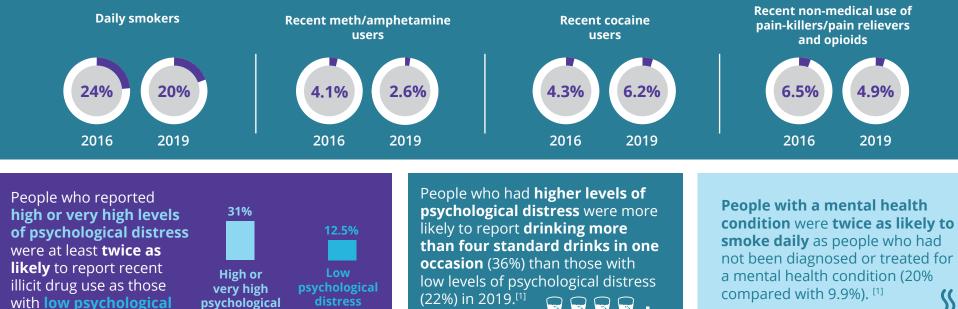


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distress in 2019.^[1]

Of people diagnosed with or treated for a mental health condition, 18+ 🗉



People with a mental health condition were about **1.2 x as likely to report drinking at risky levels** in 2019 as people without these conditions.^[1]

distress



In 2019, people who reported high or very high levels of **psychological distress** were **twice as likely** to report **daily smoking** than those who reported low psychological distress (21% compared with 9.5%).^[1]



National Drug Strategy Household Survey findings relate to people aged 14 or older unless specified. An adult is a person aged 18 or older.^[1]

1. AIHW (Australian Institute of Health and Welfare) 2020. National Drug Strategy Household Survey 2019. Drug statistics series no. 32. Cat. no. PHE 270. Canberra: AIHW. Viewed 16 July 2020.

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Stronger evidence, better decisions, improved health and welfare