



## Improving Australia's burden of disease

### (Including references to National Health Priority Areas)

#### **Burden of disease**

- It is one way to measure the impact of different diseases or injuries on a population.
- Measures the impact of living with illness and injury and dying prematurely. See <u>Australia's</u> health 2018: in brief report.
- The major diseases contributing to the burden for each gender and age group differs, reflecting how people experience different health problems at different life stages.
- More reports and statistics on burden of disease can be found under <u>chronic disease</u> and life expectancy and deaths.

#### **National Strategic Framework for Chronic Conditions**

- is the current policy document on chronic disease released in 2017
- moved away from a disease-specific focus
- provides guidance on delivering a national response and health system that responds more effectively to chronic conditions
- supports the World Health Organization's Global Action Plan for the Prevention and Control
  of Noncommunicable Disease 2013–2020.

#### **National Health Priority Areas (NHPAs)**

- were established in response to the World Health Organization's Global Strategy for Health for All by the year 2000
- sought to focus public attention and health policy on these areas that were considered to contribute significantly to the burden of disease in Australia.

# The **9 NHPAs** agreed by the Australian Health Ministers' Advisory Council between 1996 and 2012 were:

- 1. Cancer control (1996)
- 2. Cardiovascular health (1996)
- 3. Injury prevention and control (1996)
- 4. Mental health (1996)
- 5. Diabetes mellitus (1997)
- 6. Asthma (1999)
- 7. Arthritis and musculoskeletal conditions (2002)
- 8. Obesity (2008)
- 9. Dementia (2012)

#### **Further information:**

- AIHW burden of disease
- COAG Health Council (CHC) and Australian Health Ministers' Advisory Council (AHMAC)
- Department of Health Chronic Conditions
- State and/or Territory Health Departments
- Non-government health organisations for each condition; for example, Cancer Australia, Diabetes Australia, The Heart Foundation.

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