

Medicare-subsidised GP, allied health and specialist health care across local areas: 2019-20 to 2020-21

Web report | Last updated: 27 Oct 2021 | Topic: Primary health care

About

Use of non-hospital Medicare-subsidised services, such as GP, allied health, specialist, diagnostic imaging, and nursing and Aboriginal health workers, varies depending on where a person lives in Australia. In 2020-21, people living in metropolitan Primary Health Network (PHN) areas were less likely to visit their GP than people from regional areas. However, on average, those people in metropolitan PHN areas who did see a GP received more services. This trend was similar for both men and women.

Cat. no: PHC 6

- Technical information
- Data

Findings from this report:

- The percentage of people who saw a GP was similar in regional PHN areas and metropolitan areas (90%)
- Total specialist attendances differed across regional and metropolitan PHN areas, from 91 to 104 per 100 people.
- People in metropolitan PHN areas had a higher number of GP services on average compared with regional areas.
- About one in 20 people attended an allied health service for mental health care in metropolitan and regional PHN areas

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Introduction

Medicare-subsidised services provided in non-hospital settings enable eligible Australians to use a wide range of general practice, diagnostic, allied health, specialist, and nursing and Aboriginal health worker services at no or partial cost. This data update provides the latest 2019-20 and 2020-21 non-hospital Medicare-subsidised service use data, exploring trends in the use of these services.

In response to the COVID-19 pandemic, the Australian Government introduced a range of Medicare-subsidised services from March 2020. This data release contains significant updates to the mapping of Medicare groups and subgroups, as many new items have been introduced due to the COVID-19 response, as well as the black summer bushfires.

The <u>Technical information</u> and <u>Technical notes</u> sections of this report provide details about the data source, scope, limitations and measures included.

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Technical information

Description of non-hospital Medicare-subsidised services

This data release contains significant updates to the mapping of Medicare groups and subgroups, as many new items have been introduced due to the black summer bushfires and the COVID-19 response.

In this release, non-hospital Medicare-subsidised services refers to services provided in non-inpatient settings. This excludes services delivered to patients admitted to hospital at the time of receiving the service or where the care was provided as part of an episode of hospital-substitute treatment where the patient received a benefit from a private health insurer. While services provided in-hospital are excluded, the data do include services provided in places like private outpatient clinics (which may or may not be located within the grounds of a hospital).

For detailed information on the reported services and MBS items, see the <u>Australian Government Department of Health and Aged Care: MBS online</u>.

GP attendances

Reported service groups	Description	Broad Type Of Service (BTOS)/Group/subgroup/item included ^(a)
GP attendances (total)	GP attendances include Enhanced Primary Care, After-hours GP attendances, Practice Incentive Program (PIP) services, and Other GP services. These services are Medicare-subsidised patient/doctor encounters, such as visits and consultations, for which the patient has not been referred by another doctor. These services can be provided by a GP or other medical practitioner. Excludes services provided by practice nurses and Aboriginal and Torres Strait Islander health practitioners on a GP's behalf. From 1 July 2018, new items were introduced to enable non-specialist practitioners to provide general attendance services. The terms non-specialist practitioner and other medical practitioner are used interchangeably in this report. For more information see 1 May 2019 Medicare Benefits Schedule book (Department of Health and Aged Care 2019a). GP subgroups affected by this change are footnoted (b).	BTOS 101, 102 ^(c) , 103 (GP subtotals: Enhanced Primary Care, After-hours GP attendances, PIP services, and Other)

See Notes section below for more information.

GP - Enhanced Primary Care

Reported service groups	Description	BTOS/Group/subgroup/ item included ^{(a)(b)}
GP subtotal - Enhanced Primary Care	In this report, GP Enhanced Primary Care refers to a range of services such as health assessments, medication management reviews, the creation and review of treatment plans, and coordination of care for people living with complex health conditions who require multidisciplinary, team-based care from a GP and at least two other providers. GP subtotal - Enhanced Primary Care includes Health Assessments, Chronic Disease Management Plans, Multidisciplinary Case Conferences, Domiciliary and Residential Medication Management Reviews, and Mental Health services (including preparation or review of mental health treatment plans, extended consultations related to a mental health issue but excluding focussed psychological strategies and family group therapy). These services are designed to provide a structured approach for GPs and non-specialist medical practitioners to care for people with chronic conditions and complex care needs, and to improve coordination of care for people who require multidisciplinary, team-based care.	BTOS 102 ^(c)

GP Health Assessment	Health assessment of a patient's physical and psychological health and function and recommendation of preventive health care or education to improve that patient's health and physical, psychological and social function. Eligible patients include: people of Aboriginal and Torres Strait Islander descent, people who have an intellectual disability, refugees and humanitarian entrants, residents of residential aged care facilities, people aged 75 years or older, and people aged 40-49 years with a high risk of developing type 2 diabetes or at risk of developing another chronic disease. From 1 April 2019, Heart Health Assessments were added for people who have or are at risk of developing cardiovascular disease.	Group A14; Subgroups A7.5, A40.11, A40.12; Items 93470, 93479
GP Chronic Disease Management Plan	Services relating to the preparation, coordination and review of a GP Management Plan or Team Care Arrangements, or the contribution to a Multidisciplinary Care Plan for patients with a chronic or terminal medical condition. A chronic medical condition is one that has been, or is likely to be, present for six months or longer.	Subgroups A15.1, A40.13, A40.14; Items 229, 230, 231, 232, 233, 93469, 93475
GP Multidisciplinary Case Conference	Service where a medical practitioner (not including a specialist or consultant physician) organises and coordinates, or participates in, multidisciplinary case conferences for patients who have a chronic condition that has been (or is likely to be) present for 6 months or longer, or is terminal, and who has complex multidisciplinary care needs. Case conferences generally involve the patient's usual GP, or non-specialist medical practitioner, and at least two other providers, such as allied health professionals, other medical practitioners, home and community service providers, and care organisers (e.g. "meals on wheels" providers).	Items 235, 236, 237, 238, 239, 240, 243, 244, 735, 739, 743, 747, 750, 758
Also known as Home Medicines Review. Available for people living in the community who are at risk of medication misadventure. Intended to maximise an individual patient's benefit from their medication regimen, and prevent medication-related problems through a team approach, involving the patient's GP, or non-specialist medical practitioner, and preferred community pharmacy or accredited pharmacy. These items are claimed by GPs or non-specialist medical practitioners.		Items 245, 900
Medication Management Review (residential)	A collaborative medication management service available to permanent residents of a residential aged care facility for whom quality use of medicines may be an issue or who are at risk of medication misadventure because of a significant change in their condition or medication regimen. These items are claimed by GPs or non-specialist medical practitioners.	Items 249, 903

GP Mental Health	Early intervention, assessment and management of patients with mental disorders by GPs or other medical practitioners (who are not specialists or consultant physicians). These services include assessments, planning patient care and treatments, referring to other mental health professionals, ongoing management and review of the patient's progress. This group comprises MBS items for the preparation and review of GP Mental Health Treatment Plans as well as extended consultations related to mental health issues, excluding GP Focussed Psychological Strategies and Family Group Therapy. Items 894, 896, 898, 2121, 2150 and 2196 are attendances by video conferencing to provide mental health and well-being support to people living in drought-affected communities.	Groups A39, A42; Subgroups A20.1, A36.01, A36.4, A40.3, A40.10; Items 272, 276, 277, 279, 281, 282, 894, 896, 898, 941, 942, 2121, 2150, 2196, 2700, 2701, 2712, 2715, 2717, 90264, 90265, 92112, 92113, 92114, 92115, 92116, 92117, 92118, 92119, 92120, 92121, 92122, 92123, 92124, 92125, 92126, 92127, 92128, 92129, 92130, 92131, 92132, 92133, 92134, 92135, 92146, 92147, 92148, 92149, 92150, 92151, 92152, 92153, 92154, 92155, 92156, 92157, 92158, 92159, 92160, 92161, 92170, 92171, 92176, 92177, 92182, 92184, 92186, 92188, 92194, 92196, 92198, 92200
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GP - After-hours GP attendances

Reported service groups	Description	BTOS/Group/subgroup/ item included ^{(a)(b)}
GP subtotal - After- hours GP attendances	GP subtotal - After-hours GP attendances include urgent and non-urgent after-hours GP care. GP and non-specialist medical practitioner attendances provided on a public holiday, a Sunday, and during specified periods between Monday and Saturday. Note times vary depending on type of after-hours care, whether urgent or non-urgent, and for services provided at a place other than a consulting room. See After-hours GP (urgent) and After-hours GP (non-urgent) for more information.	Groups A11, A22, A23; Subgroups A7.10, A40.29, A40.30 (all items/groups below)
After-hours GP (urgent)	hours GP (non-urgent) for more information. After-hours GP attendance where the patient's medical condition requires urgent assessment to prevent deterioration or potential deterioration in health and the assessment cannot be delayed until the next in-hours period. Eligibility requirements changed on 1 March 2018, which may affect comparability over time. Prior to this date, patients required urgent medical treatment (rather than assessment) to be eligible, and could book an urgent after-hours service two hours in advance (booking option no longer available). Urgent after-hours are described as follows: • Social after-hours (prior to 1 March 2018, items 597 and 598; from 1 March 2018, items	

GP - Practice Incentive Program (PIP) services

Reported service groups	Description	BTOS/Group/subgroup/ item included ^{(a)(b)}
GP subtotal - PIP	GP subtotal PIP includes services provided as part of the Practice Incentive Program. This program aims to support general practice activities including continuous improvements, quality care, enhance capacity and improve access and health outcomes for patients. A practice must be accredited, or registered for accreditation to participate in PIP services. Includes cervical smear, diabetes mellitus annual cycle of care and asthma cycle of care PIP services.	Groups A18, A19; Subgroup A7.8 (all items/groups below)
Cervical smear PIP	A service claimed by a GP, or by non-specialist medical practitioners in eligible areas, where a cervical smear is taken from a person between the age of 24 years and 9 months and 74 years inclusive who has not had a cervical smear in the last four years. Eligibility requirements changed on 1 December 2017, which may affect comparability over time. Prior to this date, people aged between 20 and 69 years inclusive who have not had a cervical smear in the last four years could receive the service.	Subgroups A18.1, A19.1; Items 251, 252, 253, 254, 255, 256, 257
Diabetes Mellitus Annual Cycle of Care PIP	This service aims to encourage GPs and non-specialist medical practitioners to provide earlier diagnosis and effective management of people with established diabetes mellitus. The Annual Diabetes Cycle of Care must be completed over a period of 11 to 13 months, and includes (but is not limited to) measuring patients' blood pressure, cholesterol and HbA1c, examining eyes and feet and reviewing diet, physical activity and medications. Services counted represent a completed cycle of care claimed by a GP, or non-specialist medical practitioners in eligible areas. The completion of the Diabetes Mellitus Annual Cycle of Care can be used as an indication of GP and non-specialist medical practitioner care for patients with diabetes, but do not reflect the quality of care, prevalence of diabetes, or all diabetes-related care provided in the GP setting. Patients may also use other forms of health care to manage their diabetes, such as standard and long GP consultations, Chronic Disease Management plans, and paediatric and specialist services.	Subgroups A18.2, A19.2; Items 259, 260, 261, 262, 263, 264

Asthma Cycle of Care PIP	At a minimum the Asthma Cycle of Care includes at least 2 asthma related consultations within 12 months for a patient with moderate to severe asthma. This includes diagnosis and assessment of level of asthma control and severity of asthma, review of the patient's use of and access to asthma related medication and devices, provision of an asthma action plan and asthma self-management education. Services counted represent a completed cycle of care claimed by a GP, or by non-specialist medical practitioners in eligible areas. The completion of the Asthma Cycle of Care can be used as an indication of GP and non-specialist medical practitioner care for patients with asthma, but do not reflect the quality of care, prevalence of asthma, or all asthma-related care provided in the GP setting. Patients may also use other forms of health care to manage their asthma, such as standard and long GP consultations, Chronic Disease Management plans, and paediatric and specialist services.	Subgroups A18.3, A19.3; Items 265, 266, 268, 269, 270, 271
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GP - Other

Reported service groups	Description	BTOS/Group/subgroup/ item included ^{(a)(b)}
GP subtotal - Other	GP subtotal - Other includes: GP Short (Level A), GP Standard (Level B), GP Long (Level C), GP Prolonged (Level D), Other non-referred medical practitioner, GP Focussed Psychological Strategies and Family Group Therapy, GP Prolonged - Imminent danger of death, GP Acupuncture, GP Pregnancy support counselling and GP Telehealth (patientend support) services. These are non-referred attendances by a GP or other medical practitioner. Does not include after-hours, Enhanced Primary Care and PIP GP attendances.	Groups A1, A2, A5, A6, A16(b), A27, A30, A35, A39 (excluding items 91283, 91285, 91286, 91287, 91371, 91372), A45, A46; Subgroups A7.0, A7.1, A7.2, A7.3, A7.4, A7.11, A7.12, A20.2, A36.1, A36.3 (excluding items 90266, 90267, 90268, 90269), A36.4, A40.1, A40.2, A40.15, A40.16, A40.21, A40.22, A40.27, A40.28, A40.29 (excluding items 92210, 92211), A40.39, A40.40, A40.41; Items 91818, 91819, 91842, 91843, 92170, 92171, 92176, 92177, 93660, 93661, 93666
GP Short (Level A)	Professional attendance by a GP for an obvious problem characterised by the straightforward nature of the task that requires a short patient history and, if required, limited examination and management. From 1 March 2019, includes telehealth consultations by GPs for patients in selected flood affected areas (item 2095). This item is different to items in GP Telehealth (patient-end support) where the medical practitioner provides clinical support to a patient who is participating in a video conferencing consultation with a specialist or consultant physician. Medicare benefits paid, and the resulting provider fees may be underestimated in 2018-19, as some expenditure relating to residential aged care item 90020 cannot be allocated. This expenditure is claimed under the new item 90001, introduced 1 March 2019 (included in 'GP attendances	Items 3, 4, 2095, 2461, 90020, 91790, 91795, 91890

GP Standard (Level B)	Professional attendance by a GP lasting less than 20 minutes, involving (where clinically relevant) taking patient history, performing a clinical examination, arranging any necessary investigation, implementing a management plan, and/or providing appropriate preventive health care. From 1 March 2019, includes telehealth consultations by GPs for patients in selected flood affected areas (item 2144). This item is different to items in GP Telehealth (patient-end support) where the medical practitioner provides clinical support to a patient who is participating in a video conferencing consultation with a specialist or consultant physician. Medicare benefits paid, and the resulting provider fees may be underestimated in 2018-19, as some expenditure relating to residential aged care item 90035 cannot be allocated. This expenditure is claimed under the new item 90001, introduced 1 March 2019 (included in 'GP attendances (total)' and 'GP subtotal - Other' only).	Items 23, 24, 2144, 2463, 90035, 91800, 91809, 91891
GP Long (Level C)	Professional attendance by a GP lasting at least 20 minutes, involving (where clinically relevant) taking detailed patient history, performing a clinical examination, arranging any necessary investigation, implementing a management plan, and/or providing appropriate preventive health care. From 1 March 2019, includes telehealth consultations by GPs for patients in selected flood affected areas (item 2180). This item is different to items in GP Telehealth (patient-end support) where the medical practitioner provides clinical support to a patient who is participating in a video conferencing consultation with a specialist or consultant physician. Medicare benefits paid, and the resulting provider fees may be underestimated in 2018-19, as some expenditure relating to residential aged care item 90043 cannot be allocated. This expenditure is claimed under the new item 90001, introduced 1 March 2019 (included in 'GP attendances (total)' and 'GP subtotal - Other' only).	Items 36, 37, 2180, 2464, 90043, 91801, 91810, 91894
GP Prolonged (Level D)	Professional attendance by a GP lasting at least 40 minutes, involving (where clinically relevant) taking extensive patient history, performing a clinical examination, arranging any necessary investigations, implementing a management plan, and/or providing appropriate preventive health care. From 1 March 2019, includes telehealth consultations by GPs for patients in selected flood affected areas (item 2193). This item is different to items in GP Telehealth (patient-end support) where the medical practitioner provides clinical support to a patient who is participating in a video conferencing consultation with a specialist or consultant physician. Medicare benefits paid, and the resulting provider fees may be underestimated in 2018-19, as some expenditure relating to residential aged care item 90051 cannot be allocated. This expenditure is claimed under the new item 90001, introduced 1 March 2019 (included in 'GP attendances (total)' and 'GP subtotal - Other' only).	Items 44, 47, 2193, 2465, 90051, 91802, 91811

Other Non- referred Medical Practitioner attendances	Non-referred professional attendance by a medical practitioner who is not a vocationally registered GP. These services are broadly similar to the other GP services included in this report. Includes services provided to patients in the community and residential aged care facilities. From 1 March 2019, includes telehealth consultations by medical practitioners for patients in selected flood affected areas (items 899, 901, 905 and 906). These items are different to items in GP Telehealth (patient-end support) where the medical practitioner provides clinical support to a patient who is participating in a video conferencing consultation with a specialist of consultant physician. From 1 July 2018, for Group A2 and Subgroups A7.2, A35.3 and A35.4, changes in provider eligibility in selected geographic areas may impact comparability over time.	Groups A2, A16 ^(b) ; Subgroups A7.2, A30.6, A30.7, A35.3, A35.4; Items 899, 901, 905, 906, 90002, 91792, 91794, 91797, 91799, 91803, 91804, 91805, 91806, 91807, 91808, 91812, 91813, 91814, 91815, 91816, 91817, 91892, 91895, 92716, 92717, 92719, 92720, 92722, 92723, 92725, 92726, 92732, 92733, 92735, 92736, 92738, 92739, 92741, 92742, 92747, 93660, 93661, 93681, 93682, 93684, 93685, 93691, 93692, 93694, 93695, 93701, 93702, 93704, 93705
GP Focussed Psychological Strategies and Family Group Therapy	Includes Focussed Psychological Strategies for patients with assessed mental disorders, and family group therapy. The provision of Focussed Psychological Strategies to a patient must be made either in the context of a GP Mental Health Treatment Plan, shared care plan or a psychiatrist assessment and management plan. Family group therapy services can be provided by medical practitioners, including specialists and consultant physicians other than consultant psychiatrists. Prior to 1 July 2018, Focussed Psychological Strategy services could be provided by eligible medical practitioners who practiced in a general practice (other than a specialist or a consultant physician). From 1 July 2018, these items were	Group A6; Subgroups A7.4, A20.02, A41.01, A41.02; Items 283, 285, 286, 287, 371, 372
GP Prolonged - Imminent danger of death	not restricted to being provided in a general practice. Prolonged attendance for a patient in imminent danger of death. Services range from at least 1 hour to 5 hours or more. From 1 July 2018, new items were introduced to enable non-specialist medical practitioners to provide general attendance services.	Group A5; Subgroup A7.3
GP Acupuncture	Professional attendance at which acupuncture is performed by a medical practitioner who is a qualified medical acupuncturist by application of stimuli on or through the surface of the skin by any means. For the purpose of payment of Medicare benefits "acupuncture" is interpreted as including treatment by means other than the use of acupuncture needles where the same effect is achieved without puncture, e.g. by application of ultrasound, laser beams, pressure or moxibustion, etc.	Items 173, 193, 195, 197, 199
GP Pregnancy Support Counselling	Non-directive pregnancy support counselling services provided to a person who is pregnant or who has been pregnant in the 12 months preceding the first service, by a medical practitioner (including a GP, but not including a specialist or consultant physician). From 1 July 2018, new items were introduced to enable non-specialist medical practitioners to provide general attendance services.	Group A27; Subgroups A7.11, A40.15, A40.16

GP Telehealth (patient-end	Provision of clinical support by a medical practitioner to a patient (in a telehealth eligible area) who is participating in a video conferencing consultation with a specialist or consultant physician. Does not include telephone or email consultations.	Subgroups A30.1, A30.2; Items 812, 827, 829, 867, 868, 869, 873, 876, 881, 885, 891, 892
support)	From 1 July 2018, new items were introduced to enable non- specialist medical practitioners to provide general attendance services.	

See Notes section below for more information.

$\ensuremath{\mathsf{GP}}$ attendances relating to residential aged care facilities

Reported	Description	BTOS/Group/subgroup/
service	Description	item included ^{(a)(c)}
GP attendances relating to residential aged care facilities	Professional attendance by a GP, non-specialist practitioner or other medical practitioner at a residential aged care facility or consulting room situated within such a complex where the patient is accommodated in the residential aged care facility (Group A35). Refer to the following service groups for more information GP Chronic Disease Management Plan (item 232 and 731), Medication Management Review (residential) (item 249 and 903) GP afterhours (non-urgent) (items 772, 776, 788, 789, 5010, 5028, 5049, 5067, 5260, 5263, 5265 and 5267) and GP Telehealth (patient-end support) (items 829, 869, 881, 892, 2125, 2138, 2179 and 2220).	Group A35; Items 232, 249, 731, 772, 776, 788, 789, 829, 869, 881, 892, 903, 2125, 2138, 2179, 2220, 5010, 5028, 5049, 5067, 5260, 5263, 5265, 5267, 92102, 92071, 92058, 92027

See Notes section below for more information.

Diagnostic Imaging

Reported service groups	Description	BTOS/Group/subgroup/item included ^(a)
Diagnostic Imaging services (total)	Medicare-subsidised diagnostic imaging procedures such as X-rays, computerised tomography scans, ultrasound scans, magnetic resonance imaging scans and nuclear medicine scans.	BTOS 600

See Notes section below for more information.

Allied Health attendances

Reported service groups	Description	BTOS/Group/subgroup/item included ^(a)
Allied Health attendances (total)	Allied Health attendances (total) includes Medicare-subsidised primary health services provided by a broad range of health professionals who are not doctors, nurses or dentists, comprising all services provided in the Optometry, Mental Health Care, Physical Heath Care, and 'Other' allied health subtotals. With the exception of optometry, these services are generally only available to patients with chronic, mental, developmental, and/or complex health conditions with a referral from a GP or specialist medical practitioner.	BTOS 150(d) 900 (Allied health subtotals: Optometry, Mental Health Care, Physical Health Care and Other)

See Notes section below for more information.

Allied Health - Optometry

groups included ^(a)	Reported service groups	Description	BTOS/Group/subgroup/item included ^(a)
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Allied Health subtotal - Optometry	Optometry services provided by eligible optometrists for the assessment of vision and diagnosis and treatment of other eye conditions. In general, asymptomatic patients aged less than 65 years are eligible for a Medicare-subsidised comprehensive optometry service every 3 years, while asymptomatic patients aged 65 or over are eligible ever year. Some patients may be eligible for more frequent Medicare-subsidised services (e.g. patients with progressive disorders or significant changes in visual function). Prior to 1 January 2015, all asymptomatic patients, regardless of age, were eligible for a comprehensive service every 2 years. From 1 September 2015, includes patient-end telehealth support services, where optometrists can provide clinical support to their patient during video consultations with ophthalmologists. Does not include the purchase of glasses or contact lenses; cosmetic surgery; tests for fitness to undertake sporting, leisure or vocational activities; or attendances on behalf of teaching institutions on patients of supervised students of optometry.	BTOS 900
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Allied Health - Mental Health Care

Reported service groups	Description	BTOS/Group/subgroup/ item included ^(a)
Allied Health subtotal - Mental Health Care	Allied Health subtotal - Mental Health Care includes assessment, treatment and management of patients with mental disorders by clinical psychologists, other psychologists and other allied mental health workers. Does not include psychiatry services. Note: From 1 November 2017, patients living in telehealth eligible areas (regional, rural and remote Australia) were able to claim telehealth psychological services.	Groups M6, M7, M17, M25, M26, M27, M28; Subgroups M16.2, M16.3, M16.5, M18.1, M18.2, M18.3, M18.4, M18.6, M18.7, M18.8, M18.9, M18.13, M18.14, M18.15, M18.16; Items 10956, 10968, 81325, 81355, 82000, 82015, 93076, 93079, 93084, 93087, 93100, 93103, 93110, 93113, 93118, 93121, 93134, 93137, 93512, 93535, 93557, 93590
Clinical Psychologist ^(d)	Psychological therapy services provided by eligible clinical psychologists. Includes individual attendances, group therapy, and telehealth video consultations. Note: Clinical psychologists may also claim services included in the 'Other Psychologists' and 'Other Allied Mental Health' categories. Items 80001, 80011 and 80021 refer to psychological therapy services via videoconferencing to people located in telehealth eligible areas.	Groups M6, M25, M27; Subgroups M16.2, M18.1, M18.6; Items 91000, 91001, 91005, 91010, 91011, 91015, 93076, 93079, 93110, 93113
Other Psychologist ^(d)	Focussed Psychological Strategies and enhanced primary care services provided by any eligible psychologist, including clinical and other psychologists (i.e. fully registered psychologists in the relevant jurisdiction regardless of any specialist clinical training). Includes individual attendances, group therapy, and telehealth video consultations. Items 80101, 80111 and 80121 refer to telehealth services provided to people located in eligible areas.	Groups M26, (excluding items 93322, 93323, 93326, 93327, 93356, 93357, 93358, 93359, 93360, 93361, 93362, 93363, 93364, 93365, 93366, 93367), M28 (excluding items 93383, 93384, 93385, 93386); Subgroups M16.3, M18.2, M18.7, M18.13, M18.14; Items 10968, 80100, 80101, 80105, 80110, 80111, 80115, 80120, 80121, 81355, 82000, 82015, 82360, 82361, 82362, 82363, 82364, 82365, 82366, 91100, 91101, 91105, 91110, 91111, 91115, 93032, 93035, 93040, 93043, 93084, 93087, 93118, 93121, 93381, 93382, 93512, 93535, 93557, 93590

Other Allied Mental Health	Mental health services provided by other allied health professionals such as occupational therapists, mental health nurses, Aboriginal health workers and some social workers. Psychologists (clinical or other) may also provide some of these services, however they cannot be readily separated from the other mental health workers included in the group. These services cover Focussed Psychological Strategies—allied mental health (occupational therapist and social worker items) and enhanced primary care—allied health (mental health worker item). Includes individual attendances, group therapy, and telehealth video consultations. Items 80126, 80136, 80146, 80151, 80161 and 80171 refer to telehealth services provided to people located in eligible areas.	Groups M26.3, M26.4; Subgroups M18.3, M18.4, M18.8, M18.9; Items 10956, 80125, 80126, 80130, 80135, 80136, 80140, 80145, 80146, 80150, 80151, 80155, 80160, 80161, 80165, 80170, 80171, 81325, 82376, 82377, 82378, 82379, 82380, 82381, 82382, 82383, 91125, 91126, 91130, 91135, 91136, 91140, 91150, 91151, 91155, 91160, 91161, 91165, 93033, 93036, 93041, 93044, 93100, 93103, 93134, 93137, 93383, 93384, 93385, 93386
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See Notes section below for more information.

Allied Health - Physical Health Care

Reported service groups	Description	BTOS/Group/subgroup/ item included ^(a)
Allied Health subtotal - Physical Health Care	Allied Health subtotal - Physical Health Care includes physiotherapy, exercise physiology, chiropractic and osteopathy services provided to a person who has a chronic condition and complex care needs, and/or is of Aboriginal or Torres Strait Islander descent who has had a health check and identified as needing a follow-up allied health service.	Items 10953, 10960, 10964, 10966, 81110, 81115, 81315, 81335, 81345, 81350, 93504, 93508, 93510, 93511, 93518, 93520, 93527, 93531, 93533, 93534, 93549, 93553, 93555, 93556, 93571, 93573, 93582, 93586, 93588, 93589, 93607, 93614
Physiotherapy	Physiotherapy service involving the non-surgical treatment of musculoskeletal and related pain and movement issues. Provided by an eligible physiotherapist to a person who has a chronic condition and complex care needs, and/or is of Aboriginal or Torres Strait Islander descent who have had a health check and identified as needing a follow-up allied health service.	Items 10960, 81335, 93508, 93520, 93531, 93553, 93573, 93586
Exercise Physiology	Exercise physiology service involving exercise-based interventions for a broad range of health conditions. Provided by an eligible exercise physiologist to a person who has a chronic condition and complex care needs, and/or is of Aboriginal or Torres Strait Islander descent who have had a health check and identified as needing a follow-up allied health service. Includes individual and group services.	Items 10953, 81110, 81115, 81315, 93504, 93518, 93527, 93549, 93571, 93582, 93607, 93614
Chiropractic Services	Chiropractic service involving the non-surgical treatment of musculoskeletal and related pain and movement issues. Provided by an eligible chiropractor to a person who has a chronic condition and complex care needs, and/or is of Aboriginal or Torres Strait Islander descent who have had a health check and identified as needing a follow-up allied health service.	Items 10964, 81345, 93510, 93533, 93555, 93588
Osteopathy	Osteopathy service involving the non-surgical treatment of musculoskeletal and related pain and movement issues. Provided by an eligible osteopath to a person who has a chronic condition and complex care needs, and/or is of Aboriginal or Torres Strait Islander descent who have had a health check and identified as needing a follow-up allied health service.	Items 10966, 81350, 93511, 93534, 93556, 93589

See $\underline{\text{Notes}}_{\underline{\text{section}}}$ section below for more information.

Reported service groups	Description	BTOS/Group/subgroup/ item included ^(a)
Allied Health subtotal - Other	Allied Health subtotal - Other includes podiatry, dietetics, occupational therapy, speech pathology, diabetes education, audiology and other allied health services provided to a person who has a chronic, developmental, and/or complex health condition and/or is of Aboriginal or Torres Strait Islander descent who have had a health check and identified as needing a follow-up allied health service.	Group M15; Subgroups M16.1, M16.4, M18.19, M18.21, M18.25, M18.26; Items 10950, 10951, 10952, 10954, 10958, 10962, 10970, 81000, 81005, 81010, 81100, 81105, 81120, 81125, 81300, 81305, 81310, 81320, 81330, 81340, 81360, 82005, 82010, 82020, 82025, 82030, 82035, 82300, 82306, 82309, 82312, 82315, 82318, 82324, 82327, 82332, 93000, 93013, 93048, 93061, 93092, 93095, 93126, 93129, 93502, 93503, 93505, 93507, 93509, 93513, 93519, 93525, 93526, 93528, 93530, 93532, 93536, 93547, 93548, 93550, 93552, 93554, 93558, 93572, 93580, 93581, 93583, 93585, 93587, 93591, 93606, 93608, 93613, 93615
Podiatry	Podiatry service involving diagnosis and treatment of disorders of the foot, ankle and lower extremity. Provided by an eligible podiatrist to a person who has a chronic condition and complex care needs, and/or is of Aboriginal or Torres Strait Islander descent who have had a health check and identified as needing a follow-up allied health service.	Items 10962, 81340, 93509, 93532, 93554, 93587
Dietetics	Dietetics service provided by an eligible dietitian to help patients appropriately manage their diet and nutrition. Eligible patients include people who have a chronic condition and complex care needs, and/or are of Aboriginal or Torres Strait Islander descent who have had a health check and identified as needing a follow-up allied health service. Includes individual and group services.	Subgroups M16.1, M1819, M1821, M1825, M1826; Items 10954, 81120, 81125, 81320, 93505, 93528, 93550, 93583, 93608, 93615
Occupational Therapy	Occupational therapy service involving the assessment and intervention to develop, recover, or maintain meaningful activities, or occupations. Provided by an eligible occupational therapist to a person who has a chronic condition and complex care needs; and/or is of Aboriginal or Torres Strait Islander descent who have had a health check and identified as needing a follow-up allied health service; or is a child aged under 15 years for the diagnosis or treatment of a pervasive developmental disorder (PDD) or an eligible disability.	Subgroup M16.4; Items 10958, 81330, 82010, 82025, 93092, 93095, 93126, 93129, 93507, 93519, 93530, 93552, 93572, 93585
Speech Pathology	Speech pathology service involving the diagnosis and treatment of communication disorders of eligible patients with a referral, including people with chronic and complex conditions; people of Aboriginal or Torres Strait Islander descent who have had a health check and identified as needing a follow-up allied health service; children aged under 13 years; or for the treatment of a PDD for children aged under 15 years.	Items 10970, 81360, 82005, 82020, 93513, 93536, 93558, 93591
Diabetes Education	Diabetes education service to assist in managing diabetes by enhancing patient's knowledge about diabetes and self-management. Provided by an eligible diabetes educator to a person who has a chronic condition and complex care needs, and/or is of Aboriginal or Torres Strait Islander descent who have had a health check and identified as needing a follow-up allied health service. Includes individual and group services.	Items 10951, 81100, 81105, 81305, 93502, 93525, 93547, 93580, 93606, 93613

Audiology	Audiology service involving the diagnosis, treatment, and monitoring of disorders of the auditory and vestibular systems. Provided by an eligible audiologist to a person who has a chronic condition and complex care needs; and/or is of Aboriginal or Torres Strait Islander descent who have had a health check and identified as needing a follow-up allied health service; or for the diagnosis and/or treatment and/or management of ear disease or a related disorder; or for the detection of permanent congenital hearing impairment of an infant or child.	Group M15; Items 10952, 81310, 82300, 82306, 82309, 82312, 82315, 82318, 82324, 82327, 82332, 93503, 93526, 93548, 93581
Other Allied Health	Medicare-subsidised allied health services not included in the above six sub-groups. Includes Aboriginal or Torres Strait Islander health services by an eligible Aboriginal health worker or eligible Aboriginal and Torres Strait Islander health practitioner; non-directive pregnancy support counselling services provided by an eligible psychologist, social worker or mental health nurse; and audiology, optometry, orthoptic or physiotherapy health services provided to a child aged under 13 years with a PDD or eligible disability. To protect confidentiality, these items were combined.	Items 10950, 10955, 10957, 10959, 81000, 81005, 81010, 81300, 82001, 82002, 82003, 82030, 82035, 93000, 93013, 93048, 93061

Specialist attendances

Reported services	Description	BTOS/Group/subgroup/ item included ^(a)
Specialist attendances (total)	Specialist attendances include psychiatry services and early intervention services for children, as well as other specialist attendances not reported separately in this report. Specialist attendances are Medicare-subsidised referred patient/doctor encounters, such as visits, consultations, and attendances by video conference, involving medical practitioners who have been recognised as specialists or consultant physicians for Medicare benefits purposes.	BTOS 200 (Psychiatry, Early Intervention and other services (not reported separately))
Psychiatry	Medicare-subsidised services provided by a psychiatrist, including patient attendances (or consultations), group psychotherapy, tele-psychiatry, case conferences and electroconvulsive therapy. Electroconvulsive therapy may be provided by either a psychiatrist or another medical practitioner together with an anaesthetist.	Group A8 ^(f) ; Subgroups A40.6, A40.9; Items 855, 857, 858, 861, 864, 866, 14224, 90260, 90262, 90266, 90268, 92162, 92166, 92172, 92178, 92474, 92475, 92476, 92495, 92496, 92497, 92498, 92499, 92500
Early Intervention Services for Children	Professional attendance of at least 45 minutes, by a consultant paediatrician, consultant physician or specialist of another discipline, or GP, for assessment, diagnosis and preparation of a treatment and management plan for a child aged under 13 years with autism, another PDD or another eligible disability. This may include referral to Medicare-subsidised allied health treatment services available through the <i>Helping Children with Autism</i> program.	Group A29

See $\underline{\text{Notes}}$ section below for more information.

Nursing and Aboriginal Health Workers

Reported		BTOS/Group/subgroup/	
service groups	Description	item included ^(a)	

Nursing and Aboriginal Health Workers (total)	Includes services provided by Practice Nurses, Aboriginal Health Workers, Midwives and Nurse Practitioners.	Groups M2, M12, M13, M14 (Practice Nurse/Aboriginal Health Worker, Midwifery and Nurse Practitioner items); Subgroups M18.5, M18.10, M18.23, M18.24, M19.1, M19.2
Practice Nurse/Aboriginal Health Worker	Service by a practice nurse, Aboriginal health worker or Aboriginal and Torres Strait Islander health practitioner provided on behalf of, and under the supervision of, a medical practitioner. This group includes telehealth patient-end support services. These services do not require a referral.	Groups M2, M12; Subgroups M18.23, M18.24
Midwifery	Antenatal, intrapartum and postnatal care provided by participating midwives who have a collaborative arrangement with an authorised medical practitioner in place that must provide for consultation, referral or transfer of care as clinical needs dictate, to ensure safe, high quality maternity care. This group includes telehealth patient-end support services.	Group M13; Subgroup M19.1, M19.2
Nurse practitioners	Services provided by nurse practitioners who have a collaborative arrangement with an authorised medical practitioner so they can assist if clinically relevant. Includes, but is not limited to, clinical examinations, implementing management plans, and telehealth patient-end support services.	Group M14; Subgroups M18.5, M18.0

See Notes section below for more information.

Notes

Sources: AHPA 2017a; Department of Health and Aged Care 2022a

Notes:

- a. Medicare codes are based on the 1 July 2022 Medicare Benefits Schedule (Department of Health and Aged Care 2022a). Broad Type of Service (BTOS) groups similar Medicare services. For information on BTOS groups, see the Department of Health and Aged Care's Annual Medicare Statistics. MBS items can also be grouped into a hierarchy of Group - Subgroup - Item. MBS Groups start with a letter followed by two numbers, e.g. Group A15. All items within a nominated group are included, unless stated. An MBS Subgroup is represented by a Group code followed by a full stop and a number, e.g. Subgroup A15.1. This indicates all items within the subgroup have been included, unless stated. Where a Group or Subgroup is followed by numbers in brackets (e.g. A15.2 (735-779)), only the MBS items in the brackets are included.
- b. Items discontinued, but Medicare group listed here for completeness.
- c. These items refer to GP attendances within residential aged care facilities. People who live in residential aged care facilities may access other GP services, including visiting a GP at their practice outside of the facility. In particular this group does not include MBS items 244, 225, 226, 227, 701, 703, 705 or 707 (health assessments) or items 235, 236, 237, 238, 239, 240, 243, 244, 735, 739, 743, 747, 750 or 758 (case conferences), which can also be provided to permanent residents of residential aged care facilities. In MBS claims data, it is not possible to distinguish between patients who are permanent residents and those who are receiving respite care in residential aged care facilities.
- d. Clinical psychologist refers to Clinical psychologist psychological therapy services. Other psychologist includes other psychology services that can be provided by clinical psychologists or other psychologists. Psychologists (clinical or other) also provide some Other Allied Mental Health services.
- e. Does not include items 297, 320, 322, 324, 326 and 328 as these items refer to attendances in hospitals. However, a small number of services for these items were processed as non-hospital in 2014-15 and 2015-16, which may be due to administrative error (see Technical notes for more information). These small number of services have been included in the report for 2014-15 and 2015-16.

References

AHPA (Allied Health Professions Australia) (2017a) What is allied health?, AHPA website accessed 17 October 2022.

Department of Health and Aged Care (2022a) Medicare Benefits Schedule book, operating from 1 July 2021, Department of Health and Aged Care, Australian Government, accessed 17 October 2022.





Technical notes

Summary

The release uses two data sources:

- Medicare Benefits Schedule
- Australian Bureau of Statistics (ABS) Estimated Resident Population (ERP) at 30 June 2001 (see Age standardised rates) and 2021.

The release presents data on the following non-hospital Medicare-subsidised services:

- General Practitioner (GP) attendances
- · Diagnostic imaging services
- Allied health attendances
- Specialist attendances
- Attendances provided by Practice Nurses, Aboriginal Health Workers, Midwives and Nurse Practitioners.

About the data source

Data for the report were sourced from the Medicare Benefits Schedule (MBS) claims data, which are managed by the Australian Government Department of Health and Aged Care. The claims data are derived from administrative information on services that qualify for a Medicare benefit under the *Health Insurance Act 1973* and for which a claim has been processed by Services Australia.

When a health practitioner provides a clinically relevant service to a Medicare-eligible person, the practitioner or patient can make a claim with Medicare. Medicare will then provide a rebate, or benefit, to cover all or part of the cost of the service. For more detailed information on the MBS services and item types, see the <u>Australian Government Department of Health and Aged Care: MBS online</u>.

Scope of the MBS claims data

Under MBS arrangements, Medicare claims can be made by eligible persons, this includes Australian and New Zealand citizens and holders of permanent residence visas. Applicants for permanent residence may also be eligible depending on circumstances. In addition, persons from countries with which Australia has reciprocal health care agreements might also be entitled to benefits under MBS arrangements.

It is important to note that some Australian residents may obtain similar medical services through other arrangements. MBS claims data do not include:

- services provided to patients where no MBS benefit has been processed (even if the service is eligible for a rebate)
- services provided to public patients in hospitals
- services subsidised by the Department of Veterans' Affairs
- services delivered in public outpatient departments, or public accident and emergency departments
- services for a compensable injury or illness for which the patient's insurer or compensation agency has accepted liability
- non-hospital services subsidised by private health insurance
- services provided through other publicly funded programs including jurisdictional salaried GP services provided in remote outreach clinics
- health screening services.

Some areas and service types have a higher proportion of services that are not Medicare-subsidised than others and this may affect comparability when estimating total health care use in Australia. In particular, caution should be taken when interpreting use of Medicare-subsidised allied health services, which with the exception of optometry are generally only available to patients with chronic, developmental or mental health conditions with a referral from a GP or specialist medical practitioner. Some Australians also access subsidised allied health services through their general ('ancillary' or 'extras') private health insurance, or pay for services entirely out-of-pocket. At present, there is no national data on allied health service use outside of Medicare or private health insurance (AIHW 2018).

Scope and measures of the data

This data provides non-hospital Medicare-subsidised services data based on year of processing. Non-hospital Medicare-subsidised services refers to services provided in non-inpatient settings. This excludes services delivered to patients admitted to hospital at the time of receiving the service or where the care was provided as part of an episode of hospital-substitute treatment where the patient received a benefit from a private health insurer. While services provided in-hospital are excluded, the data do include services provided in places like private outpatient clinics (which may or may not be located within the grounds of a hospital).

The geography is based on a person's Medicare enrolment postcode and not the location or availability of health care services in these areas.

The report includes information about use of the following non-hospital Medicare-subsidised services from 2021-22:

- GP attendances, broken down into 27 sub-groups
- Allied health attendances, broken down into 18 sub-groups
- Specialist attendances, including Psychiatry and Early Intervention Services for children with autism, pervasive developmental disorder or disability
- · Attendances provided by Practice Nurses, Aboriginal Health Workers, Midwives and Nurse Practitioners
- Diagnostic Imaging services.

See <u>Technical information</u>, a separate section containing details on the service groups, including descriptions of how MBS items are allocated to each group, reported in this publication.

Medicare service groups are defined by the MBS item billed for the service, not the health care providers' specialty.

Data are reported by the financial year in which they are processed (see 'Reporting year').

These analyses exclude services delivered to patients admitted to hospital at the time of receiving the service or where the care was provided as part of an episode of hospital-substitute treatment where the patient received a benefit from a private health insurer. Further information about out-of-hospital Medicare-subsidised services, by broad type of service, are available in the <u>Department of Health and Aged Care's Annual Medicare Statistics</u>.

The following information is reported for each Medicare service group:

- Percentage of the population who claimed the service
- Services per 100 people
- Medicare benefits per 100 people
- Number of patients
- · Number of services
- Total Medicare benefits paid
- Total provider fees
- Estimated population of the area.

See Table A for how each measure is defined.

All Medicare service groups listed in the <u>Technical information</u> are reported by Primary Health Network (PHN) areas and by smaller geographic areas known as Statistical Areas Level 3 (SA3s, or 'local areas') (ABS 2016). Note, GP aged care attendances are only reported by PHN area.

To support comparisons between similar areas, PHN areas are grouped into metropolitan and regional PHN areas. Results for SA3s are grouped by similar socioeconomic status (higher, medium and lower) for SA3s in *Major cities*, and by remoteness areas for SA3s in *Inner regional*, Outer regional, and Remote areas. See Geography - metropolitan and regional PHN areas and Local areas (SA3) groups for more information.

Where possible, measures are disaggregated by sex and age (PHN age groups: 0-14, 15-24, 25-44, 45-64, 65-79, 80+ years, and SA3 age groups 0-24, 25-44, 45-64 and 65+).

What are the limitations of the data?

The MBS is managed by the Department of Health and Aged Care, and over time MBS items are introduced, amended, deleted or replaced (see <u>Australian Government Department of Health and Aged Care: MBS online</u> for the latest MBS). This may affect comparability over time, for instance changes to patient eligibility or provider incentives to claim the item. In some cases, providers may bill a 'general' item (for example, items in 'GP Standard (Level B)') for a service that could have qualified as a health-specific item (for example, GP Health Assessment). This may underestimate the true use of more specific service types.

MBS claims data are an administrative by-product of Services Australia's administration of the Medicare fee-for-service payment system. There may be some administrative errors in the recording of the MBS item billed, and patients' location, age, and sex. Discrepancies may also occur as a result of negative adjustments made after the service was first processed (for example, due to cancelled cheques).

For some results that are disaggregated by age, the number of patients is higher than the ERP. Affected results have been annotated with a footnote to interpret these with caution. This may be due to several factors (including the above MBS data limitations):

- This release uses the ERP at the beginning of the financial year. As the population changes, some people may be included in the numerator (MBS data), but not the denominator (ERP), for instance a person who migrated to Australia after 30 June 2019 but who claimed a service in 2021-22.
- The ERP includes people who usually live in Australia, that is, people who have been residing in Australia for a period of 12 months or more over the last 16 months. Some temporary visitors who are not included in the ERP are able to claim Medicare services, for instance through reciprocal health care agreements. However, some residents who usually live in Australia (e.g. international students or those on working visas) are not eligible for Medicare.

The ERP, the official estimate of the Australian population, is produced by the ABS using a range of data sources, including the Census of Population and Housing, and births, deaths, and migration administrative data. ERP data sources are subject to non-sampling error, which may arise from inaccuracies in collecting, recording and processing data (ABS 2022).

Table A: List of measures included in the report and their calculation

Measure	Calculation
Percentage of population who claimed the service	Numerator: Number of patients who had at least one eligible service processed in the reporting year for the specified service type. The unique number of patients were identified through the Patient Identification Numbers (PINs) in the Medicare claim records.
(%)	Denominator: ABS ERP as at 30 June at the end of the previous financial year
	Calculation: (Numerator ÷ denominator) x 100
	Numerator: Sum of services from eligible claims for the specified service type. This does not include any bulk billed incentive items or other top-up items.
Services per 100 people	Denominator: ABS ERP as at 30 June at the end of the previous financial year
	Calculation: (Numerator ÷ denominator) x 100
	Numerator: Sum of services from eligible claims for the specified service type. This does not include any bulk billed incentive items or other top-up items.
	Denominator: ABS ERP as at 30 June at the end of the previous financial year
	Standard population: ABS ERP at 30 June 2001
Sorvines per 100 people	Method: Direct age standardisation method (see 'Age standardised rates').
Services per 100 people (age standardised)	Note: this measure is reported for the following service groups (as defined in the <u>Technical</u> <u>Information</u>) by PHN area:
	 GP attendances (total) GP subtotal - After-hours GP attendances Allied Health attendances (total) Diagnostic imaging services (total) Specialist attendances (total).
Hadisənə kərəfikanını 400	Numerator: Sum of benefits paid for eligible claims for the specified service type. Results are rounded to the whole dollar. This does not include any payments associated with bulk billed incentive items or other top-up items.
Medicare benefits per 100 people (\$)	Denominator: ABS ERP as at 30 June at the end of the previous financial year
	Calculation: (Numerator ÷ denominator) x 100
	Note: Expenditure results are not adjusted for inflation.
No. patients	Number of patients who had at least one eligible service in total processed in the reporting year for the specified service type. The unique number of patients were identified through the PINs in the Medicare claim records. Totals and subtotals of patients may be less than the sum of each service group as a patient may receive more than one type of service but will be counted only once in the relevant total
No. services	Sum of services from eligible claims for the specified service type. This does not include any bulk billed incentive items or other top-up items
Total Medicare benefits paid (\$)	Sum of benefits paid by Medicare for eligible claims for the specified service type. Results are rounded to the whole dollar. This does not include any payments associated with bulk billed incentive items or other top-up items.
	Note: Expenditure results are not adjusted for inflation.
Total provider fees (\$)	Sum of fees charged by the health care provider for eligible claims for the specified service type, comprising the benefits paid by Medicare and patients' out-of-pocket costs. Results are rounded to the whole dollar.
	Note: Expenditure results are not adjusted for inflation.
Estimated Population	ABS Estimated Resident Population (ERP) as at 30 June at the end of the previous financial year (e.g. 30 June 2018 for 2018-19 results).

GP attendances per
residential aged care
patient

Numerator: Sum of services from eligible claims for the specified service type. This does not include any bulk billed incentive items or other top-up items.

Denominator: Number of patients who had at least one GP attendance in a residential aged care facility processed in the reporting year.

Calculation: (Numerator + denominator) x 100

About the method

Reporting year

Data are reported by the financial year in which the service is rendered, not the date the service occurred. Most non-hospital Medicare services (approximately 98%) occurred within the same year as the year of processing. Approximately 2% occurred in the previous year, and less than 0.1% occurred more than 2 years before the processing date. The gap between date of processing and date of service varies across Australia and across provider groups.

Number of patients

'Number of patients' refers to patients who claimed at least one eligible service in total (for the respective service type) in the reporting year, as identified through the Patient Identification Numbers (PINs) in the Medicare claim records. Totals and subtotals of patients may be less than the sum of each service group as a patient may receive more than one type of service but will be counted only once in the relevant total.

Percentage of people or proportion of population

The terms 'people' or 'population' refer to the Australian Bureau of Statistics (ABS) Estimated Resident Population (ERP) at 30 June at the end of the previous financial year (e.g. 30 June 2013 for 2013-14 results). This release used the preliminary ERP at 30 June 2021.

Disaggregation by age and sex

In addition to results for the total population in an area, results by PHN area and SA3 are reported by sex and by the following age groups:

- PHN area level analysis by six age groups (0-14, 15-24, 25-44, 45-64, 65-79, 80+)
- SA3 analysis by four age groups (0-24, 25-44, 45-64, 65+). Due to smaller populations, SA3 results by age and sex are reported for the 'total' Medicare service groups only.

Where the group was too small to report, age groups were combined where possible (e.g. 0-24 and 25-44 becomes 0-44 years) for 2013-14 to 2017-18. This method was revised for 2018-19 and later years, with data presented for six age groups by PHN and four age groups by SA3, where possible. Data were not published if it met any of the suppression rules (see *Suppression*).

Measures that are disaggregated by age group and sex use the patient's date of birth and sex as recorded at the last service rendered (for any MBS service) in the reporting year. Where multiple services were rendered on the last date of service, age and sex was taken from the last date of processing on that date of service.

If a patient's age was recorded as unknown or over 116, their records were excluded from the age group results. Similarly, if a patient's sex was missing, their records were excluded from the sex group results.

Age standardised rates

Age standardised rates are hypothetical rates that would have been observed if the populations studied had the same age distribution as the standard population. This facilitates comparisons between populations with different age structures and changes over time within an area. This adjustment is important because the prevalence of health conditions and rates of health service use vary with age.

The direct method of age standardisation was applied to the data (AIHW 2005). Age standardised rates were derived by calculating crude rates by five-year age groupings of 0-4 years to 85+ years. These crude rates were then given a weight that reflected the age composition of the standard population (ABS ERP for Australia as at 30 June 2001). If a patient's age was recorded as unknown or over 116, their records were excluded from the age standardised rates.

Suppression

Information about an area was suppressed (marked 'n.p. - not published') if any of the following conditions were met:

- There were fewer than six patients or fewer than six health service providers in the area (SA3/PHN) note a patient/provider was only included if they provided or received at least one service in the area.
- One provider provided more than 85% of services or two providers provided more than 90% of services.
- One patient received more than 85% of services or two patients received more than 90% of services.
- The number of attendances/services was fewer than 20 for an area.
- The total population of an area was fewer than 1,000.
- The population of the reported age group or sex group in an area was fewer than 300.

Consequential suppression was applied to manage confidentiality. This is the process of suppressing information which, whilst not necessarily confidential, may be used to derive confidential data.

For age standardised rates, if the population of an area (denominator) was fewer than 30 in any of the standard age groupings, then the rate was marked 'interpret with caution', as these rates are considered potentially volatile. For each of these interpret with caution rates, the effect of increasing the numerator by one on the rank of the area was examined. If the rank changed considerably so that the area was on the cusp of changing two deciles, the rate was suppressed.

Geography

All results are based on the patient's Medicare enrolment postcode, not where they received the health care service. Patients may use services outside of their Medicare enrolment postcode. The accuracy of the patient's Medicare enrolment postcode cannot be determined, and may not reflect the primary residence (e.g. the Medicare enrolment postcode may be a PO box postcode).

The report presents information nationally and at the geography of:

- Primary Health Network (PHN) areas 31 geographic areas covering Australia, with boundaries defined by the Australian Government Department of Health and Aged Care (2018).
- Metropolitan and regional PHN groups PHN areas have been assigned into 2 groups: metropolitan and regional
- Statistical Areas Level 3 (SA3s) 340 geographic areas covering Australia, with boundaries defined by the ABS (2016).
- SA3 groups SA3s have been assigned into 6 groups: *Major cities* (Higher socioeconomic), *Major cities* (Medium socioeconomic), *Major cities* (Lower socioeconomic), *Inner regional*, *Outer regional* and *Remote* (ABS 2018a, 2018b).

Measures calculated at PHN area and SA3 were compiled by applying a geographic concordance to the unit record data. The concordance used the patient's Medicare enrolment postcode as recorded on the last claim processed (for any MBS service) in the reporting year. If a patient had more than one postcode listed on their last date of processing in the year, then the postcode was taken from the last date of service on that date of processing. Records with invalid or missing postcodes were included in the national total but not allocated to a PHN area or SA3.

Where a postcode boundary overlapped more than one PHN area or SA3, the percentage of records attributed to each area was the same as the percentage of the postcode population that fell within each area. Postcodes are updated (introduced, retired or changed) over time, which can affect the comparability of how patients are allocated to regions over time.

Figures were rounded at the end of the calculations to avoid truncation error. Individual area results may not add to national totals due to rounding and missing location data.

Metropolitan and regional PHN groups

PHN areas with at least 85% of the population residing in *Major cities* are classified as metropolitan, as defined by the ABS (2018a), using the population distribution as of 30 June 2016. All other PHN areas are classified as regional PHN areas. See Table C for the metropolitan or regional classification of each PHN area.

Local area (SA3) groups

Identification of SA3s with similar socioeconomic or remoteness characteristics can help when making comparisons between areas. Results for local areas (SA3s) are presented by ABS categories of remoteness and, in *Major cities*, also by socioeconomic status. Results are grouped into the following categories:

- Major cities
- Higher socioeconomic areas
- Medium socioeconomic areas
- Lower socioeconomic areas
- Inner regional
- Outer regional
- Remote (includes Very remote).

SA3s in major cities

The majority of SA3s (190 of 340) across Australia are in the *Major cities* category (based on the Australian Statistical Geography Standard (ASGS) 2016, ABS 2018a). SA3 populations can be diverse in terms of socioeconomic status. To better enable fair comparisons within city areas, SA3s were divided into three socioeconomic groups: higher, medium and lower using the 2016 ABS Index of Relative Socioeconomic Disadvantage (IRSD) and the population as of 30 June 2016. IRSD is one of the Socio-Economic Indexes for Area (SEIFA) produced by the ABS (2018b). It ranks Statistical Area Level 1s (SA1s) from the most disadvantaged area (lowest quantile) to the least disadvantaged area (highest quantile), based on the relative socioeconomic conditions at an overall area level, not at an individual level.

The socioeconomic groups were defined as follows to produce three groups:

Lower: IRSD quintiles 1 and 2Medium: IRSD quintiles 3 and 4

• Higher: IRSD quintile 5.

SA3s in *Major cities* were allocated to a socioeconomic group based on the largest number of SA1s in each group. In this report, across all SA3s, the percentage of the population that lived in the socioeconomic group allocated to that area ranged from 26% to 100%. This indicates that some SA3s have a broad diversity in socioeconomic status.

SA3s by remoteness

SA3 boundaries align well with the ABS remoteness classification for *Major cities*, *Inner regional* and *Outer regional* areas (ABS 2018a).

SA3s are not as well defined between *Remote* and *Very remote* areas, so these categories were combined into a single category (*Remote*) for this analysis.

SA3s were allocated to one remoteness category based on the largest percentage of the population in each of the categories, using the population distribution as of 30 June 2016. This ranged from 48% to 100%. However, if 95% of the geographic area in an SA3 was *Remote* or *Very remote*, it was categorised on the basis of geographic area rather than population. This affected four SA3s - Broken Hill and Far West (NSW), Outback-North and East (SA), Goldfields (WA) and Mid West (WA).

Table C: Metropolitan and regional Primary Health Network areas

Primary Health Network (PHN) area	Proportion of population ^(a) in <i>Major</i> cities ^(b)
Metropolitan PHN areas	
Central and Eastern Sydney	100%
Australian Capital Territory	100%
Western Sydney	99%
Northern Sydney	99%
Adelaide	99%
South Eastern Melbourne	98%
Gold Coast (Qld)	98%
Perth South	98%
Perth North	98%
North Western Melbourne	98%
Eastern Melbourne	96%
Brisbane South	96%
Brisbane North	95%
South Western Sydney	90%
Nepean Blue Mountains (NSW)	86%
Regional PHN areas	
Hunter New England and Central Coast (NSW)	64%
South Eastern NSW	52%
Darling Downs and West Moreton (Qld)	35%
Central Queensland, Wide Bay, Sunshine Coast	34%
Western Victoria	30%
North Coast (NSW)	16%
Country SA	10%
Western NSW	0%
Murrumbidgee (NSW)	0%
Gippsland (Vic)	0%
Murray (Vic & part NSW)	0%
Western Queensland	0%
Northern Queensland	0%
Country WA	0%

Tasmania	0%
Northern Territory	0%

Notes:

- a. Population = ABS ERP at 30 June 2016.
- b. Major cities as defined by the Australian Statistical Geography Standard 2016 Remoteness Areas (ABS 2018a).

Source: ABS Estimated Resident Population at 30 June 2016.

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Notes

Amendments

16 Mar 2022

The CSV file: Medicare-subsidised GP, allied health and specialist health care across local areas health care: 2019-20 to 2020-21 was updated to remove duplicate SA3 area rows.

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Data

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