

## Alcohol, tobacco and other drugs in Australia

## Illicit opioids including heroin



Heroin use among the Australian general population is low, with only 0.2% reporting consumption in the last 12 months in 2016.<sup>[1]</sup>



Opioid use was responsible for 1.0% of the total burden of disease and injuries in Australia in 2015, and 37% of the total burden due to illicit drug use.<sup>[2]</sup>

Main contributors to opioid use disease and injury burden in 2015:

- poisoning 33%
- drug use disorder (excluding alcohol) 31%.<sup>[2]</sup>

**49%** of heroin users use as often as **weekly** in 2016.<sup>[1]</sup>

The Australian heroin market was highly stable in terms of **drug availability**, **pricing and purity** in 2019.<sup>[8]</sup>



Number of hospitalisations with a principal diagnosis of opioid (including heroin) poisoning increased by 25% between

2007-08 and 2016-17.[4]



In 2016–17, hospitalisations with a principal diagnosis of **opioid poisoning** were more likely to involve **pharmaceutical opioids** than heroin or opium.<sup>[4]</sup>



The **risk of overdose for heroin users is high** and has been increasing in recent years.<sup>[5]</sup>



Wastewater data analysis indicates heroin consumption in Australia was relatively low in 2019. [6]



25% of the **drug-induced deaths** in Australia in 2018 were due to heroin.<sup>[7]</sup>



In 2019, **heroin (45%)** was one of the **top two most commonly nominated drugs** of choice **among people who inject drugs**, along with methamphetamine (33%).<sup>[8]</sup>

**Heroin** was the **principal drug of concern in 6%** of closed alcohol and other drug treatment episodes in 2017–18.<sup>[3]</sup>



In 2016, **44%** of heroin users said they **tried to stop or cut down but could not**, the highest of any drug type.<sup>[1]</sup>

National Drug Strategy Household Survey findings relate to people aged 14 or older unless specified. An adult is a person aged 18 or older.[1]

- 1. AIHW (Australian Institute of Health and Welfare) 2017. National Drug Strategy Household survey 2016: detailed findings. Drug statistics series no. 31. Cat. no. PHE 214. Canberra: AIHW. Viewed 14 December 2017.
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- 3. AIHW 2019. Alcohol and other drug treatment services in Australia 2017–18: key findings. Web Report. Viewed 17 April 2019.
- 4. AIHW 2018. Opioid harm in Australia and comparisons between Australia and Canada. Cat. no. HSE 210. Canberra: AIHW. Viewed 9 November 2018.

- 5. ABS (Australian Bureau of Statistics) 2017. Causes of death, Australia, 2016. ABS cat. no. 3303.0. Canberra: ABS. Viewed 4 January 2018.
- ACIC (Australian Criminal Intelligence Commission) 2019. National wastewater drug monitoring program, report 8. Canberra: ACIC. Viewed 28 October 2019.
- 7. Man N, Chrzanowska A, Dobbins T, Degenhardt L & Peacock A 2019. Trends in drug-induced deaths in Australia, 1997–2018. Drug Trends Bulletin Series. Sydney: National Drug and Alcohol Research Centre, UNSW Sydney. Viewed 8 January 2020.
- 8. Peacock A, Uporova J, Karlsson A, Gibbs D, Swanton R, Kelly G et al. 2019. Australian Drug Trends 2019. Key findings from the National Illicit Drug Reporting System Interviews. Sydney: National Drug and Alcohol Research Centre, UNSW Australia.

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For more detail, see the full report, Alcohol, tobacco and other drugs in Australia, which can be downloaded for free from the AIHW website.



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