

#### What is the purpose of this form?

The National Drug Strategy Household Survey has been conducted since 1985. This is the seventh occasion that information from households on drug awareness, attitudes and behaviour has been collected. We would like you to complete this questionnaire by yourself.

The questionnaire is for your use only. Your answers will help the Department of Health and Aged Care to effectively examine important health and social issues and certain behaviour relating to tobacco, alcohol and drug use.

#### How confidential is the information you give?

Completely confidential!! When you have completed this form, please seal it in the envelope provided and give it back to the Roy Morgan Research fieldworker who will return it sealed to the survey team for processing. The survey is managed by the Australian Institute of Health & Welfare (AIHW), on behalf of the Department. Only the survey team will have access to your form and once the survey data is compiled your form will be destroyed. Your name and address will never be linked with any of the information you provide.

Section 29 of the AIHW Act prohibits the release of information about individuals collected in the survey.

Please be as honest and as accurate as possible. If you do not wish to answer any question for any reason, you do not have to do so. Participation in this survey is entirely voluntary.

#### How to complete this form:

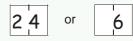
• Please complete this form carefully using black ballpoint pen (not felt). Alternatively use blue pen.

Most questions only require you to answer by marking the appropriate box or boxes with a <u>cross</u> like this:

### X

Please do not mark any areas outside the box.

• Other questions will require a numeric answer and can be filled in like this:



Please do not cross the number 7. Please make sure to write only <u>one</u> number in each box.

• Other questions will ask you to write your answer in the box provided. Please ensure that you print your answers like this:

#### Last year I travelled to Bali on a Holiday

• If you make a mistake, completely shade out the box and cross the appropriate one.



• If you see an instruction like this (skip to), you should follow the direction exactly. For example (skip to Y1) means that you should miss all the questions after the one you have just answered, until you come to the question marked Y1. If you do not see the skip to, just answer the next question.

# A note for all, but particularly, for our younger respondents.

The answers you give in this survey will be used by researchers to help in understanding what people think about tobacco, alcohol and other drugs and how widely drugs are used. You might feel embarrassed about giving honest answers. You might even be afraid that the researchers will be able to identify you, or that the answers will be shown to your parents. This will not, and cannot, happen.

All survey forms have codes entered onto them and the researchers will not know who you are. Your answers will be added to everyone else's (perhaps up to 20,000 people) before the researchers get to see them. When all the answers are collected, researchers will then be able to report, for example, that "most young people do not smoke" or that "less than half of all young women drink alcohol". Your answers will simply become part of a much bigger pool of answers.

The only researchers who will get to see the pool of answers are those who are looking at health or social issues relating to drug use. They must meet strict guidelines before the Australian Institute of Health and Welfare or the Department of Health and Aged Care will let them look at the answers you provide. Your answers will help in planning health and other services for the community.

Remember, your name and address will <u>never</u> be linked with any of the information you provide.

### Section A - Perceptions

A1. When people talk about "a drug <u>problem</u>", which are the <u>first two</u> drugs you think of? (Cross only <u>one</u> drug category in each column)

	1st drug?	2nd drug?
Alcohol		
Tobacco		
Tea/coffee/caffeine		
Barbiturates (e.g. Barbies, Barbs, Downers, Reds, Purple hearts)		
Tranquillisers, Sleeping Pills (e.g. Benzos, Temazzies, Tranks, Sleepers, Valium, Serapax, Serries, Mandrax, Mandies, Rohypnol, Rowies)		
Pain killers, Analgesics (e.g. Aspirin, Paracetamol, Mersyndol)		
Steroids (e.g. Roids, Juice)		
Inhalants/Solvents/Aerosols/Glue/Petrol (e.g. Laughing Gas, Whippits, Nitrous, Snappers, Poppers, Pearlers, Rushamines, Locker Room, Bolt, Bullet, Rush, Climax, Red Gold)		
Marijuana/Hashish/Cannabis Resin (e.g. Pot, Grass, Weed, Reefer, Joint, MaryJane, Acapulco Gold, Rope, Mull, Cone, Spliff, Dope, Skunk, Bhang, Ganja, Hash, Chronic)		
Naturally Occurring Hallucinogens (e.g. Blue Meanies, Gold Tops, Mushies, Magic Mushrooms, Datura, Angel's Trumpet)		
LSD/Synthetic Hallucinogens/Psilocybin/ PCP (e.g. Acid, Trips, Wedges, Windowpane, Blotter, Microdot, Angel Dust, Hog, Loveboat)		
Amphetamines/Speed (e.g. Crystal, Whizz, Goey, Gogo, Zip, Uppers, Ice, Amphet, Meth, Ox Blood, Leopards Blood, MDA, Bromo MDA, MDEA, Methylamphetamine, Eve, Shabu)		
Heroin (e.g. Hammer, Smack, Horse, H, Boy, Junk)		
Cocaine (e.g. Coke, Crack, Flake, Snow, White Lady/Girl, Happy Dust, Gold Dust, Toot, Scotty, Charlie, Cecil, C, Freebase)		
Ecstasy/Designer Drugs (e.g. XTC, E, Ex, Ecci, E and C, Adam, MDMA, PMA, GHB)		
Kava		
Drugs other than listed		
None/Can't think of any/any more		

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A2. Which <u>ONE</u> of these drugs do you think directly <u>or</u> <u>indirectly</u> causes the most deaths in Australia? (Mark <u>one</u> response only)	A5. What were the sources of information? (Mark <u>all</u> that apply)	
	Drug and/or alcohol information service or	
Opiates (e.g. Heroin)	advisory centre	
Alcohol 🗌	Drug and/or alcohol <u>counselling service or</u> Rehabilitation centre (e.g. Alcoholics	
Prescribed Drugs (e.g. Pain killers, Valium, Serapax, Sleeping Pills)	Anonymous/Narcotics Anonymous/Lifeline/ Helpline/ etc)	
Amphetamines (e.g. Speed)	Cancer Council/National Heart Foundation	
Tobacco 🗌	Drop-in centre/community centre/	
Cocaine/Crack	youth access centre	
Marijuana/Cannabis 🗌	Health centre/community health centre/ health clinics	
Hallucinogens (e.g. LSD, Magic Mushrooms) $\ \square$	Hospital	
	Doctor/medical centre	
	Chemist	
	Other health worker	
A3. Which <u>ONE</u> of these forms of drug use do you think	A government health department	
is the most serious concern for the general	Other government department or service/	
community? (Mark <u>one</u> response only)	local Council services/Police	
· · ·	Welfare worker/Red Cross/Salvation Army	
Marijuana/Hash use	Priest/church	
Tobacco smoking	Teacher/school/university	
Heroin use	The government's "Tough on Drugs" booklet	
Non-medical use of Barbiturates $\Box$	The government's television advertisements	
Excessive drinking of Alcohol $\Box$	Library	
Non-medical use of Tranquillisers $\Box$	Books/journals/magazines	
Sniffing Glue/Petrol/Solvents/Rush	Internet	
Ecstasy/Designer Drug use	Quit/Quit Line	
Amphetamine/Speed use	Parent	
Cocaine/Crack use	Friend/relative about the same age	
Hallucinogen use	(e.g. brother/sister)	
Non-medical use of Pain killers/Analgesics $\ \square$	Other relative	
Non-medical use of Steroids $\Box$	Other (Please write in)	
None of these $\Box$	1	
	1	
A4 In the past 12 menths have you read seen or heard		

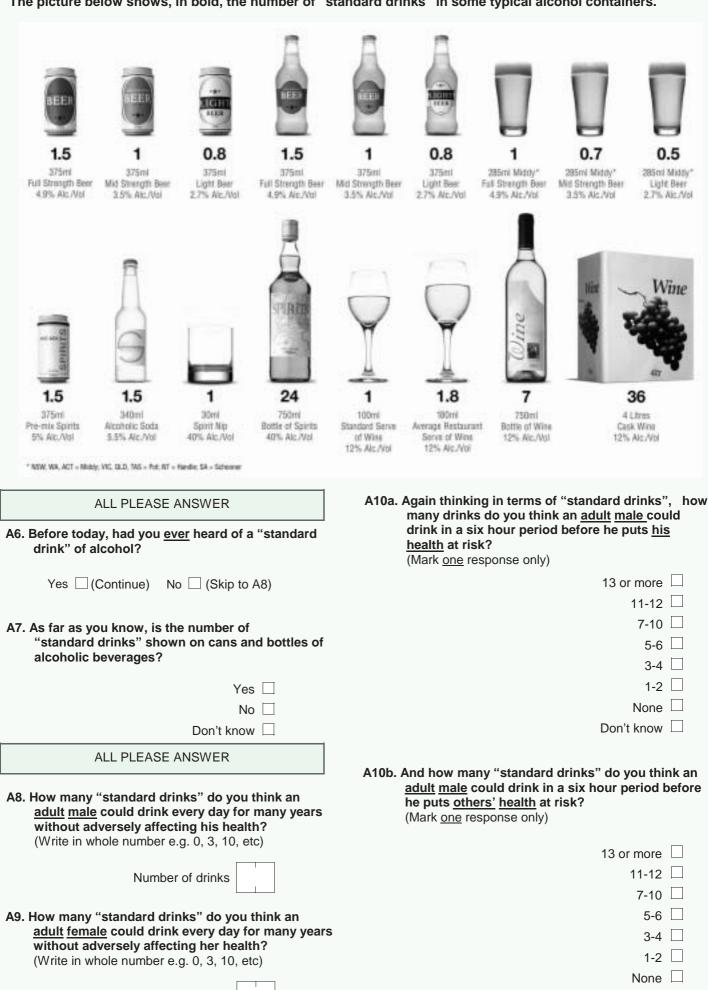
A4. In the <u>past 12 months</u>, have you read, seen or heard any information about the health effects of alcohol, tobacco or other drugs?

Yes 🗌 (Continue) No 📄 (Skip to A6)



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The picture below shows, in bold, the number of "standard drinks" in some typical alcohol containers.



Number of drinks

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Don't know

A11a. Again thinking in terms of "standard drinks", how many drinks do you think an adult female could drink in a six hour period before she puts her health at risk? (Mark one response only)

13 or more	
11-12	
7-10	
5-6	
3-4	
1-2	
None	
Don't know	

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A11b. And how many "standard drinks" do you think an adult female could drink in a six hour period before she puts others' health at risk? (Mark one response only)

13 or more	
11-12	
7-10	
5-6	
3-4	
1-2	
None	
Don't know	

A12. To what extent do you think your current alcohol consumption is beneficial for your health, including not drinking any alcohol? (Mark one response only)

> To a great extent Somewhat Not much Not at all

Don't know	
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A13. Thinking now about tobacco, do you think that non-smokers who live with smokers might one day develop health problems because of other people's cigarette smoke?

	Yes	I
	No 🗌	l
	Don't know	I
wit pro	you think non-smokers who work or socialise h smokers might one day develop health blems because of other people's cigarette oke?	
	Yes 🗌	I
	No 🗌	I
	Don't know 🗌	I

A15. Do you avoid places where you may be exposed to other people's cigarette smoke?

Yes, always	
Yes, sometimes	
No, never	

### Section B - Regulations relating to drug use

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B1. Do you think the possession of small quantities of marijuana/cannabis for <u>personal use</u> should be a <u>criminal offence</u>, that is, should offenders acquire a criminal record?

Yes	
No	
Unsure, Don't know	

### B2. What <u>SINGLE</u> action best describes what you think should happen to anyone found in possession of <u>small</u> quantities of the following drugs for personal use?

(Mark <u>one</u> response only for <u>each</u> drug type)

	Marijuana/ Cannabis	Ecstasy/ Designer Drugs	Heroin	Amphetamines/ Speed
No action				
A caution or warning only				
Referral to drug education program				
Referral to treatment				
Something similar to a parking fine, up to \$200				
A substantial fine, around \$1,000				
A community service order				
Weekend detention				
A prison sentence				
Some other arrangement				
Don't Know				

#### B3. If marijuana/cannabis were legal to use, would you...

(Mark <u>one</u> response only)

- Not use it, even if it were legal and available
  - Try it

Use it about as often as I do now

Use it more often than I do now

Use it less often than I do now

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Don't know

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### Section C

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C1. In general, would you say your health is: (Mark <u>one</u> response only) Excellent Very good	C5. Which medications originally prescribed or recommended for <u>someone else</u> have you used in the <u>past 12 months</u> when you were feeling unwell? (Mark <u>all</u> that apply)
Good	Pain killers/Analgesics
Fair	Antibiotics
Poor	Anti-depressants
	Tranquillisers/Sleeping Pills
C2. When was the last time you consulted a doctor	Asthma medications
about any illness or injury? (Mark <u>one</u> response only)	Herbal and alternative medicines, vitamin and mineral supplements, etc.
—	Others
Within the last 3 months	
More than 3, but within the last 6 months	
More than 6, but within the last 12 months	
More than 12 months ago	
Have never consulted a doctor	
C3. Not counting any times you just went to the outpatients or casualty, how many times have you been admitted, at least overnight, to a hospital in the last 12 months? (Write in the number of times in whole numbers (e.g.	
1,3,10) or mark the box "Not admitted" as appropriate)	Reminder:
Number of times admitted to hospital in the last 12 months	
Not admitted to hospital in the last 12 months	Are you filling in the boxes correctly?
C4. Have you ever used <u>someone else's</u> medication when you were feeling unwell? (e.g. You used medications originally prescribed or recommended by a health professional for someone else, when you had similar symptoms)	Are you shading the boxes fully for any mistakes?
Yes 🗌 (Continue) No 🔄 (Skip to D1)	

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THE FOLLOWING SECTIONS CONTAIN QUESTIONS WHICH DEAL WITH ACTIVITIES WHICH MAY BE AGAINST THE LAW.

We remind you that only our survey team have access to your form, and once the survey data is compiled, your form will be destroyed.

Your name and address will never be linked with any of the information you provide.

Answers are completely confidential.

You may telephone 1800 656 856 (a free call) to speak to an officer from the Australian Institute of Health and Welfare, who will confirm the data process for you.

If you do not wish to answer any question for whatever reason, you do not have to. Participation in this survey is entirely voluntary.

### THANK YOU FOR YOUR PATIENCE AND YOUR HELP WITH THIS SURVEY

Just as a reminder, this survey is conducted under the AIHW Act, which prohibits the release of information about individuals collected from this survey. The information you provide in the following sections may appear to be self-incriminating, however, your individual information cannot be revealed and you will not be identified from the responses you provide.

**Section D** 

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### FOR THIS SURVEY, THE TERM "NON-MEDICAL PURPOSES" MEANS DRUGS USED:

- 1. either alone or with other drugs in order to induce or enhance a drug experience;
- 2. for performance (e.g. athletic) enhancement; or
- 3. for cosmetic (e.g. body shaping) purposes

### D1. In the past 12 months, have you been offered or had the opportunity to use any of the following? (Answer yes <u>or</u> no for <u>each</u> drug type)

Yes N		No
acco	Tobacco	
ohol 🗌	Alcohol	
rndol)	Pain killers, Analgesics for non-medical purposes (e.g. Aspirin, Paracetamol, Mersyndol)	
wies)	Tranquillisers, Sleeping Pills for <u>non-medical purposes</u> (e.g. Benzos, Temazzies, Tranks, Sleepers, Valium, Serapax, Serries, Mandrax, Mandies, Rohypnol, Rowies)	
luice)	Steroids for non-medical purposes (e.g. Roids, Juice)	
earts)	Barbiturates for non-medical purposes (e.g. Barbies, Barbs, Downers, Reds, Purple Hearts)	
ronic)	Marijuana/Hashish/Cannabis Resin (e.g. Pot, Grass, Weed, Reefer, Joint, MaryJane, Acapulco Gold, Rope, Mull, Cone, Spliff, Dope, Skunk, Bhang, Ganja, Hash, Chronic)	
Junk)	Heroin (e.g. Hammer, Smack, Horse, H, Boy, Junk)	
, Ice)	Amphetamines/Speed (e.g. Crystal, Whizz, Goey, Gogo, Zip, Uppers, Ice)	
base)	Cocaine (e.g. Coke, Crack, Flake, Snow, White Lady/Girl, Happy Dust, Gold Dust, Toot, Scotty, Charlie, Cecil, C, Freebase)	
npet)	Naturally Occurring Hallucinogens (e.g. Blue Meanies, Gold Tops, Mushies, Magic Mushrooms, Datura, Angel's Trumpet)	
boat)	LSD/Synthetic Hallucinogens/Psilocybin/PCP (e.g. Acid, Trips, Wedges, Windowpane, Blotter, Microdot, Angel Dust, Hog, Loveboat)	
GHB)	Ecstasy/Designer Drugs (e.g. XTC, E, Ex, Ecci, E and C, Adam, MDMA, PMA, GHB)	
Gold)	Inhalants/Solvents/Aerosols/Glue/Petrol (e.g. Laughing Gas, Whippits, Nitrous, Snappers, Poppers, Pearlers, Rushamines, Locker Room, Bolt, Bullet, Rush, Climax, Red Gold)	
Kava	Kava	

#### D2. How difficult or easy would it be for you to get some of the following drugs, if you wanted some? (Mark <u>one</u> box for <u>each</u> drug type)

	Probably impossible	Very difficult	Fairly difficult	Fairly easy	Very easy	Don't know
Marijuana/Cannabis						
LSD/Naturally Occurring Hallucinogens						
Cocaine						
Ecstasy/Designer Drugs						
Heroin						
Amphetamines/Speed						

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<b>Section E</b> E10. How often do you <u>now</u> smoke cigarettes, pipes other tobacco products?	or
E1. About what proportion of your friends and acquaintances smoke tobacco?       Daily         (Mark one response only)       At least weekly (not daily)         Less often than weekly       Image: Comparison of the test of	
All       Not at all, but I have smoked in the last 12 months       (Skip to E16)         Most       Not at all and I have not smoked in the last 12 months       (Continue)	
A few E11. About what age were you when you last smoke	d?
E2. In the last 12 months, have you or any other member of your household smoked at least one cigarette, cigar or pipe of tobacco per day in the home? (Mark one response only)       Age in years:       (If not smoked in last 12 months skip to E22)         E12. How often, if at all, do you now smoke manufaction cigarettes?	tured
Yes, inside the home $\Box$ No, only smoke outside the home $\Box$ Daily $\Box \longrightarrow$ How many	
No-one at home regularly smokes	
E3. Have you personally ever tried smoking cigarettes or other forms of tobacco?       At least weekly □ → How many (but not daily)         At least weekly □ → Per week?       How many Per week?	
Yes □ (Continue) No □ (Skip to E22) or	_
E4. Have you ever smoked a <u>full cigarette</u> ? Less often → How many than weekly per month?	
E5. About what age were you when you smoked your	
first full cigarette?       Not at all         Age in years:	
E6. Would you have smoked at least 100 cigarettes (manufactured or roll your own), or the equivalent amount of tobacco in your life?	<u>-own</u>
Yes □ (Continue) No □ (Skip to E22) Daily □ → How many per day?	
E7. Have you ever smoked on a daily basis? (Mark one response only)       or         At least weekly	
Yes, I smoke daily now  (Skip to E9) Yes, I used to smoke daily, but not now  (Continue) Or	
No, never smoked daily $\Box$ (Skip to E10) Less often $\Box \longrightarrow$ How many than weekly per <b>month</b> ?	
E8. About what age were you when you stopped or or	
Age in years: Not at all	
E9. At what age did you first start smoking daily?	
Age in years: (If now smoke daily skip to E12)	

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E14. How often, if at all, do you now smoke <u>cigars</u> or <u>pipes</u> ? Daily	E17. Which of the following motivated you to try giving up, cutting down or changing to a lower tar or nicotine brand? (Mark <u>all</u> that apply)
At least weekly (not daily)	Health warnings on cigarette packets Government <u>advertisements</u> on TV, press or radio <u>advertising</u> by pharmaceutical companies for products such as nicotine gum, patches or Zyban (ie phone number on cigarette packet)
E15. During the past 12 months, did you want to or try to stop or cut down on your use of tobacco, but found that you couldn't? Yes No E E16. In the last 12 months, have you: (Mark <u>all</u> that apply)	QUIT line I wanted to get fit Variable as a frequency of the set o
Successfully given up smoking (for more than a month) Tried to give up unsuccessfully Changed to a brand with lower tar or nicotine content	Smoking restrictions in public areas (e.g. restaurants, sporting venues, public transport etc.)
Tried to change to a brand with lower tar or nicotine content, but was unsuccessful Reduced the amount of tobacco you smoke in a day Tried to reduce the amount of tobacco smoked in a day, but was unsuccessful	E18. In the last 12 months, on average how much do you think you have cut down on your <u>cigarette</u> <u>smoking</u> ? (Mark <u>one</u> response only)
None of these (Skip to E19)	Have not cut down By about 1 to 5 cigarettes per day By about 6 to 10 cigarettes per day By about 11 to 15 cigarettes per day By about 16 to 20 cigarettes per day By more than 20 cigarettes per day Don't smoke cigarettes
Please cross inside the box, like this: If you see a (skip to) after the box you have just marked, go straight to the question indicated.	E19. Are you planning on giving up smoking? (Mark <u>one</u> response only) No, I have already given up Yes, within 30 days Yes, after 30 days, but within the next 3 months Yes, but not within the next 3 months

No, I am not planning to give up  $\ \square$ 

E20. During the past 12 months, have you done any of the following?

(Mark <u>all</u> that apply)

Discussed smoking and health at home	
2 lood of a children ig and house at home	

- Rung the "QUIT" line
- Asked your doctor for help to quit
- Used nicotine gum, nicotine patch
  - or nicotine inhaler
- Used a smoking cessation pill (Zyban)
  - patch, gum or pill to help you quit
    - Read "How to Quit" literature
  - Done something else to help you quit
    - None of the above
      - Don't know
- E21. During the past 12 months, has anybody at your house been trying to get you to quit smoking? (Mark <u>all</u> that apply)
  - Yes ParentImage: Constraint of the second sec
    - Yes Friend/flatmate
    - Yes Other person
  - No one trying to get me to quit
    - Not applicable (live alone)

ALL PLEASE ANSWER
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E22. At the present time, do you consider yourself: (Mark <u>one</u> response only)

A non-smoker	
An ex-smoker	
An occasional smoker	
A light smoker	
A heavy smoker	
A chain smoker	
E23. Have you come across unbranded loose to (also called chop chop) sold in plastic ba rolled into unbranded cigarettes?	
Yes 🗌 (Continue) 🛛 No 🗌 (Skip to	F1)

### E24. Have you ever smoked it?

Yes 🗌 (Continue) No 🗌 (Skip to F1)

E25. How often do you smoke this type of tobacco? (Mark <u>one</u> response only)

Every day	
Some days	
Only occasionally	
No longer use it	(Skip to F1)
y that when you smok	e, you:

E26.	Would you say that when you smoke, you:
	(Mark <u>one</u> response only)

	Only smoke this type of tobacco	
	Mainly smoke this type of tobacco	
:	Smoke this type of tobacco about half of the time	
:	Smoke this type of tobacco less than half of the time	
(	Occasionally smoke this type of tobacco	

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Section F	F7. What type of alcohol do you usually drink? (Mark <u>all</u> that apply)
F1. About what proportion of your friends and	Cask wine $\Box$
acquaintances consume <u>alcohol</u> ? (Mark one response only)	Bottled wine
	Regular Strength Beer
	(greater than 4% Alc/Vol)
Most	Mid Strength Beer (3% to 3.9% Alc/Vol)
About half 🗌 🗌 🗌	Low Alcohol Beer (1% to 2.9% Alc/Vol)
None	Premixed spirits in a can (e.g. UDL, Jim Beam and Cola)
F2. Have you ever tried alcohol?	Bottled spirits and liqueurs (e.g. scotch, brandy, vodka, rum, Kahlua, Midori, Baileys etc.)
Yes □ No □ (Skip to F20)	Premixed bottles (e.g. Bacardi Breezer, Sub-Zero, Lemon Ruski/Stolis)
F3. Have you ever had a <u>full</u> serve of <u>alcohol</u> ?	Cider
(eg. a glass of wine, a whole nip of spirits,	Home brewed beer
a glass of beer, etc.)	Fortified wine, port, vermouth, sherry, etc.
Yes 🗆	Other 🗆
No 🗌 (Skip to F20)	
F4. At what age were you when you had your <u>first</u> full serve of alcohol?	F8. <u>Where</u> do you usually drink alcohol? (Mark <u>all</u> that apply)
	In my home
Age in years:	At a friend's house
	At private parties
F5a. Have you had an alcoholic drink of any kind in the	At raves/dance parties
last 12 months?	At restaurants/cafés
Yes 🗌 (Skip to F6)	At licensed premises (e.g. pub/club)
No $\Box$ (Continue)	At School, TAFE, University, etc.
	At my workplace
F5b. About what age were you when you last had an	In public places (e.g. parks)
alcoholic drink?	In a car or other vehicle $\Box$
Age in years: (If non-drinker in past 12 months skip to F20)	Somewhere else
F6. In the last 12 months, how often did you have an alcoholic drink of any kind? (Mark <u>one</u> response only)	<b>F9. In the <u>last</u> <u>12 months</u> have you</b> (Mark <u>all</u> that apply)
Every day	Reduced the amount of alcohol you drink at any one time?
5 to 6 days a week	Reduced the number of times you drink?
3 to 4 days a week 1 to 2 days a week	Switched to drinking more low-alcoholic drinks than you used to?
2 to 3 days a month	Stopped drinking alcohol
About 1 day a month	None of the above $\Box$ (Skip to F11)
Less often	, I ,
No longer drink 📋 (Skip to F9)	

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### F10. What was the main reason for doing that?

(Mark one response only)

Health reasons (eg. weight, diabetes, avoid hangover)	
Life style reasons (eg. work/study commitments, less opportunity, young family)	
Social reasons (eg. believe in moderation, concerned about violence, avoid getting drunk)	
Pregnant and/or breastfeeding	
Taste/enjoyment (eg. prefer low alcohol beer, don't get drunk)	
Drink driving regulations	
Financial reasons	
Peer pressure	
Other	
If you no longer drink alcohol (at F6)	– Skip to F13

#### **EXAMPLE OF STANDARD DRINKS**

The number of standard drinks in each container is shown by the number in bold under each one.

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\* NSW, WR, ACT = Middy, VIC, DLD, TAS = Pot; RT = Handle; SA = Scheorer

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F11. On a day that you have an alcoholic drink, how many standard drinks do you usually have? (Mark <u>one</u> response only)

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13 or more drinks	
11 – 12 drinks	
7 – 10 drinks	
5 – 6 drinks	
3 – 4 drinks	
1 – 2 drinks	

### F12. When you have an alcoholic drink, how often do you do any of the following? (Mark <u>one</u> response for <u>each</u> row below)

	Always	Most of the time	Sometimes	Rarely	Never
Count the number of drinks you have					
Deliberately alternate between alcoholic and non-alcoholic drinks					
Make a point of eating while consuming alcohol					
Quench your thirst by having a non-alcoholic drink before having alcohol					
Only drink low alcohol drinks					
Limit the number of drinks you have in an evening (e.g. when driving)					
Refuse an alcoholic drink you are offered because you really don't want it					

### F13. Please record how often in the <u>last 12 months</u> you have had <u>each</u> of the following number of standard drinks in a day?

(Mark one response for each row below)

	Every day	5 – 6 days a week	3 – 4 days a week	1 – 2 days a week	2 – 3 days a month	About 1 day a month	Less often	Never
20 or more standard drinks a day								
11 – 19 standard drinks a day								
7 – 10 standard drinks a day								
5 – 6 standard drinks a day								
3 – 4 standard drinks a day								
1 – 2 standard drinks a day								

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F14. Please mark the day of the week that is today. (Mark <u>one</u> response only)

Monday	
Tuesday	
Wednesday	
Thursday	
Friday	
Saturday	
Sunday	

F15. How many alcoholic drinks did you have yesterday?

Number of	of drink	s:	
None	(S	Skip	to F17)

### **EXAMPLE ONLY**

F16. How many nips, cans, bottles or glasses did you have <u>vesterday</u>? For each of the following drinks, please summarise your own usage.

#### HERE IS AN EXAMPLE OF HOW TO ANSWER:

					Other (write in)
	Cans	Small Large Bottles Bottles (300 – 375 ml) (750ml)	Large Glass (425 ml)	Medium Small Glass Glass (285 ml) (100 – 200ml)	English Pint Glass Niba
Cask wine					
Bottled wine				2	
Regular Strength Beer (greater than 4% Alc/Vol)		1			2

Yesterday, this person had 2 glasses of bottled wine, 1 small bottle of Regular Strength Beer and 2 English pints of Regular Strength Beer.

#### Notes -

Small Bottles (300 - 375 ml) -<br/>Large Glass (425 ml) -e.g. Stubbies, echos, half-bottles of wine, premixed spirit bottles, cider bottles, etc.<br/>e.g. 15 oz, schooners in NSW, pints in SA, etc.Medium Glass (285 ml) -<br/>Small Glass (100 - 200 ml) -<br/>Nips -e.g. 10 oz, middies in NSW, pots in VIC and QLD, schooners in SA, handles in NT, etc.<br/>e.g. Wine, champagne glass, small beer glass (7 oz, butchers, ponies) etc.<br/>e.g. Full measures of spirits, shot and shooter glasses, port and sherry glasses, etc.

## The example above shows you how to complete the table for F16 on the next page.

### F16. How many nips, cans, bottles or glasses did you have <u>vesterday</u>? For each of the following drinks, please summarise your own usage.

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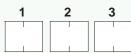
								C	)ther (write	e in)
								1	2	3
	0					0 "	N			
	Cans	Small Bottles (300 – 375 ml)	Large Bottles (750ml)	Large Glass (425 ml)	Medium Glass (285 ml)	Small Glass (100 – 200ml)	Nips			
Cask wine										
Bottled wine										
Regular Strength Beer (greater than 4% Alc/Vol)										
Mid Strength Beer (3% to 3.9% Alc/Vol)										
Low Alcohol Beer (1% to 2.9% Alc/Vol)										
Home brewed beer										
Premixed spirits in cans (e.g. UDL, Jim Beam and Cola)										
Bottled spirits and liqueurs (e.g. Vodka, Rum, Gin, Kahlua)										
Premixed bottles (e.g. Lemon Ruski/Stolis, Bacardi Breezer)										
Cider										
Fortified wine, port, vermouth, sherry, etc										
Other (please write in) 4										



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An example of how to complete this question is shown on the previous page.





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<b>■</b> +	+
F17. In the <u>past 12 months</u> , about how often have you been <u>unable to remember</u> afterwards what happened	Section G
while you were drinking? (Mark <u>one</u> response only)	FOR THIS SURVEY, THE TERM "NON-MEDICAL PURPOSES" MEANS DRUGS USED:
Every day 5 to 6 days a week 3 to 4 days a week 1 to 2 days a week	<ol> <li>either alone or with other drugs in order to induce or enhance a drug experience;</li> <li>for performance (e.g. athletic) enhancement; or</li> <li>for cosmetic (e.g. body shaping) purposes</li> </ol>
2 to 3 days a month About 1 day a month Less often but at least once Never	The term illicit drug and illegal drug are used interchangeably to describe each of the following: - Any drug which is illegal to possess or use;
F18. During the <u>past 12 months</u> , did you want to or try to stop or cut down on your use of alcohol but found that you couldn't?	<ul> <li>Any legal drug used in an illegal manner, for example:</li> <li>A drug obtained on prescription but given to another person to use;</li> <li>Glue or petrol which is sold legally, but is used in a manner that is not intended, such as inhaling fumes; or</li> <li>Stolen pharmaceuticals sold on the black market (e.g. Pethidine).</li> </ul>
No ☐ F19. Have you ever found that you drank alcohol much more often in larger amounts than you intended?	G1. About what proportion of your friends and acquaintances use Pain killers/Analgesics for non-medical purposes? (e.g. Aspirin, Paracetamol, Mersyndol) (Mark <u>one</u> response only)
Yes L No D	All Most About half A few None
F20. At the present time do you consider yourself: (Mark <u>one</u> response only)	G2. Have you ever used Pain Killers/Analgesics for non-medical purposes?
A non-drinker An ex-drinker An occasional drinker A light drinker A social drinker	Yes (Continue) No (Skip to H1) G3. About what age were you when you first used Pain Killers/Analgesics for non-medical purposes? Age in years:
A heavy drinker	G4. Have you used Pain Killers/Analgesics for non-medical purposes in the last 12 months? Yes □ (Continue) No □ (Skip to H1)
Just as a reminder, this survey is conducted under the AIHW Act, which prohibits the release of individuals' information collected from this survey. The information you provide in the following sections may appear to be self-incriminating, however, your individual information cannot be revealed and you will not be identified from the responses you provide.	G5. During the past 12 months, did you want to or try to stop or cut down on your use of Pain Killers/ Analgesics for non-medical purposes, but found that you couldn't? Yes No
	<ul> <li>G6. Have you used Pain Killers/Analgesics for non-medical purposes in the last month?</li> <li>Yes □ (Continue) No □ (Skip to G8)</li> </ul>

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G7. Have you used Pain Killers/Analgesics for non-medical purposes in the last week? Yes No	G11. Which of the following did you <u>use at the same</u> <u>time</u> , on at least one occasion that you used Pain Killers/Analgesics for non-medical purposes? (Mark <u>all</u> that apply)
G8. In the last 12 months, how often did you use Pair Killers/Analgesics for non-medical purposes? (Mark <u>one</u> response only) Every day Once a week or more About once a month Every few months Once or twice a year	Alcohol Marijuana/Cannabis Heroin Cocaine/Crack Tranquillisers/Sleeping Pills Anti-depressants Barbiturates Amphetamines/Speed
G9. Where do/did you usually <u>obtain</u> Pain Killers/ Analgesics for non-medical purposes? (Mark <u>one</u> response only) Friend or acquaintance Brother or sister Parent Spouse or partner Other relative Dealer on the street Dealer delivers to my home Visit to the dealer's house	Ecstasy/Designer Drugs       Other         Other       Not used any of the above at the same time as Pain Killers/Analgesics for non-medical purposes         G12. What drug would you mostly use when Pain Killers/Analgesics for non-medical purposes are not available?         (Mark one response only)         Alcohol         Marijuana/Cannabis
Dealer at another location Doctor shopping/forged script Steal it Buy at a shop/retail outlet (e.g. chemist, supermarket, etc.) Other G10. Where do/did you usually <u>use</u> Pain Killers/ Analgesics for non-medical purposes?	Heroin          Cocaine/Crack          Tranquillisers/Sleeping Pills          Anti-depressants          Barbiturates          Amphetamines/Speed          Ecstasy/Designer Drugs          Other          No other drug
(Mark <u>all</u> that apply) In my own home At a friend's house At private parties At raves/dance parties At restaurants/cafes At licensed premises (e.g. pubs, clubs) At School, TAFE, University etc	

- At my workplace
- In public places (e.g. parks)  $\Box$ 
  - In a car or other vehicle  $\Box$ 
    - Somewhere else