linked to navigating the primary and mental health care systems*
      - *Group Support and Rehab linked to community aged care*
    - Group Based Peer Work
      - *Group Based Consumer Peer Support*
      - *Group Based Carer Peer Support*
  - **Individual Support and Rehabilitation Services**
    - Individual Support and Rehabilitation
      - *Individual Support and Rehab linked to accessing and maintaining safe and secure housing*
      - *Individual Support and Rehab linked to early childhood, education and/or employment*
      - *Individual Support and Rehab linked to enhanced relationships and social participation*
      - *Individual Support and Rehab linked to navigating the primary and mental health care systems*
      - *Individual Support and Rehab linked to youth development*
      - *Flexible Funding Pool – Consumer*
    - Individual Peer Work
      - *Individual Peer Support*
      - *Individual Carer Peer Support*
  - **Other Residential Services**
    - Residential Crisis and Respite Services
  - **Family and Carer Support**
    - Flexible Respite
    - Day Respite
    - Family Support Services
    - Group Carer Support Services
      - *Group Carer Support linked to accessing and maintaining safe and secure housing*
      - *Group Carer Support linked to education and/or employment*
      - *Group Carer Support linked to enhanced relationships and social participation*
      - *Group Carer Support linked to navigating the primary and mental health care systems*
    - Individual Carer Support Services
      - *Individual Carer Support linked to accessing and maintaining safe and secure housing*
      - *Individual Carer Support linked to education and employment*
      - *Individual Carer Support linked to enhanced relationships and social participation*
      - *Individual Carer Support linked to navigating the primary health care systems (health management)*
      - *Flexible Funding Pool - Carer*
- ***Specialised Bed-Based Mental Health Care Services***
  - **Acute Inpatient Services (Hospital)**
    - Acute – Perinatal and Infant Mental Health (Hospital)
    - Acute – Child (0-11 years) (Hospital)
    - Acute – Youth (12-24 years) (Hospital)
    - Acute – Adult (25-64 years) (Hospital)
    - Acute – Older Adult (65+ years BPSD) (Hospital)
    - Acute – Older Adult (65+ years) (Hospital)
    - Acute – Intensive Care Service (Hospital)
    - Acute – Eating Disorders - Adult (18-64 years) (Hospital)
    - Acute – Rural (Hospital)
  - **Sub-Acute Services (Residential, Hospital or Nursing Home)**
    - Step Up/Step Down – Youth (12-24 years) (Residential)
    - Step Up/Step Down – Adult and Older Adult (25+ years) (Residential)
    - Sub-Acute Rehabilitation – Youth (18-24 years) (Residential)
    - Sub-Acute Rehabilitation – Adult and Older Adult (25+ years) (Residential)
    - Sub-Acute Rehabilitation – Rural (Residential or Hospital)
    - Sub-Acute – Intensive Care Service (Hospital)
    - Sub-Acute – Older Adult (65+ years) (Hospital)
  - **Non-Acute Extended Treatment Services (Residential, Hospital or Nursing Home)**
    - Non-Acute – Youth (18-24 years) (Residential)
    - Non-Acute – Adult and Older Adult (25+ years) (Residential)
    - Non-Acute – Older Adult (65+ years) (Hospital/Nursing Home Based)
    - Non-Acute – Intensive Care Service (Hospital)
    - Non-Acute – Intensive Care - Older Adult (65+ years) (Hospital)
  - **Specialised Bed Based Non-Mental Health Care Services**
    - Acute – Medical/Surgical Bed (Hospital, non-MH)
    - Acute – Paediatric Bed (Hospital, non-MH)
    - Non-Acute – Adult (<24 hour support) (Residential, non-MH)
  - **Hospital Add-ons**
    - Indigenous Hospital Add-on
- **Medications and Procedures**
  - **Medications**
    - Antidepressants
    - Anxiolytics
    - Sedatives
    - ADHD medications
    - Antipsychotics
  - **Procedures**
    - Electroconvulsive Therapy
    - Transcranial Magnetic Stimulation